

Hampton's Heroes

NORTH LAMBTON
SECONDARY SCHOOL

North Lambton
Secondary School
2005-2006

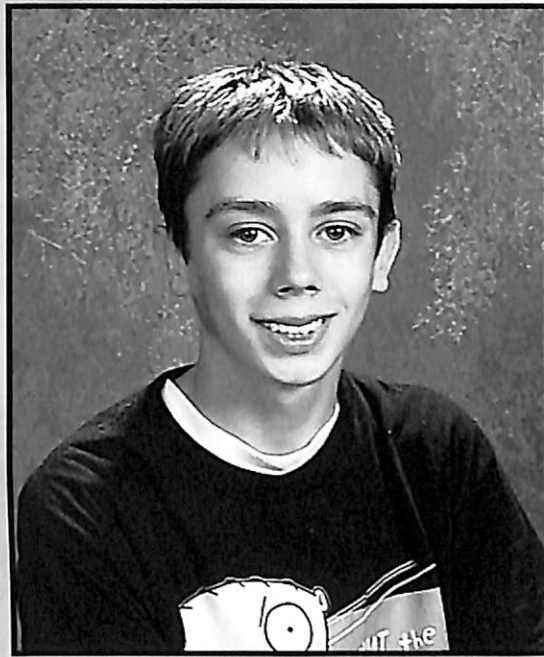


NORTH LAMBTON SECONDARY SCHOOL
LIBRARY

Hampton's Cherished Heroes



Caroline Mustard



Devon Riley



Rebecca Parsons

I've been here so long, I think that it's time to move
The winter's so cold, summer's over too soon
Let's pack our bags and settle down where palm trees grow

I've got some friends, some that I hardly know
But we've had some times, I wouldn't trade for the world
We chase these days down with talks of the places that we will go
- Rise Against

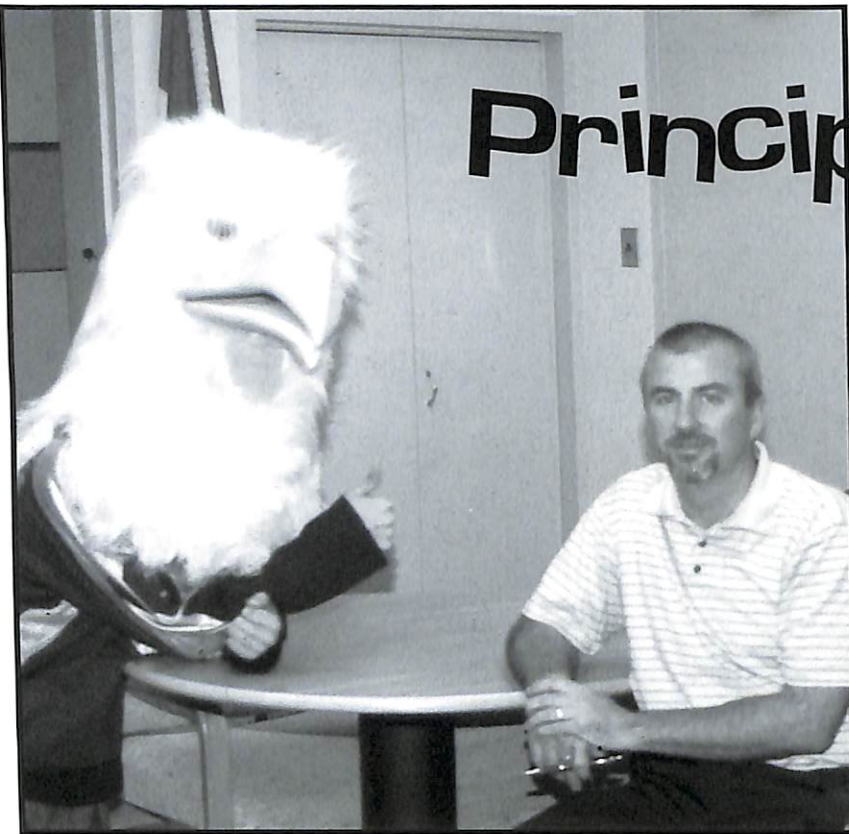
We'll Miss You

Hampton's Leaders Principal and V.P.

A MeSSage FROM Mr. Warner

There are many great things about being the principal of North Lambton Secondary School. When visitors enter our school, they often comment on the friendly nature of our students. This is a tribute to our students and staff alike. This welcoming climate adds to the uniqueness of Eagle Country. There is also significant tradition in this wonderful community school. Since the first Forest students entered high school in 1890, this site has been the proud host of outstanding academic and extracurricular achievements. This excellence continues today, over a century later.

- Our students perform with the best in the classrooms and on provincial tests
 - Our sporting teams are very competitive at all levels
 - Our Arts Programs (Music, Drama, Visual Arts) continuously reach out into our communities
 - Our Technology Department has shown curriculum leadership in implementing a new Horticulture Course
 - We have demonstrated leadership in the area of Student Success at both the board and provincial levels
- I am truly proud to be the principal at NLSS and I hope that it has been a successful year for all of you.



A MeSSage FROM Mr. JACKSON

This has been an enjoyable and productive year, both academically and in our extra-curricular activities. Our drama productions, musical assembles, teams and organizations have enjoyed success and growth while presenting some wonderful performances for students and members of our communities. Thank you to all staff who helped give our students these opportunities. It has been a pleasure and privilege to work another year with Mr. Warner, the staff and students of NLSS.



Class of 2006

President
 Brianne Hughes
 Vice President
 Kelly Hackney
 Secretary - Jamie Sterling
 Treasurer - Meghan Watson

A Message From BRIANNE

One word pretty much sums up our year - WOW! I remember at the beginning of the year, the amazing turnout we had. That first turnout became the Class of 2006. When I ran for president of Class of 2006, I knew it was going to be a lot of work and dedication but what I didn't know was the friendships and teamwork that would develop between the members that allowed for such a successful year.

The girls (and Nick) worked hard all year to bring you "A Night at the Roxbury", as well as, "Midnight in Paris" and in my opinion, they did an amazing job. They were devoted, worked hard and wanted on the best for their school.

I'd like to give a special thanks to Mr. Perry and Ms. Kingdon for all of their time and involvement in making this year a success. But most importantly, I'd like to thank all of you, the members and students of Class of 2006 for your participation, dedication and school spirit. Without all of you this year would not have been as amazing as it was!

So, Congratulations Class of 2006! Best of luck to all the graduates and to Class of 2007... good luck topping this year!



SAC

Our SAC Leaders are...
 President - Marissa VanEngelen
 Co-Vice President - Neil VanEngelen
 Co-Vice President - Kaley Sisler

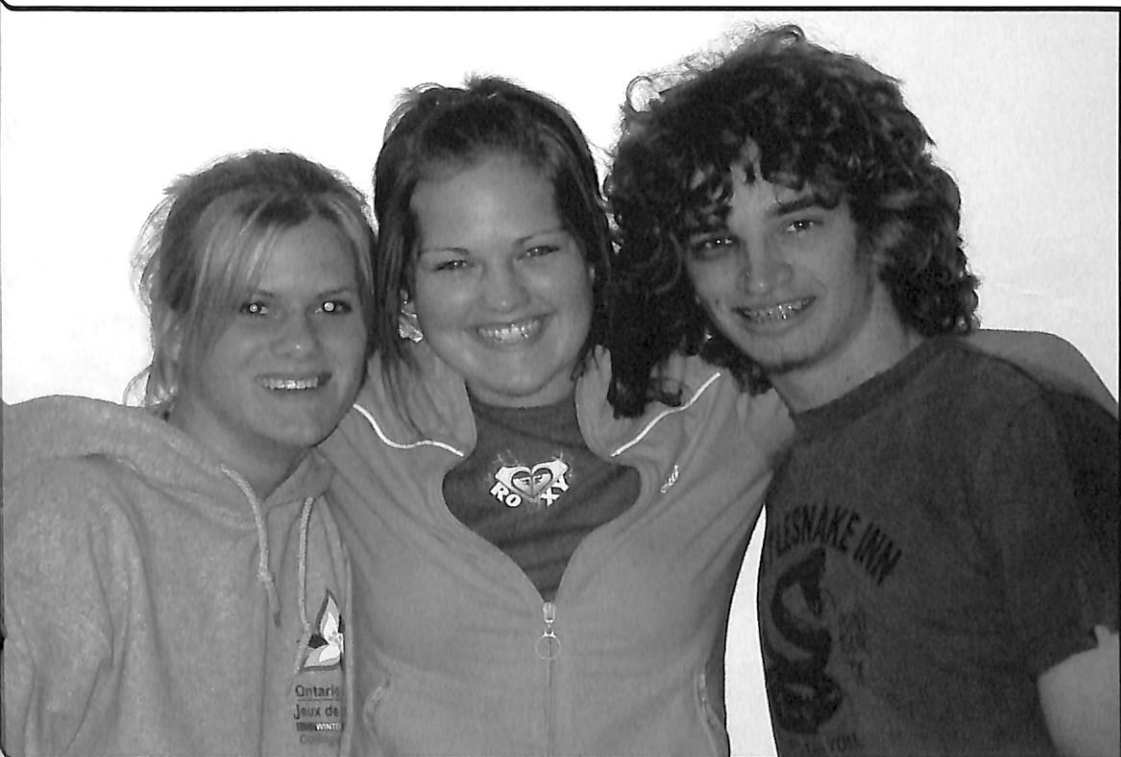
A Message From Marissa

First, I would like to thank Mr. Moergeli and the rest of the executive for their hard work and support throughout the year. If it weren't for all of your involvement, this year's event wouldn't have been a success.

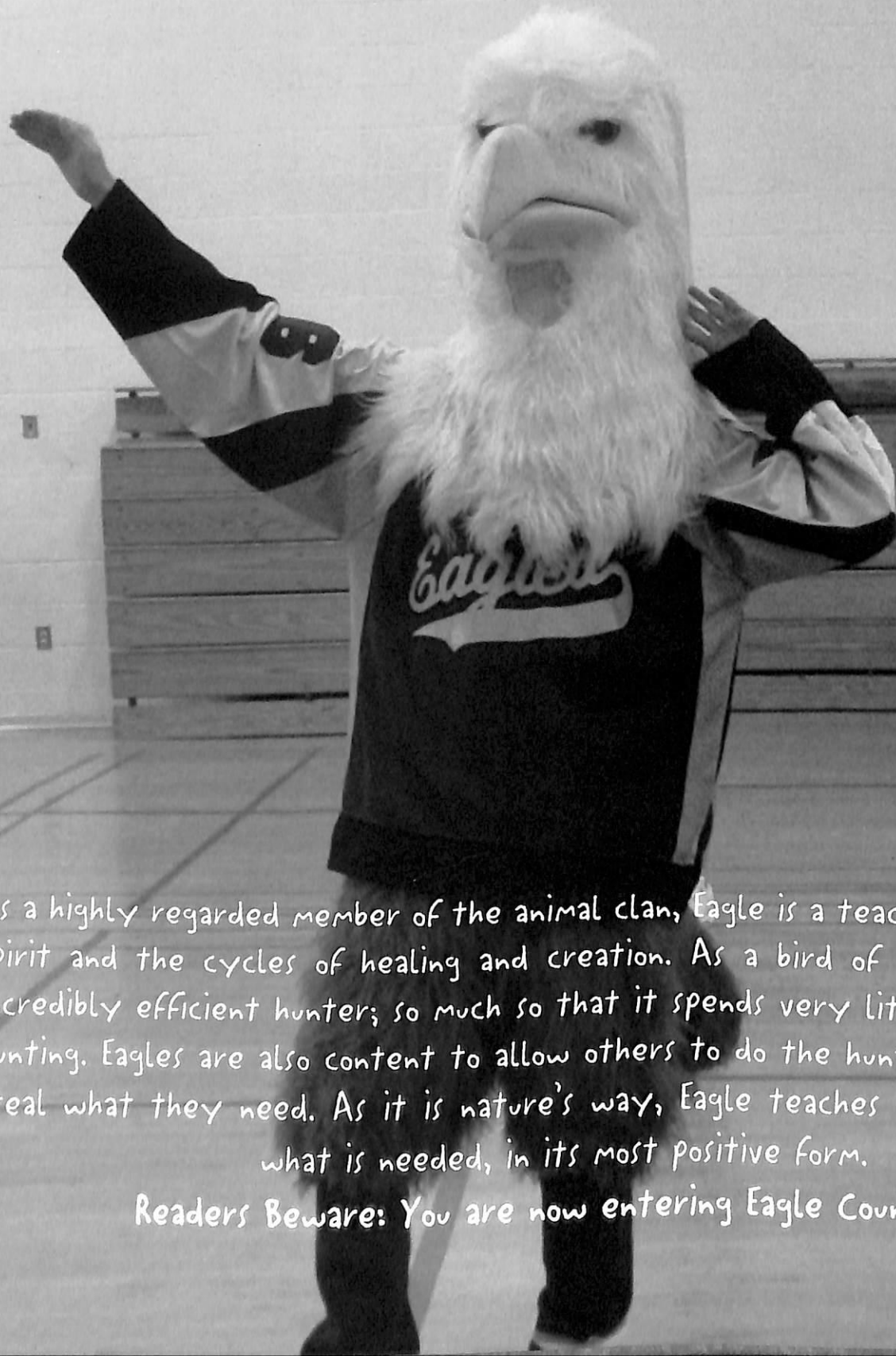
Second, I'd like to thank the students of North Lambton for their enthusiasm and school spirit. It has been my pleasure getting to know you, and I wish to encourage you to continue becoming involved.

Lastly, Thanks to Mr. Warner, Mr. Jackson and the staff members. A special thanks especially to those who participated in theme days in support of student council.

Thanks to everyone for making my role as president such a memorable one, good luck to next year's executive.



Home of the Eagles



As a highly regarded member of the animal clan, Eagle is a teacher. It illuminates spirit and the cycles of healing and creation. As a bird of prey, Eagle is an incredibly efficient hunter; so much so that it spends very little time actually hunting. Eagles are also content to allow others to do the hunting for them and steal what they need. As it is nature's way, Eagle teaches the art of taking what is needed, in its most positive form.

Readers Beware: You are now entering Eagle Country...

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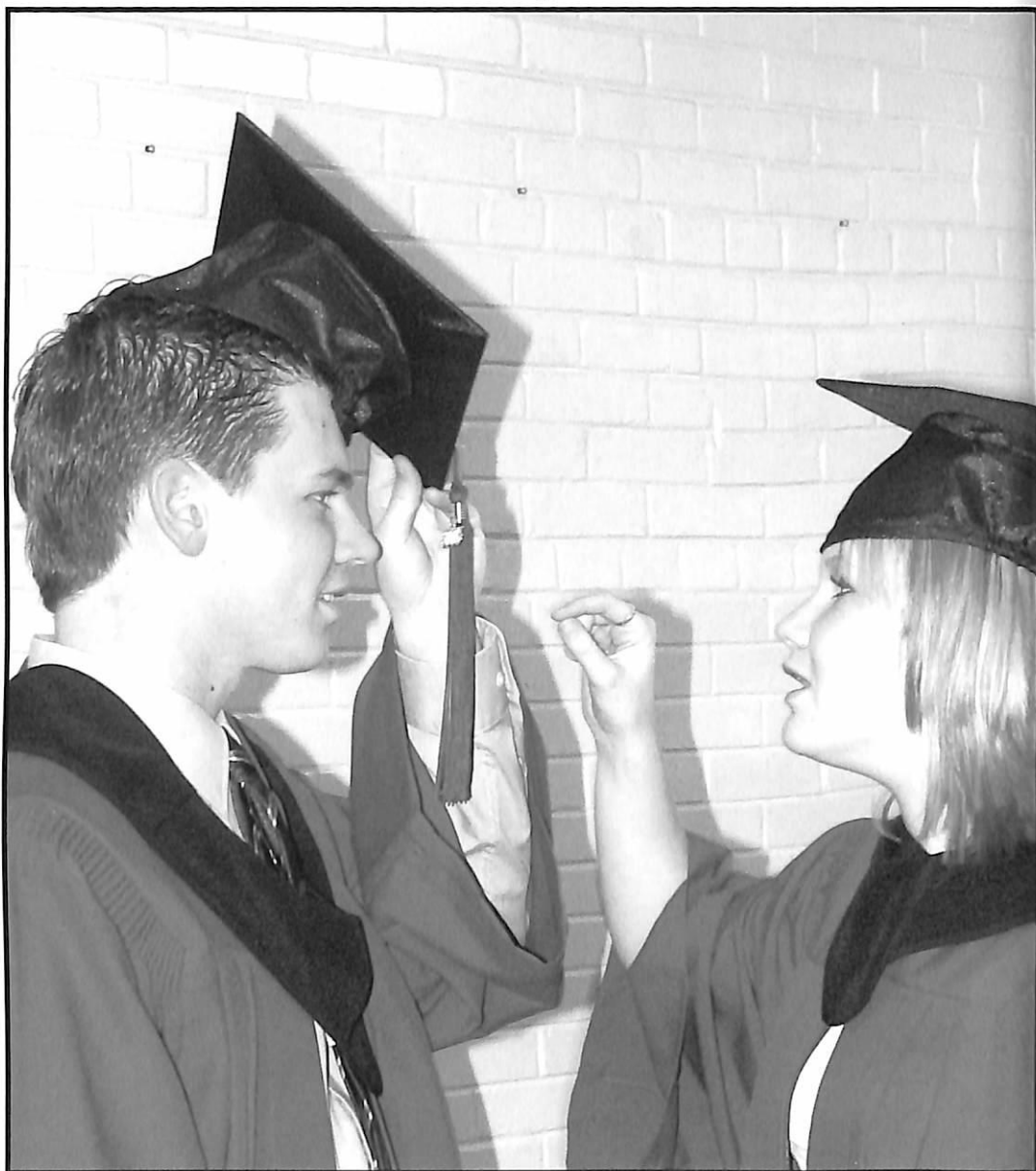


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Commencement '05

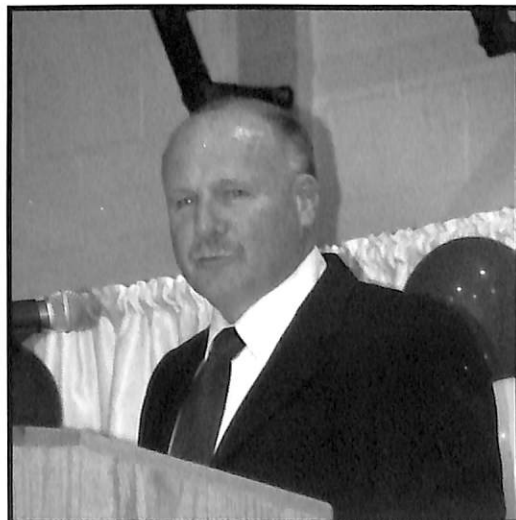
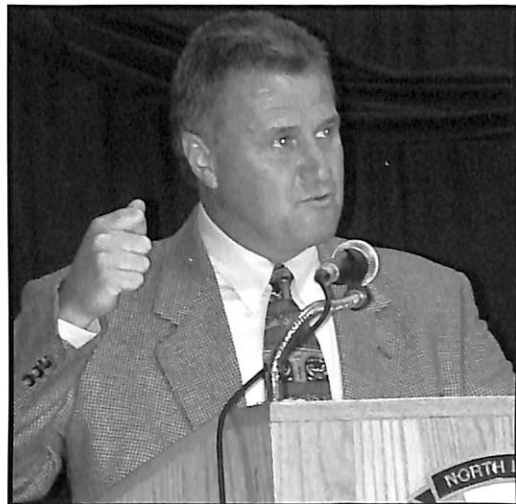
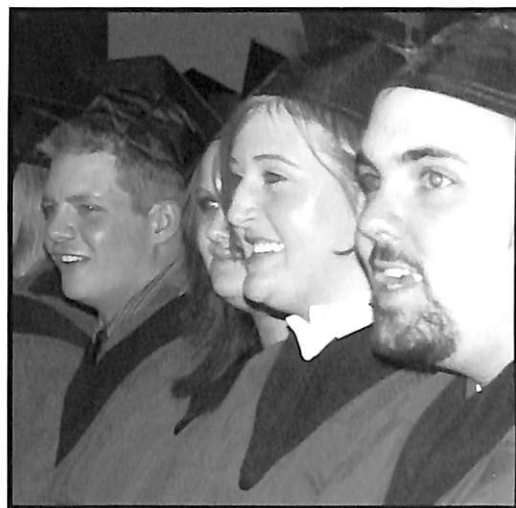
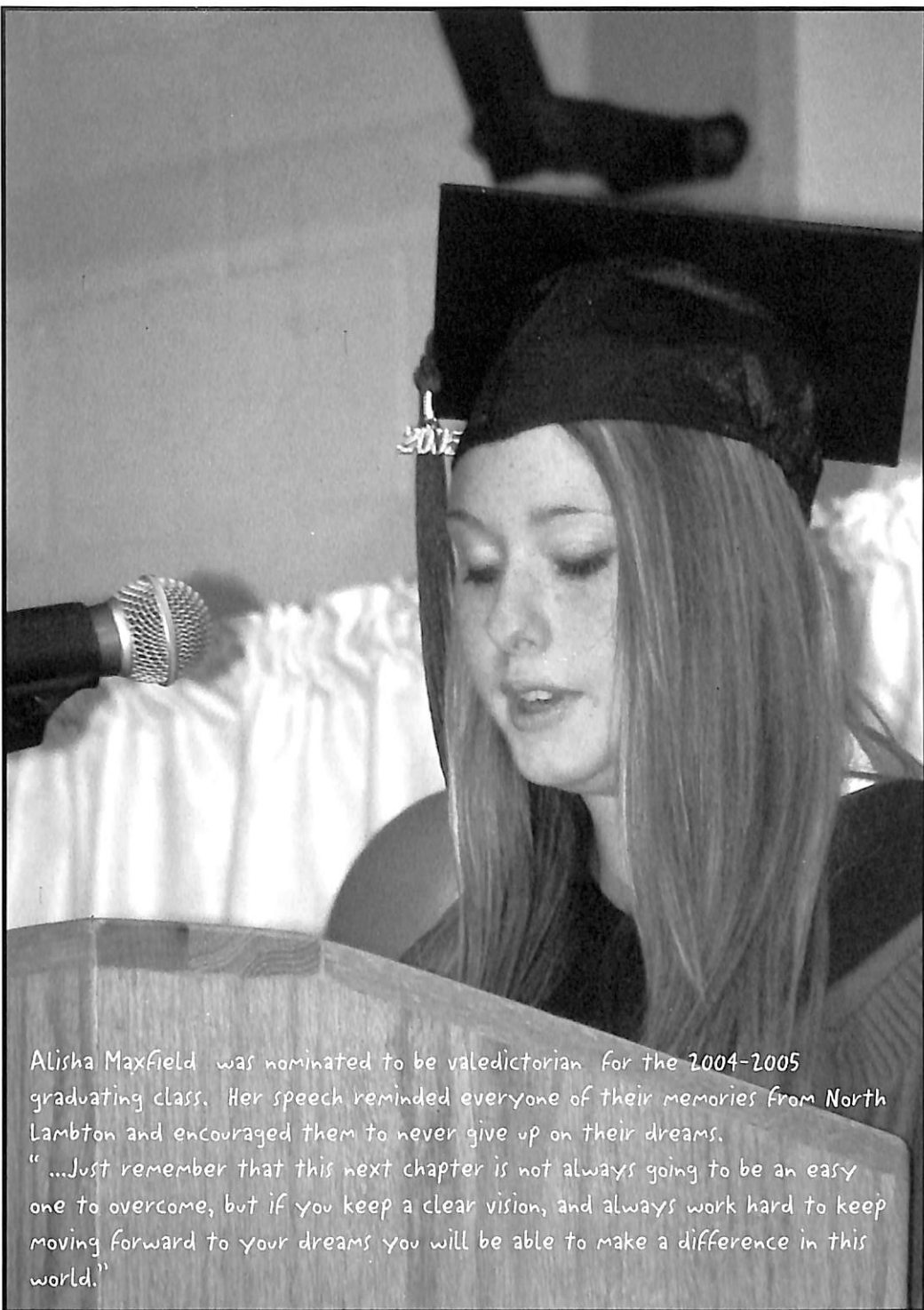
"Keep on thinking it's a time to fly" -- Vitamin C

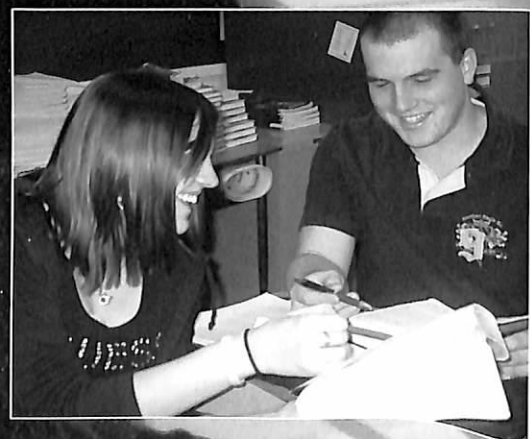
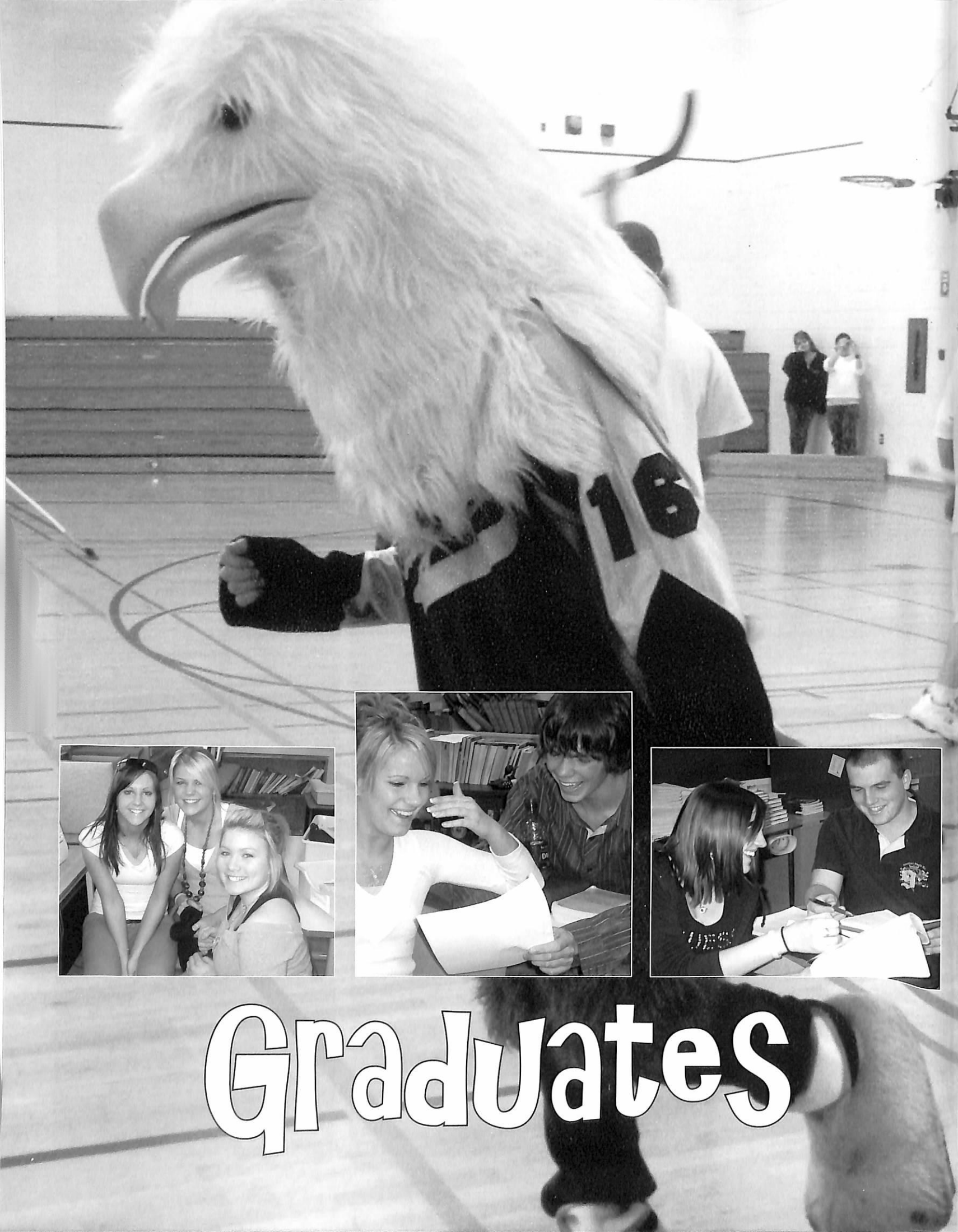
Commencement has finally arrived and the graduates get suited up in their caps and gowns. The anticipation sets in for all the graduating students as they re-unite back to North Lambton for a memorable night.



Commencement 2005 presented many awards to recognize students who have achieved great success in their highschool career. In particular, Ontario Scholars were one aspect of awards that highlights students academic abilities. This award was given to forty seven graduating students who maintained a high average in their graduating year. The award winners are as follows in alphabetical order:

Jake Aitken, Carly Allen, Gillian Barnes, Cam Burch, Alida Campbell, Chad Campbell, Nick Campbell, Jolene Comley, Katie Dew, Krista Dewsbury, Misty Dewsbury, Erien Eady-Ward, Chandel Eveleigh, Jenny Feddema, Brent Gilliard, Robbie Gleadall, Kristin Holbrook, Dave Huyben, Andrew Jackson, Sam Jaworski, Andrew Jones, Todd Kemp, Mark Kwarciak, Kevin Maw, Alisha Maxfield, Bri McPherson, Bryant Memme, Jessie Moore, Alaina Morris, Anna Neustaeter, Andrew Nixon, Julia Perry, Steven Rutten, Maxwell Shafer, Jeff Soetemans, Justin Soetemans, Kaza Stempowicz, Jacinda Stubbs, Bryan VanBree, Ashley VanPoppel, Nikki VanRiel, Jeremy Veens, D.J. Verroen, Nadia Watts, Jill Williamson, Karl Wolff, Casey Yetman. Congratulations to all award winners.





Graduates



Maggie
Albert

Words to live by: What you think about me is your opinion. What you know about me is what people tell you. What you think you know about me isn't me at all.



Amanda
Anderson

Eagle Memory: Doing the first extreme challenge this year. Having to eat all the gross food and watching my friends do it too.
Words to live by: Don't ever frown because you never know who's falling in love with your smile.



Trista
Arnhold

Eagle Memory: Caitlin, Jeremy, and I were scraping paint off a car in Auto and Lars was welding. The sparks shot down to the paint and there was a fire. Someone tried to get it out with a broom and caught the broom on fire.

Words to live by: "The future depends on what we do in the present." - Mahatma Gandhi



Julianne
Atchison

Eagle Memory: Sitting beside Perrie Douglas in Media Arts class.
Words to live by: This is an A and B conversation so C your way out. Holla.



Samantha
Billings

Eagle Memory: I went to Fun in the Sun day and laughed at a friend for breaking his finger on the slide. Making new friends, and just being a goof and having fun. Love ya all!
Words to live by: What we do doesn't define us, it's how fast we rise after we have fallen.



Ashlee
Boone



Cindy
Bork

Eagle Memory: In grade 9 our Gym class roller bladed from Reese's Corners all the way to the Bluewater Bridge to raise money for the OPP.
Words to live by: Never look behind when you're ahead, never give up when you're behind.



Josh
Bresett

Eagle Memory: Tech Trip 2003-2004. Marc Parizeau got hit by a truck and our class almost tipped the bus. Mrs. Ward cried.
Words to live by: Don't do it. It's a trick, and tricks are for kids.



Brittany
Broderick

Eagle Memory: Ms. Sippel's Writer's Craft.

Eagle Memory: Hampton
Words to live by: "Hope is a walking dream." - Aristotle



Jessica
Brownlee

Words to live by: "Try not to become a man of success but a man of value." - Albert Einstein



Chris
Burnard

Eagle Memory: Flower Power baby! My one and only drama production.
Words to live by: Some people are like slinkies - not really good for anything, but you still can't help but smile when you see one tumble down the stairs.



Joey
Burnley



Jacob
Burr

Words to live by: "Nothing is predestined: The obstacles of your past can become the gateways that lead to new beginnings." - Ralph Blum



Jordan
Cadman

Words to live by: "All you touch and all you see, is all your life will ever be." - Pink Floyd



Nonita
Campbell

Words to live by: Here's to the night's we felt alive, here's to the tears you knew you cried, here's to goodbye, tomorrow's gonna come too soon.

Words to live by: "If you're going to be thinking, you might as well think big." - Donald Trump



Mitchell
Coene

Eagle Memory: Going to Boulder, Colorado for Odyssey of the Mind.
Words to live by: Forgive and forget.




Courtney
Cook

Eagle Memory: Winning provincials and going to worlds for Odyssey of the Mind and running away from D.W! Pop and chocolate rocked our weekend.
Words to live by: He's a machine (inside joke with Mairin)




Kelsey
Cook



Eagle Memory: At the 2005 Christmas concert, I sang "Beautiful" really bad in front of the whole school. And grade 12 semi with my girls.

Words to live by: Just be yourself and have a ball, that's what it's all about after all. Party Hard!


Mallory Core



Eagle Memory: I have a bad memory!

Words to live by: While in a high cracking voice- "Oops must be that puberty hitting me!" - Mr. Fitch

Shane Dale-Hicks




Eagle Memory: Being in the play Sleep Hollow, and having to knit in front of the whole audience and while knitting the thread, it got knotted into a ball.

Words to live by: Live everyday like it's your last

Chrystal Dare


Eagle Memory: The Italy/ Greece trip and Jazz Band.

Words to live by: "There is a misleading, unwritten rule that states if a quote giving advice come from someone famous very old, or Greek, then it must be good advice"- Bo Bennett



Albert Delitala


Words to live by: In life, it is better to know something and fail than to fail without knowing anything at all.




Adam Dellow

Eagle Memory: Winning the 2005 NLSS Triathlon at the Pinery.

Words to live by: "Pain is temporary. Quitting lasts forever."- Lance Armstrong




Jason Delmage



Eagle Memory: Mr. Fitch's English Class breaking into song.

Words to live by: "Life moves pretty fast. If you don't stop and look around once in a while you could miss it." - Ferris Bueller


Laura Devet



Eagle Memory: Hanging out with Mrs. Ward. Pushing the ref at hockey.

Words to live by: "You can't always get what you want, but with time, you'll find, you get what you need."- Rolling Stones

Aaron Dortmans




Eagle Memory: In Mr. Morgeli's grade 12 Biology class we were in the dissecting unit. Mr. Morgeli accidentally spilt the entire bucket of cow eyes off his desk. The next thing we knew, cow eyes were rolling all over the floor through our feet.

Sarah Downie

Eagle Memory: Grade 10 music class and the "March!"


Words to live by: Home is where we love, home our feet may leave but not our hearts.



Kristen Emery


Eagle Memory: Grade 10 music class and the "March!"

Words to live by: Home is where we love, home our feet may leave but not our hearts.




Larissa Emmons

Words to live by: Fear does not make a man a brave heart or a coward, but what the man does with that fear is what makes him who he is.




Nathan Faulds



Eagle Memory: Being a part of the school Drama production, Flower Power. Winning gold at festival two years in a row. Curling on team B in grade 10


Charlene Ferwerda



Eagle Memory: The Italy and Greece trip, and the amazing times I had with old and new friends, you know who you are. I'll never forget you.

Words to live by: Life isn't measured by the number of breaths we take, but by the moments that take our breath away.


Tegan Fisher



Words to live by: "You were born original, don't die a copy."

Megan Flett


Eagle Memory: Prom in Gr. 11, OFSAA Rugby in Gr. 10 December 20, 2002, my friends- Because you guys made high school memories. Love you guys thanks for every



Kelly Forbes

Eagle Memory: Accidentally setting off the emergency shower in science class.


Words to live by: "When words fail, music speaks." - C.M



Taylor Forrester

Eagle Memory: Winning OFSAA silver. Music trip to New York. Many other good times with all my friends.

Words to live by: Keep your eyes on the stars, but keep your feet on the ground.



Alaina Frayne



Heather
Galbraith

Words to live by: You can wish on so many things- flowers, eye-lashes, coins... But while you are wishing, stay awake, for your wish may be coming true right before your very eyes...



Stephanie
A. George

Eagle Memory: First time falling up the stairs by tech hall I slid across the floor, people laughed. It hurt, but it was funny.

Words to live by: ...um what's her finger...



Stephanie
H. George

Words to live by: It is better to fail in originality than to succeed in imitation

Words to live by: The people who don't have a happy enjoyable life are those who never imagined their life and their future. Live the imaginative life for a better future



Stephen
Gill

Words to live by: There is no pathway to perfection; there is only a pathway to becoming better



Kyle
Gilliard

Eagle Memory: They always say 3 strikes and your out. Unless you go to NLSS.

Words to live by: The forth times the charm in my world.



Shawn
Gilliard



Laura
Gordon

Eagle Memory: The fun times in the cafe and halls with friends. Winning gold twice with senior band.

Words to live by: "People have on thing in common: they are all different."- Robert Zend



Susannah
Gordon

Eagle Memory: Joining the rugby team and going to OFSAA in grade 10. Travelling with the music department in New York.

Words to live by: What you get out of life is what you put into it, so don't cry because it's over, smile because it happened



Kelly
Hackney

Eagle Memory: Winning the hockey tournament in Toronto in grade 12. Prom.

Words to live by: Do or die ladies.

Eagle Memory: Playing on the basketball and volleyball teams.
Words to live by: The people that matter don't mind, and the people that mind don't matter.



Jillian
Hamilton

Words to live by: Don't wish your high school years away, you're only young once! So have fun, never worry, and party hard!



Carla-Anne
Harrison

Words to live by: It's the possibility of dreams coming true that makes life interesting



Krystal
Hart



Becky
Healy

Eagle Memory: My friends! I couldn't have made it through without them. I also love cafe food! Mmm!

Words to live by: "It's something unpredictable, but in the end it's right, I hope you had the time of your life" Green Day



Adam
Henry

Words to live by: The truth about forever is that there is none. What we are living now is the forever



Jenna
Hill

Eagle Memory: Semi formal- "A Night At The Roxbury" -best school dance I've ever bean to.

Words to live by: You live for the night's you won't remember, with the friends you'll never forget.

Eagle Memory: "Hey V Dawg, don't step in the guuummm! Watch out for the fanny!"
Words to live by: You'll never be happy with others until your happy with yourself.



Kandis
Hodgins

Words to live by: Life keeps moving. Why look back at the little things that bother you when you can look forward to all the great things in life?



Kyle
Holbrook

Eagle Memory: Grade 11 Physics trip.
Words to live by: If you aim for nothing, you're sure to hit it.



Matti
Holbrook



Brianne
Hughes

Eagle Memory: Prom. It was the best night of my life. I wouldn't trade a moment of the night for anything. It was a night spent full of friends, laughs, and memories I'll always remember.

Words to live by: Live. Laugh. Love.



Morgan
Hutton

Words to live by: Don't worry about the future, forget about the past, we're gunna have a ball, yah! We're gunna have a blast.



Bradley
Jamieson

Words to live by: You can't go back to yesterday, so make today mean something for tomorrow

Eagle Memory: Performing at Music Nights, winning gold with senior band, and music trips to New York City and Toronto.

Words to live by: The kindness you show others will come back to you - if not today, or tomorrow, then someday.



Lindsay
Kelly

Eagle Memory: Nights I can't remember with friends I'll never forget.

Words to live by: "The good thing about books is sometimes they have great pictures."
- George W. Bush



Ashley
Kettleson

Eagle Memory: When someone in Foods class caught the oven mitt on fire and nobody noticed.

Words to live by: Before you criticize someone, you should walk a mile in their shoes. That way when you do criticize them, you're a mile away and you have their shoes.



Jessica
Kingdon



Michael
Kingston

Eagle Memory: The Kris Drake and snake fight.

Words to live by: Never pick a fight with an ugly person, they've got nothing to lose.



David
Klumpkens

Eagle Memory: Rockin' first prize with Gun n' Duns
Words to live by: Let's get Plutoed.



David
Lacey

Words to live by: Git Er Done

Eagle Memory: I'll never forget the friends I've made and the memories that come with them. I loved it all. P.S. To all my friends - I love you guys.

Words to live by: I can't remember all the times I've tried to tell myself to hold on to these moments as they pass.



Hilary
Lean

Eagle Memory: The whole year, especially Writer's Craft!
Words to live by: I'd like to quit thinking of the present, like right now, as some minor, insignificant preamble to something else.



Veronica
Lindsay

Eagle Memory: Hanging out with all the Wankstas, no wait, I mean the Gangstas!
Words to live by: Is it and that's when you say it is.



Vance
Lunham



Brent
MacLachlan

Words to live by: The only failure in life is not learning from your mistakes.



Ken
Matthews

Words to live by: People can forget to acknowledge you but you cannot fail to acknowledge yourself.



Chad
Maw

Eagle Memory: When Mr. Sands was rolling around on his rolling chair and went straight back and almost hit his head.
Words to live by: No comment

Eagle Memory: Spares and Scotties.
Words to live by: Party at E-tars.



Kory
Maxfield

Words to live by: Failure is just a way of helping you set yourself up for even bigger success



Lori
Maxfield

Words to live by: I'm not a complete idiot, there are a few parts missing.



Travis
McDonald



Ryan
McFarlene

Eagle Memory: When I met Danielle Cadieux in grade 10 Art class. She is the sweetest girl I have ever met.
Words to live by: NOFX rules.



Kasey
McGregor

Words to live by: Live life the way you want to live it because if you don't, you will never get anywhere in life



Samantha
McKay

Eagle Memory: Mrs. Martin's grade 12 Individuals and Families in a Diverse Society class.

Eagle Memory: When the school puts on talent shows.
Words to live by: Be yourself because everyone else is taken.



Jacqueline
McKellar

Eagle Memory: I'll always remember prom - it was a great night.
Words to live by: If at first you don't succeed, the sky diving's not for you.



Nathan
Melchers

Eagle Memory: When Kyle hit the tree at KFC.
Words to live by: Take only what you want, but take lots of it.



Scott
Miner



Kim
Moniz

Eagle Memory:
Words to live by: The only way to love someone is to love yourself first.



Zach
Moore

Eagle Memory: How I managed to make half the school mad by wearing a ponytail everyday.
Words to live by: If you have to ask, you'll never know.



Leona
Morris

Eagle Memory: Every morning prayer in the caf., Culturas Del Mundo enrichment conferences, Philosophy class, and Vocals.
Words to live by: "Do not go where the path may lead; go instead where there is no path and leave a trail." - Ralph Waldo Emerson

Eagle Memory: Making fun of Jake Brown. To all my close friends - good times.
Words to live by: I do what I want...



Allan
Murray

Eagle Memory: Friday lunch sociables.
Words to live by: AHHHH! I lost my shoes!



Marc
Parizeau

Eagle Memory: When Mr. Kalia was my science teacher he always said "nergy" instead of "energy" and always said minus two.
Words to live by: "Life is too short so love the one you got cause you might get run over or you might get shot" - Sublime



Michael
Pearson



Shawn
Pieters

Eagle Memory: Playing hockey and getting kicked out of the Much Music dance.
Words to live by: Live life to the fullest.



Jamie
Prong

Eagle Memory: Playing girls rugby every year since grade nine and going to OESAA in grade ten
Words to live by: The reason most people fail instead of succeed is that they trade in what they want most for what they want at the moment.



Sarah
Rutten

Words to live by: It's so nice to hear of your friends being happy and having things go right for them. Makes up for whatever might not be going according to plan in your own life.

Words to live by: You are your own biggest fan.



Steven
Rutten

Words to live by: Don't be afraid to make mistakes, to stumble, or fall because most of the time, the greatest rewards come from doing the things that scare you the most.



Devon
Sanger

Words to live by: You are responsible for your actions and your actions depend on how you perceive things. So don't let anyone get to you. Be brave and face any situation at any time. You are your own creator or destroyer.



McKenzie
Sanger



Tieha-Jean
Saulnier

Eagle Memory: Meeting my fiancé Cody Street. And being in Flapper last year.
Words to live by: They beloved nothing, now they are nothing



Nick
Shipley

Eagle Memory: Rugby and projectile avoidance activities.



Kaley
Sisler

Eagle Memory: Prom. Girl's high school hockey tournament.
Words to live by: Pain is temporary, but pride is forever.

Words to live by: When you have worked this hard to get this far, don't let up because you finally got here. Finish with your heart and fulfill this moment the way you have dreamt of it for so long.



Chris
Skinner

Eagle Memory: School dances.
Words to live by: Live everyday like it's your last.



Samantha
Smith

Words to live by: All dreams have the potential to become realities. So...never give up on your dreams or you will miss out on realities.



Brandon
Soetmans



Tienna
Stempowicz

Words to live by: If you go through live trying to make everyone accept you, you are never going to be able to accept yourself. Life is too short to live it for someone else!



Jamie
Sterling

Eagle Memory: All the fun times with my friends. Thanks for everything!
Words to live by: "The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt



Channelle
Stevens

Eagle Memory: Every single day is a memory for me.
Words to live by: Never give up your dream, because you'll never make it come true unless you follow it.

Words to live by: Sometimes the imperfections are what make things better.



Jesse
Storr

Eagle Memory: Doing all the drama stuff. Prom. And finally finding some friends..



Cody Street

Eagle Memory: Going on the music trip to New York
Words to live by: "Life moves pretty fast. If you don't stop to look around once and a while you could miss it" - Ferris Bueller



Jessica
Stubbs



Greg
Sullivan

Eagle Memory: Giving the Grad 8's Orientation tour, "This is the gym, you play gym here... any questions?"
Words to live by: You don't stop partying because you grow old, you grow old because you stop partying.



Daniel
Tice

Eagle Memory: Every single day spent with Brooke Wellington.
Words to live by: The party starts when the gate drops.



Lars
Ungerer

Words to live by: Don't worry about those who put you down, because most likely they have more problems than you do.

Words to live by: We are the maker of the music, we are the dreamers of the dreams.



M.J.
Vaessen

Words to live by: Just because something is difficult doesn't mean you shouldn't try; it just means you should try harder.



Jeff
VanAert

Eagle Memory: When our oven caught on fire in foods class.



Karol-Lee
VanBree



Dayna
VandenBoer

Words to live by: We're here for a good time, not a long time, so have a good time, the sun can't shine everyday.



Marissa
VanEngelen

Eagle Memory: Going to OFSAA for girl's rugby in grade 10.
Words to live by: "To accomplish great things, we must not only act, but also dream; not only plan but all so believe."



Niel
VanEngelen

Eagle Memory: Passing out in front of everyone after giving blood for the first time.
Words to live by: It's not weather you win or lose. It's how much you win by and how much you prove that you can handle it.

Eagle Memory: Rugby especially OFSAA in Gr. 10
Words to live by: "My mama always said you got to put the past behind you before you can move on" - Forrest Gump



Janelle
VanKessel

Eagle Memory: Prom! It was fantastic. Probably the best time of my life.
Words to live by: Live life to the fullest and make the best out of everything.



Kyle
VanMoorsel

Eagle Memory: Servant day because it's funny watching the grade 9's make the grade 12's dress up in weird things and stand on stage.



Becky
Veens



Linda
Verberk

Eagle Memory: Grade 9 semi formal.
Words to live by: When you do something wrong, it is not a mistake, it's a lesson you should learn from.



Thomas
Vermeer

Words to live by: Life is not always easy. It's up to us to decide whether to take our chances, to fight through the rough times, or to give up and never know what it would have been like. Don't be afraid, just carry on and believe in yourself.



Meghan
Watson

Eagle Memory: I have so many memories from NLSS. I cannot pick just one. High school can be an amazing experience if you make it one.
Words to live by: "Sometimes it's not the journey, it's the destination." - Sarah Jessica Parker

Words to live by: "When a woman has the ability to believe in herself, then she's beautiful."
- Paris Hilton



Brooke
Wellington

Eagle Memory: Prom.
Words to live by: You only live once. Live it the way you want.



Presley
Wellington

Eagle Memory: When I saw some chick fall slowly don't the stairs. Great time in my life.
Words to live by: "Opinions are like additions, everyone's got one." - Francis Mark



Vanessa
Widdup



Becky
Willie

Eagle Memory: On April 20th, Vanessa and I walked down a lane way at lunch. Just in time to see a vehicle come around the corner and slide out to almost hit a hydro pole. It was great.
Words to live by: "Dream on, dream on, dream until your dream comes true..." - Aerosmith



Timothy
Willie

Words to live by: When you fail, it is your choice to make to get back up and try again.



Josee
Wilson

Eagle Memory: My favorite memories at NLSS are going to OFSAA rugby, going to Colorado for Odyssey of the Mind, and of course all the dance parties! Thanks to all the people who made my high school memories unforgettable.

Words to live by: There are going to be times in life when you feel beaten and destroyed. Instead of letting grief get the best of you, look on the bright side. After all, what doesn't kill you can only make you stronger.



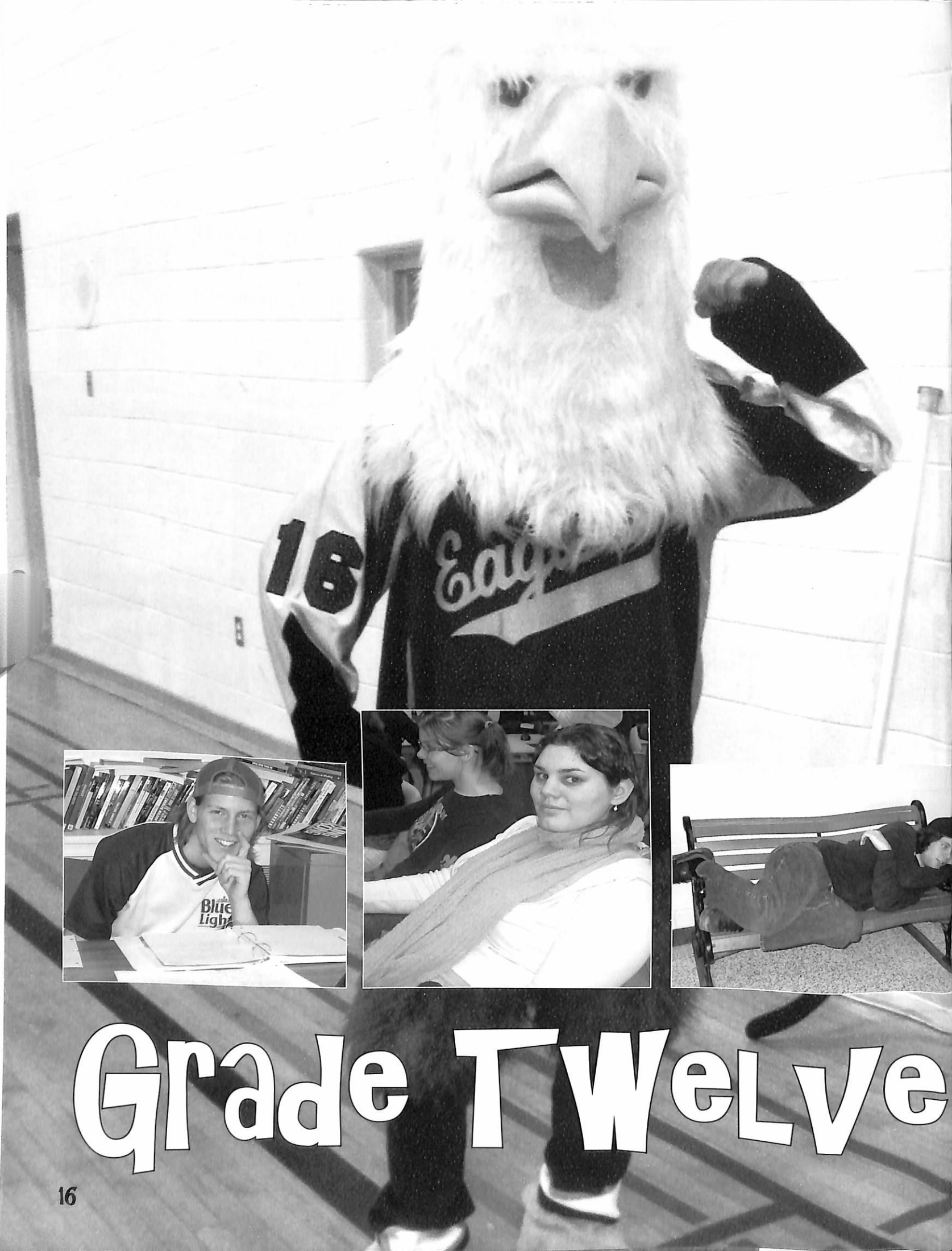
Mark
Wilson

Words to live by: "If everyone demanded peace instead of another television set, then there would be peace." - John Lennon



Amy
Wygengangs





Grade TWELVE



Photo
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Photo
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Caitlin Ballard

Jory Beer

Stephanie Boone

Kayla Brennan

Blair Bressette

Chad Campbell

Jamie Cloud



Brandon Clutton

Jessy Cohoon

Allen Cook

Amber Cottrelle

Bryan Davidson

Krista Dewsbury

Nikolas Drake



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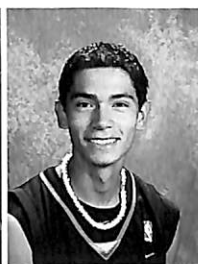


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Jenny Feddema

Chadwick Frayne

Becky Geerts

Andrew Genovy

Jordan George

Kayla George

Shawni George



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Tania George

Tonia George

Jonathan Giuliani

Crystal Gooding

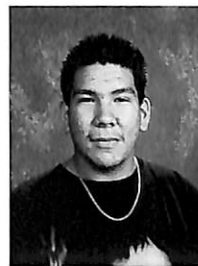
Melanie Gooding

Missy Harper

Mitchell Hedden



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Candace Hurkmans

Todd Hurlock

Dave Huyben

Bradley Ingold

Josh Jackson

Bradley Jones

Terri Joseph

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Photo
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Photo
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Available



Photo
Not
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Photo
Not
Available



Chase King

Will Knapp

Jon Larocque

Shane Lockrey

Brittany Lucio

Will MacGregor

Jessica Manhout

Photo
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Philip Matsi



Kyle McAskill

Photo
Not
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Douglas McLean



Jariott Mitchell



Jessie Moore



Jessica Morris



Anna Neustaeter



Nicole Pepper



Julia Perry



Dawn Redskye



Garret Ritchie



Katie Rivers



Rob Scherer



Justin Smale



Justin Smith



Ward Smith



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Jeff Soeteman



Brett St Jean



Jeremy Stephenson



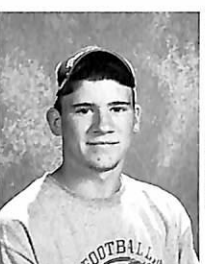
Darcy Stutt



Dan Sutton



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Stephen Swift



Ryan Therrien



Bryant Thody



Darren Thomas



Dean Thompson

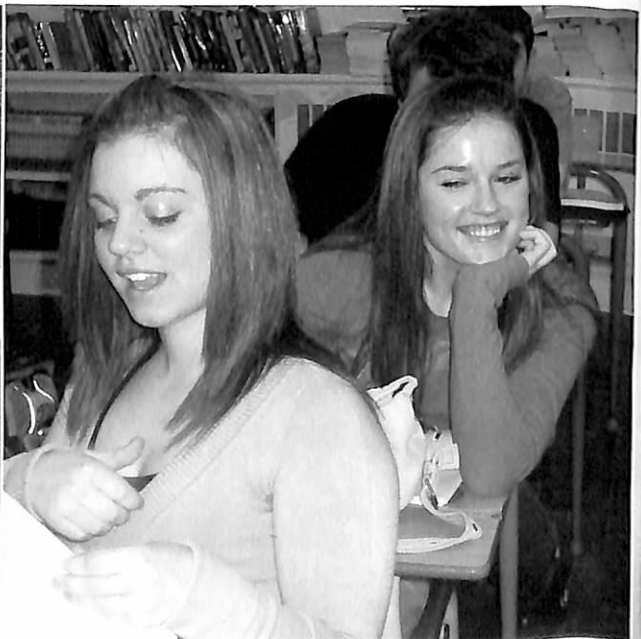


Derek Tidball



Sam Timmermans

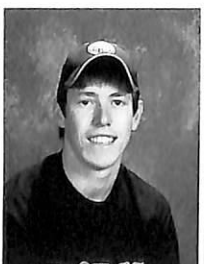
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Cheryl Trelford



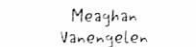
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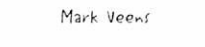
Greg Vandenberg



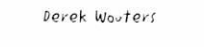
Christine Vandenberg



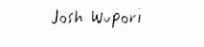
Meaghan Vanengelen



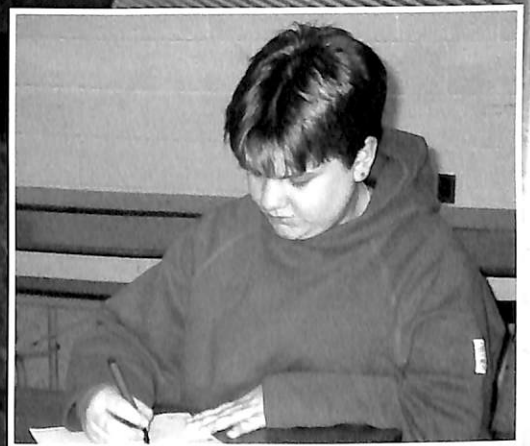
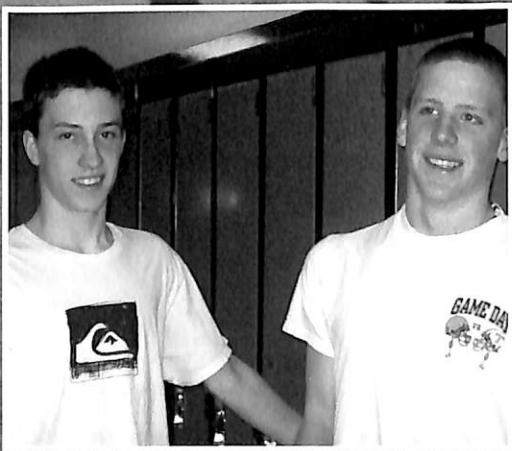
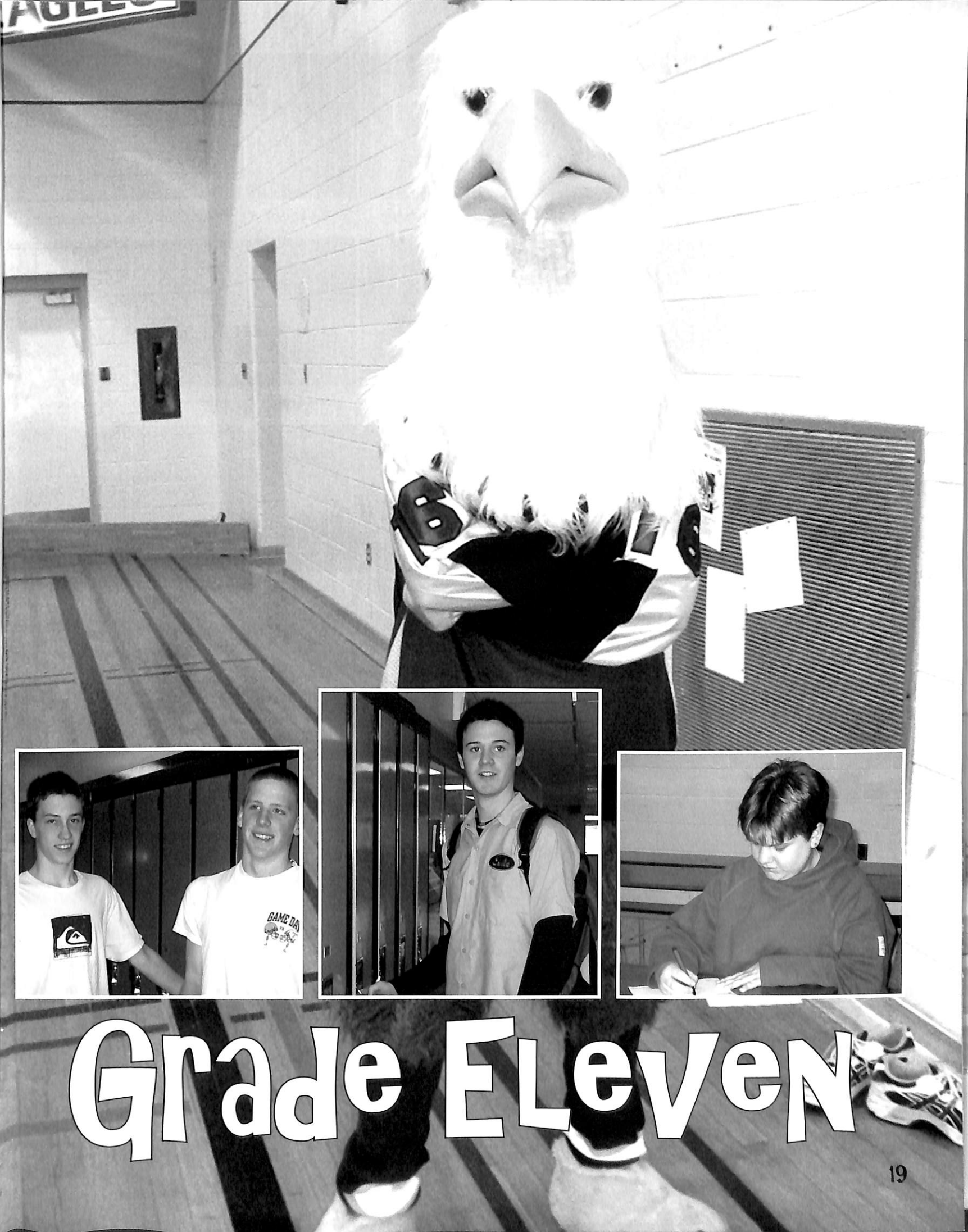
Mark Veens



Derek Wouters



Josh Wupori



Grade ELEVEN



Thomas Adams



Alicya Allen



Ashley Andriash



Janice Antolak



Callie Armitage



Ian Armstrong



Allan Augustine



Kayla Avery



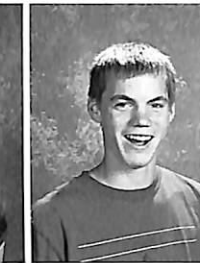
James Baker



Paul Ballard



April Beer



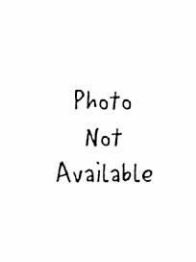
Brad Biggers



Detmer Boekhorst



Judith Boucher-Vegis



John Boyko



Tyler Brennan



Tabitha Bressette



Becky Brissette



Corey Brooks



Matthew Brouwer



Dan Brown



Tiffany Bryson



Paul Buckner



Drew Bullen



Jay Burch



Rachel Burr



Stacey Butt



Becky Cabral



Danielle Cadieux



Candice Cain



David Campbell



Derek Campbell



Esther Campbell



Jacob Campbell



Michael Cassidy



Dustin Catt



Chris Clark



Brett Core



Justin Core



Matthew Crawford



Sarah Cullen



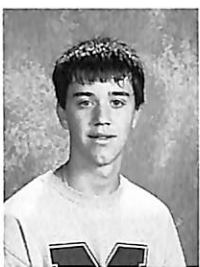
Brittany Curtis



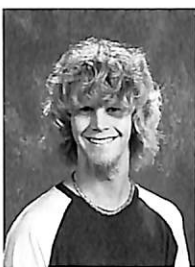
Travis Datema



Chris Degroot



Greg Degroot



Scott Degroot

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Jessica Deichert



Richard Delitala



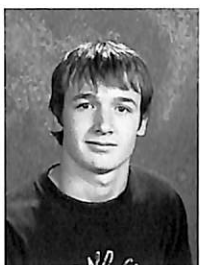
Bruna Demello



Sydney Dobroski



Steve Dorman



Cole Dortmans



Perrie Douglas



Mitchell Dudman



Kristen Eastman



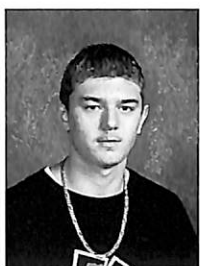
Davey Easton



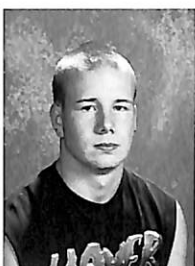
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Ashley Evans



Devon Evans



Chris Eveleigh



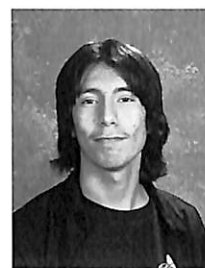
Katie Ferguson



Michael Fraser



Jodi Gale



Derek George



Jennifer George



Ashley Gibson

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Lindsey Gikes



Lauren Gilfoyle



Jim Gilliard



Mark Gilpin



Kevin Glasco



Christine Gliddon



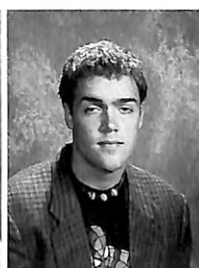
Christina
Greenwood



Tad Hamilton



Connie Harper



Mitchell Hedden



Blake Henderson



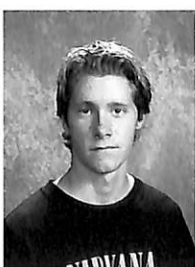
Nathan Henderson



Mary Houle



Justin Jackson



Travis Jacobs



Scott Joly



Laura Jones



Korlin Kaetzel



Dylan Kazuk



Kaitlyn Kelly



Kurt Kronenberg



Danielle Kwarciak



Bradley Lacey



Blair Lancaster



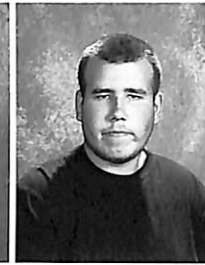
Lynette Lenting



Sean Little



Nicole Loranger



Will Mac Gregor



Christina
Macdougall



Laura MacLachlan



Daniel Martelle



Raul Martinez



Allie Mason



Jesse Mason



Tiffany Matthews

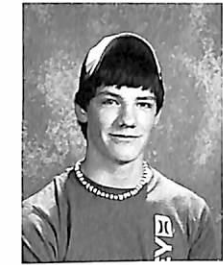


Katie Maxfield



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Brittany Maxwell



Jordan McGregor



Darren McKellar



Katelin McKenzie



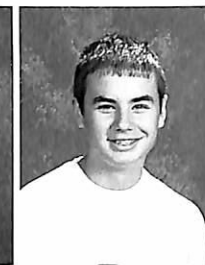
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Jessica Moloy



Briana Nixon



Scott Odorizzi



Cristina Olivotto



Alexandra Pearson



Lynda Perry



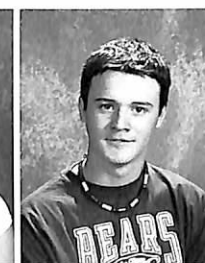
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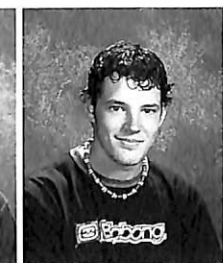
Wilko Ploeg



Leah Porter



Andrew Rawlings



Tyler Rawlings



Anthony Reckman



Jamie Reithknecht



Brent Richardson



Alex Rigby



Justin Rigby



Nick Rigby



Tanner Ritchie



Adam Rivers



Anthony Rogers

Dan Romphf

Sasha Ross

Megan Rumford

Darren Schram

Maggie Shawkence

Shilo Shawnoo



Tahneesha Shawnoo

John Shone

Shane Skow
Geertsen

Photo
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Photo
Not
Available



Steph Smeekens

Courtney Smith



Elaine Snyder

Greg Soepboer

Jason Soetemans

Karl Soetemans

Krystin Soetemans

Steve Soetemans

Ben Stasiuk



Sharlene Steiginga

Kendall
Stellingwerff

Kyle Stephenson

Caitlin Steven

Julie Stewardson

Jill Struyf

Mitch Stutt



Hailey Surette

Eric Thorne

Carry Thuss

Randy Tidball

Emily Timmermans

Lisa Trudel

Rusty Ulrich



Mona Ungerer

Shane Vandenoer

Gary Vanderchoot

Jodi Vanhaaren

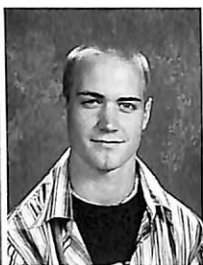
Colin Vankessel

Shaina Vanos

Stacey Vanriel



Kyle Veens



Devin Venema



Anita Verberk

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Adrian Verberne



Chad Verberne



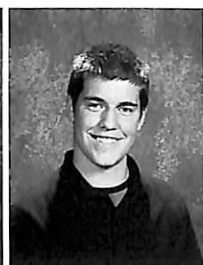
Dustin Walker



Sarah Walker Hill

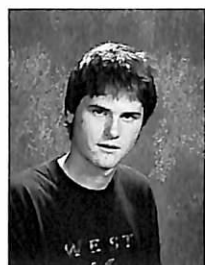


Morgan Weeks-Percy



Daniel Westendorp

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Hanna Widmer



Kyle Williams



Gwen Williamson



Lynsey Wilson



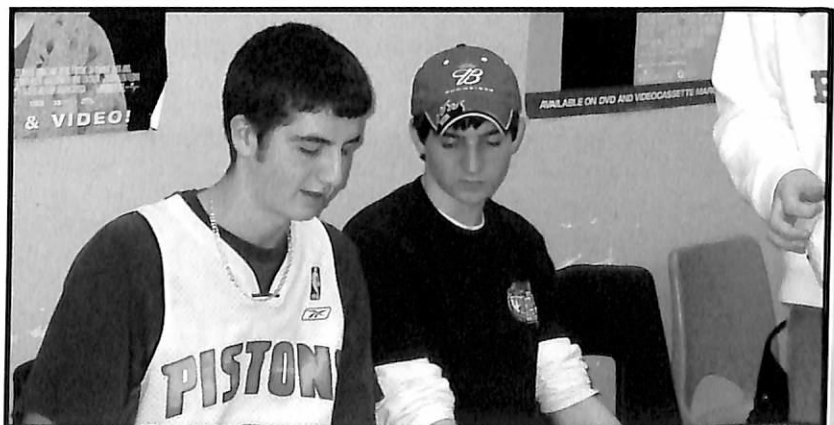
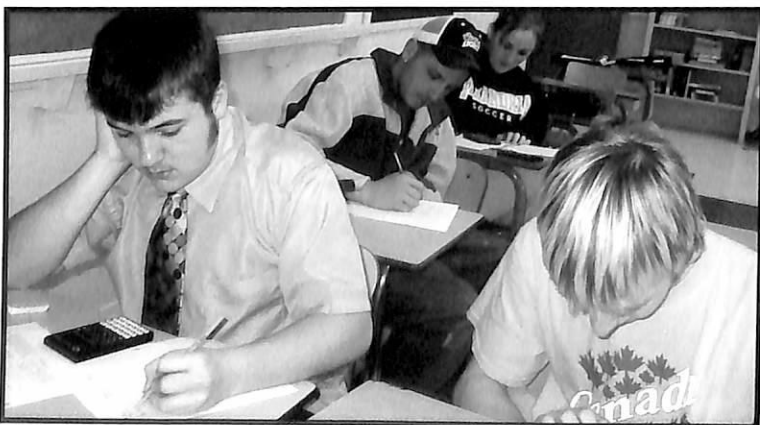
Donny Wolfe

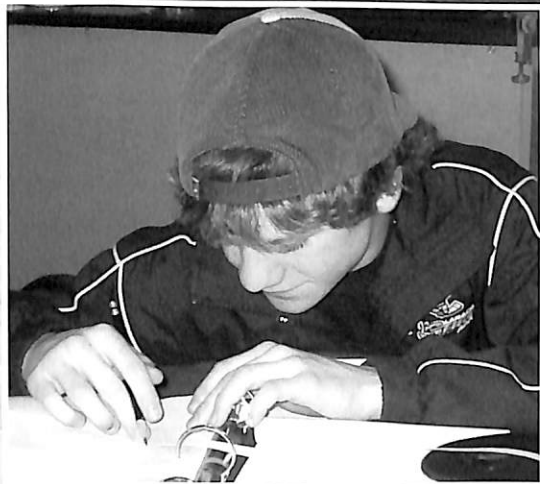


Michelle Wouters



Mallorie Zavitz





Grade Ten



Erika Acton

Abel Aguado Sanchez

Brittany Anderson

Jarrod Balcom

Kyle Bent

Nathan Beverman

Amanda Blyde

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Paige Boone



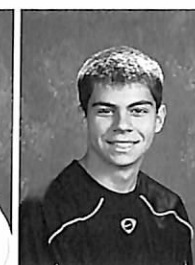
Kirstie Boyd



Adrienne Brennan



Colin Bressette



Jordan Bressette



Kayle Bressette



Corbin Bridger



Bradley Brooks



Kandace Brooks



Jesse Brown



Caitlin Burman



Cole Burnley



Emily Burns



Jody Burns



Dave Cabral



Jordan Campbell



Karlene Campbell



Kelcy Campbell



Vanitia Campbell



Taylor Carrothers



Spencer Catt



Antoine
Chaussinand



Jordan Cloud



Julie Cole



Ashley Courtney



Luke Dale-Hicks



Ainsley Davis



Amber Dellow



Cassidy Deschamps



Mitchel Dobroski



Melina Douglas



Kevin Downie



Lindsey Emery



Kirstyn Estergaard



Alannah Fanset

Candace Farr

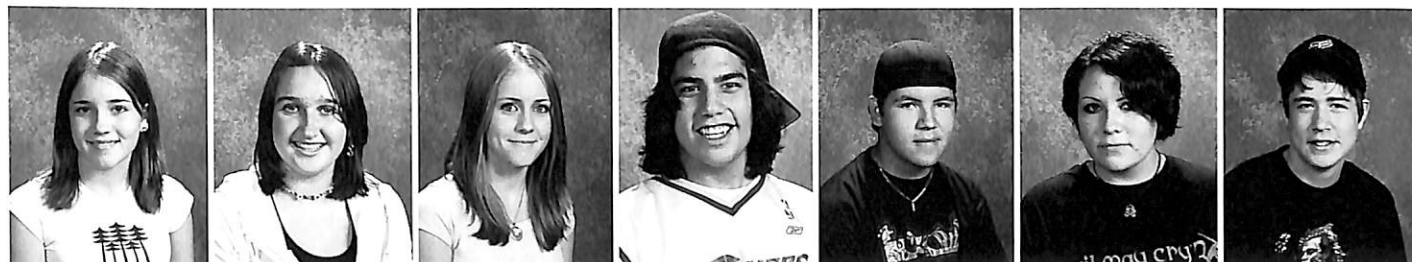
Angela Faulds

Tracey Fisher

Kaleigh Forbes

Chelsea Fraser

Blair Frayer



Holly Galbraith

Kori Garside

Kristina Geerts

Cody George

Colton George

Joanna George

Kyle Gill



Riley Gillatly

Laura Goncalves

Kasey Gordon

Justine Goulet

Randi Greenbird

Phillip Grover

JayLyn Harrower



Patti Hart

Darryl Heater

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Kevin Hodgins

Kyle Hodgins

Alyssa Hoskin

Tiffany Hoskin



Matthew Humphrey

Kiley Humphries

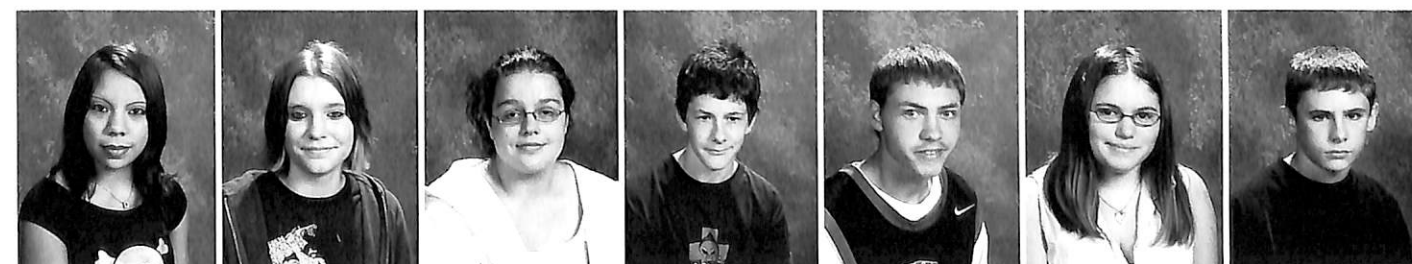
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Kayla Hukmans

Mike Huyben

Kaitlyn Hynd

Kristina Isaac



Deeandra Jackson

Tiffany Jacobs

Samantha James

James Johnson

Devon Johnston

Jordan Johnstone

Justin Jones



Cory Karn

Katie Kemp

Chris Kettleson

Danny Lacey

George Larmond

Nadine Lawrence

Tanner Leggate



Meghan Letourneau

Derek Lichty

Brianne Lockrey

Jessica Lucier

Ryan Macko

Ryan Marsh

Nicole Mason



Ian Maw

Wade Maxfield

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Joanna McCandless

Chad McConnell

Meagan McGregor

Kelli McKay



Nikki McKay

Jennelle Melo

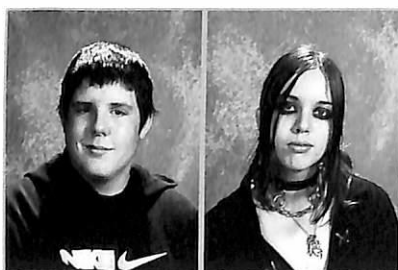
Eva-Marie Melville

Josh Milliken

Ryan Moore

Rebecca Morris

Katie Orborn



Luc Parizeau

Christine Parsons

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Jason Parsons



Tyler Parsons

Dylan Pearson

Dalton Pettit

Phoebe Plain



Jolene Plant

Adina Potter

Adam Prong

Fana Rawlings

Daniel Reckman

Shawna Redskye

Devon Riley



Doug Ripley

Owen Rogers

Photo
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Vincent Rogers



Heather Ross

Andrea Rumford

Ken Saul

Roy Schrijver



Misty Shawnoo

Chris Sheppard

Justine Sheppard

Alex Shone

Kyle Short

Jordan Sisler

Nicholas Slegers



Casey Smith

Daniel Smith

Darren Smith

Photo
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Natasha Smithson



Bryan Smits

Eric Soepboer

Kyle St. Pierre



Zachary Stead

Kaitlin Sterling

Ryan Steven

Matt Stewardson

Nicole Stewardson

Cori Stewart

Samantha Sullivan

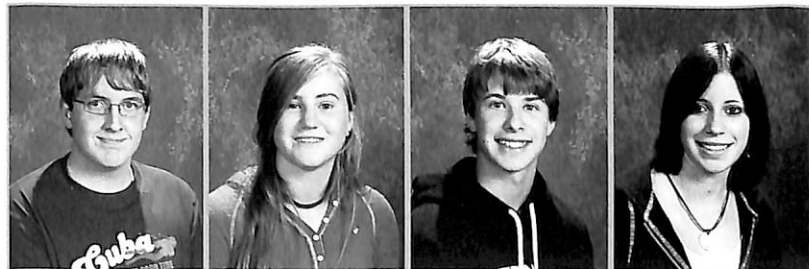


Allison Sweeney

Deven Taylor

Photo
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Josh Taylor



Rusty Tedball

Danika Teeple

Luke Teeple

Kaitlyn Thuss



Justin Trask

Jessica Trumble

Aaron Tweedy

Lora Vail

Jackie Vanbree

Jenny Vanbree

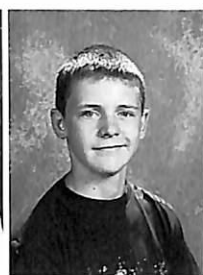
Janie Vandenberg



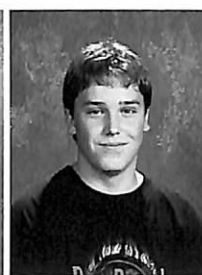
Darcy Vandenboer



Alison Vandenheuvel



Charlie Vanderhoek



Dustin Vandinter



Anne-Marie Vanengelen



Cassie Vanengelen



Kayla Vanhaaren



Jarret Vankessel



Mark Vanmoorsel



Joey Vansteenkiste



Gavin Vanwolde



Mike Veens



Dirk Vermeer



Sari Vossen



Danielle Waddilove



James Walker



Eileen Watson



Shelby Watson



Josh Weaver

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Coulton Williams



Chris Wilson



Katelyn Wilson

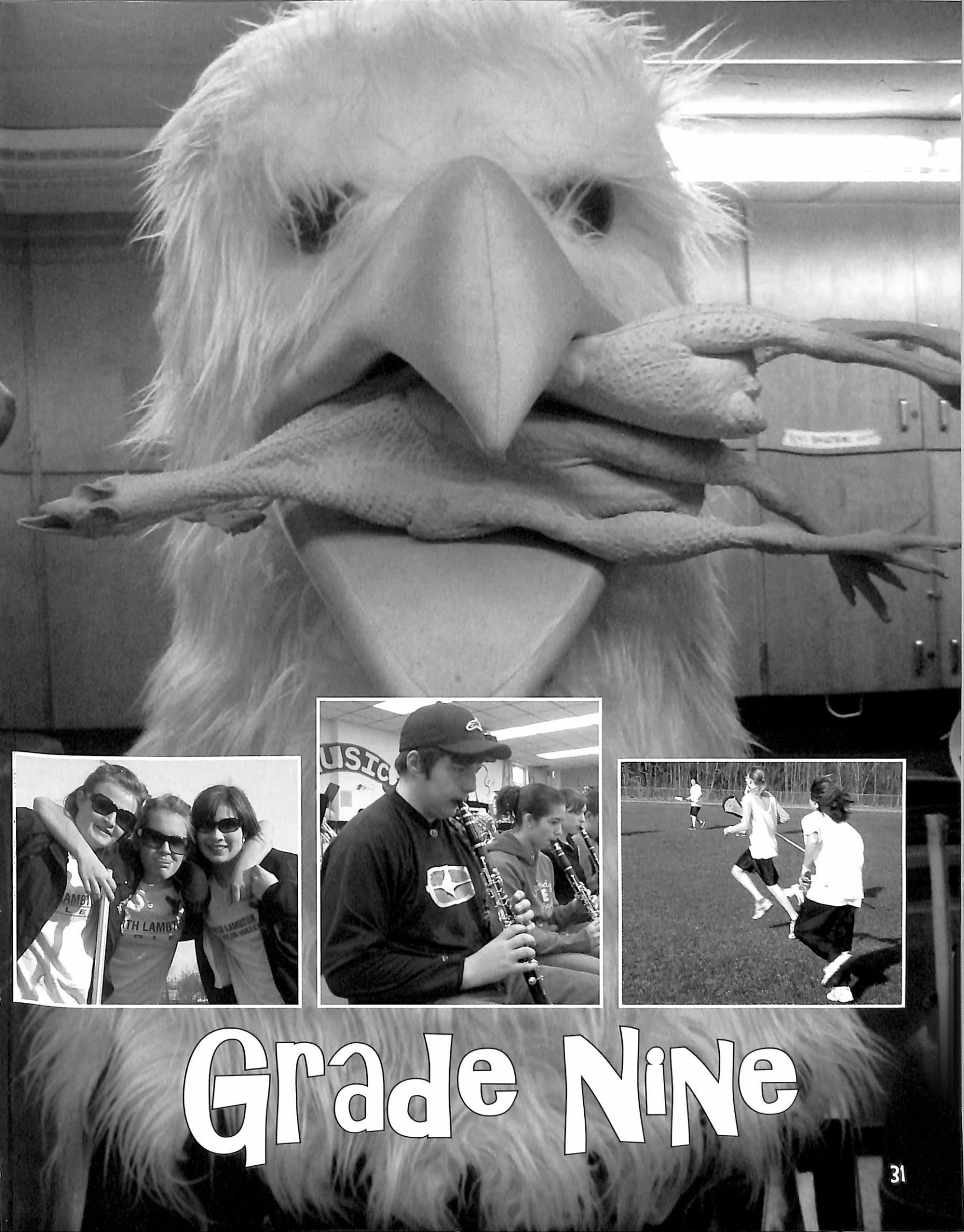


Candice Worsfold



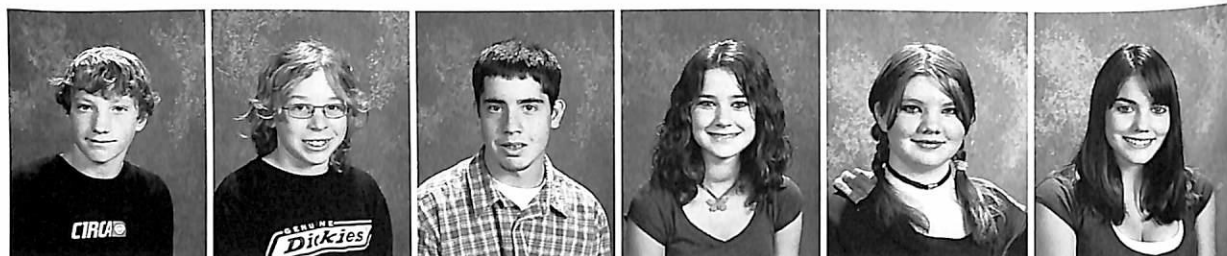
Melissa Zavitz





Grade Nine

Kyle Alexanders
Alec Anderson
Brent Andriash
Jenna Armitage
Tyan Bailey
Jessica Baillargeon



Brennan Boris
Cameron Breen
Jake Brown
Travis Brown
Tyler Bryan
Caitlin Byrns



Kurtis Campbell
Meika Cates
Karley Charrette
Kayla Clark
Jory Cloud
Kyle Cohoon



Ryan Cook
Craig Copeland
Dustin Cronkwright
Cassandra Dare
Ryan Dekker
Emma Delitala



Krista Delmage
Melanie Deschutter
Carmen Dirven
Jessi Dorman
Ryan Downie
Kymber-Lei Evans



Amanda Ferguson
Tasha Ferguson
Michael Fisher
Candace Flater
Zack Fleming
Ryan Frederick



Ashley Gallant
Brittnee Garrett
Chris Geerts
Jen Geerts
Thomas Genovy
Jac George





Jennifer J.D. George
 Tara George
 Meghan Gilfoyle
 Cody Gillard
 Sara Gilliard
 Jennifer Gordon

Morgan Hamilton
 Ashley Harburn
 Alyshia Harris
 Jessica Hart
 Jewel Henry
 Shelby Holmes

Tyler Hughes
 Jerrica Jackson
 Meghan Jennings
 Shannon Kelly
 Karla Kerrigan
 Jeremy Kersey



Hector Ketash
 Rolanda Ketash
 Scott Kingston
 Eric Kloppenburg
 Kyle Krzyzek
 Bryan Lacey

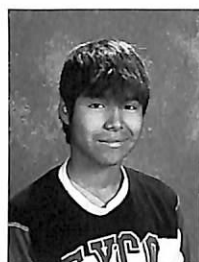


Photo
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Jennifer Laird
 Ashley Looman
 Matt Loubert
 Melissa Macgregor
 Michelle Macgregor
 Shayne Macgregor



Cheyne Mackenzie
 Logan Manhout
 Kaytie Martin
 Kevin Martindale
 Nelson Martinez
 Chantel Masfrankc





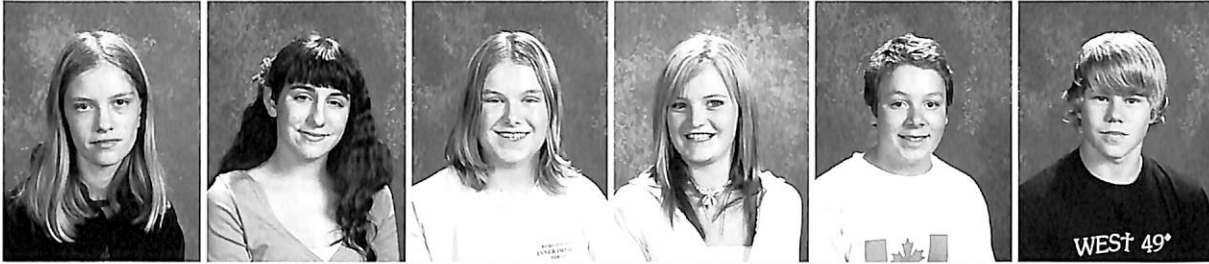
Shawn Maxfield
Ashleigh Maxwell
Paige McDonald
Colleen McLean
Kirk McLean
Greg Melchers



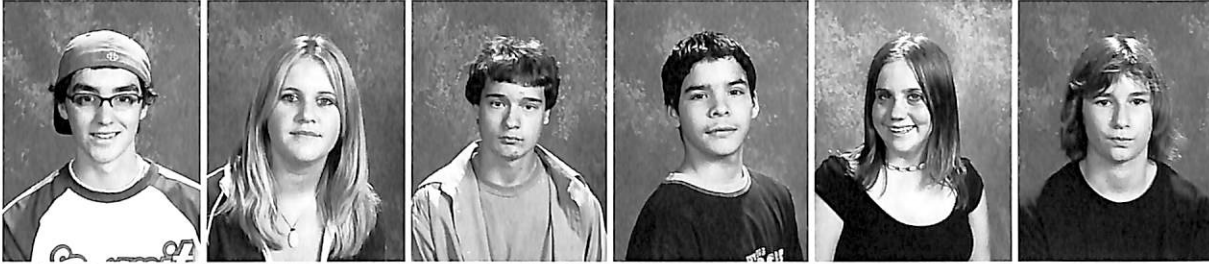
Emily Melo
Brooke Memme
Cameron Mennen
Dale Miner
Jaime Moore
Brody Morris



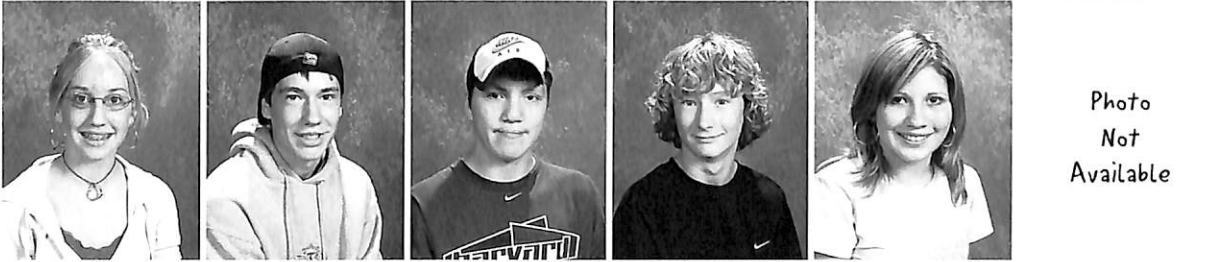
Jayden Morrison
Mike Morrison
Shelby Moreley (Pearce)
Jesse Mulderrig
Abraham Neustaeter
Leah Newman



Jennifer Parsons
Donna Pawson
Dien Ploeg
Dayna Rawlings
Timothy Reckman
Cody Reeve



Christian Reinelt
Maggie Richter
Jeremy Riedel
Rob Rogers
Janna Rutten
Justin Sheppard



Steph Skow Geertsen
David Smeekens
Alex Smith
Brandon Smith
Courtney Smith
David Smith

Photo
Not
Available



Jade Smith
Keith Smith
Kevin Smith
Brendon Soeteman
Derek Soeteman
Bridgette Somers



Joel Spitse
Cari Srokosz
Katie Stacey
Haley Sterling
Allison Steven
Dylan Stewardson



Sarah Stewardson
Scott Stewart
Julie Struyf
Ben Stubbs
Jodi Stutt
Nathan Taylor



Taylor Thompson
Katie Thwaites
Winston Tidball
Karlee Timmermans
Geoff Travis
Greg Vanaert



Kelli Vandenboer
Alyssa Vanengelen
Michael Vanhevel
Kelsey Vankessel
Danielle Vanos
Jaime Vanriel



Jenna Veens
Justin Veens
Mark Wight
David Willrie



Nathan Wolfe
Bryanne Wouters
Douglas Young



Photo
Not
Available



Staff

"The job of an educator is to teach students to see the vitality in themselves."

- Joseph Campbell



Mrs. Willick, usually busy at work, poses for the camera.

Mr. Singh, Mr. Sands, and Mr. Murree were the stars of the fashion show.

Mrs. Ward and Ms. Kingdon helped to coordinate commencement.

Mr. Moe-rgeli celebrated his engagement with his fellow co-workers.

Mrs. Jory and Mrs. Coleman work hard in the office.

M. Allison
K. Anderson
D. Arthur
G. Bell



G. Blenkhorn
C. Buechler
H. Colman
B. Dare



M. De Carolis
H. DeGroot
S. De Jonge
D. Dumais



B. Fenner
P. Fitch
D. Fraser
G. Gordon



T. Hales
T. Hall
J. Hansen
B. Hartley



K. Homer
R. Hoornweg
B. Howden
M. Jackson



C. Johnson
W. Jory
K. Kingdon
R. Leysstra

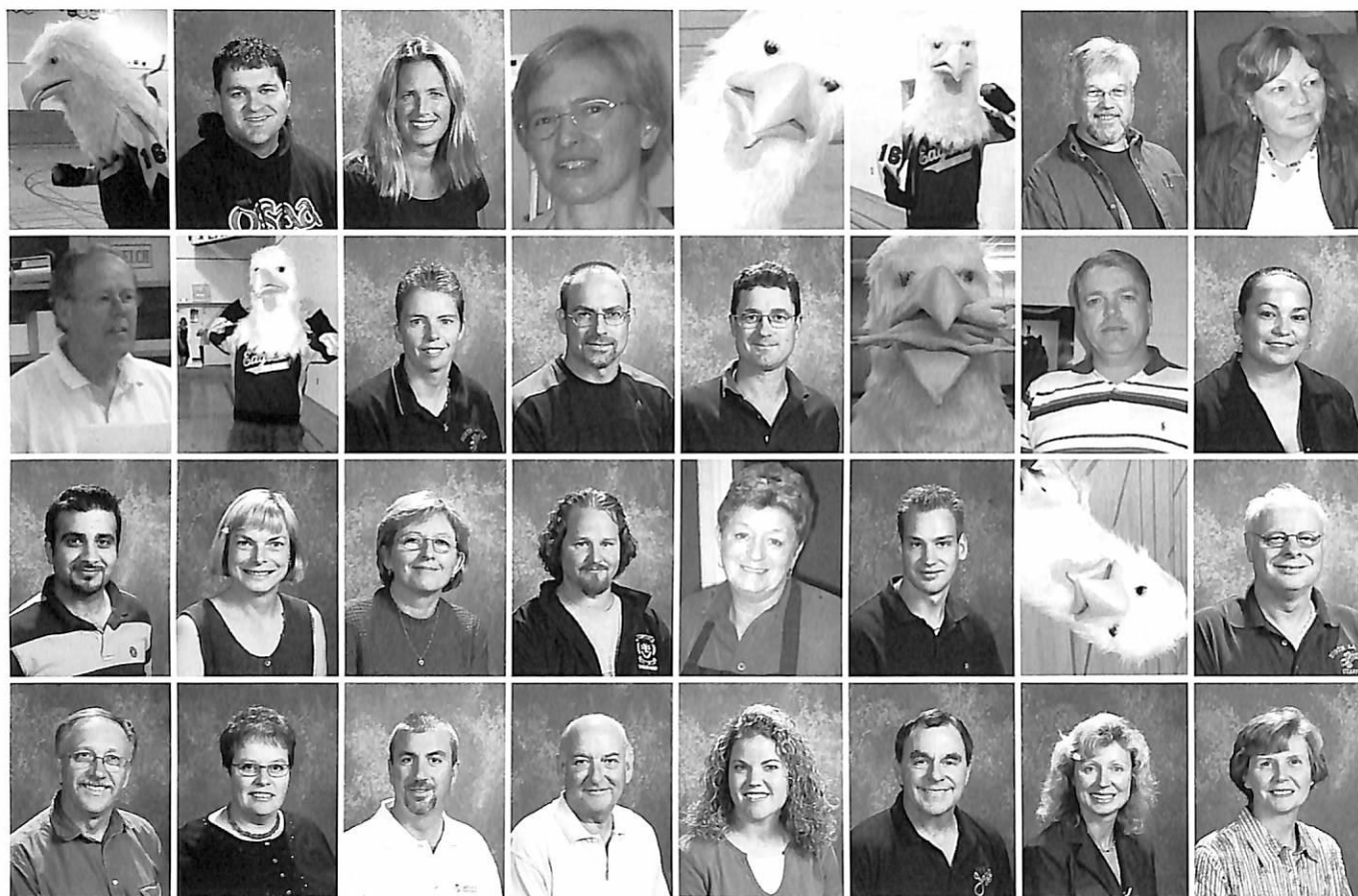


Y. Lowe
M. Mancini
D. Martin
A. Matthews



D. McEwen
D. McLean
A. McRae
U. Moergeli





V. Morrison
G. Murree
A. Oreskovich
S. Osterman
J. Pardo
D. Patterson
B. Perry
J. Prescator

I. Reid
S. Rogan
J. Sanders
A. Sands
A. Schalk
C. Shawkence
G. Sheeler
T. Simon

K. Singh
E. Sippel
J. Sivell
D. Tichenoff
P. Vance
R. Vandenberg
D. Vandenboer
H. Vandervelden

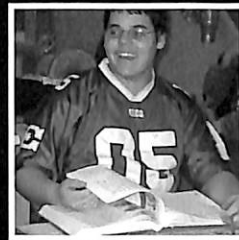
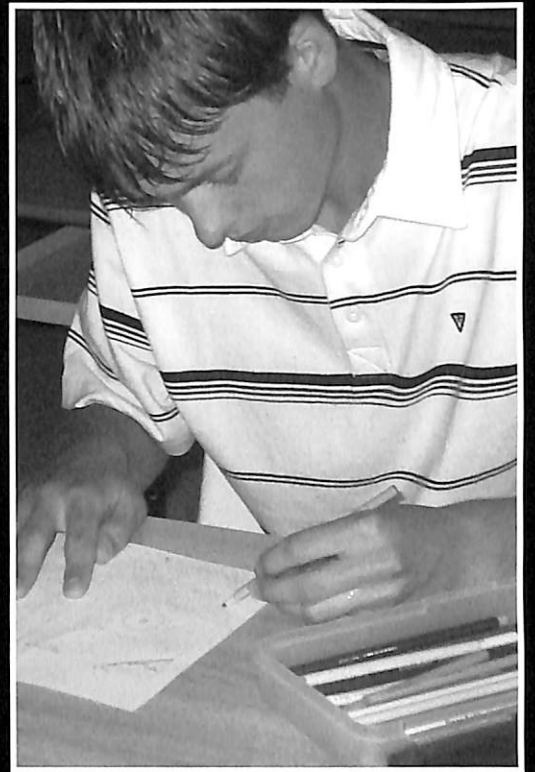
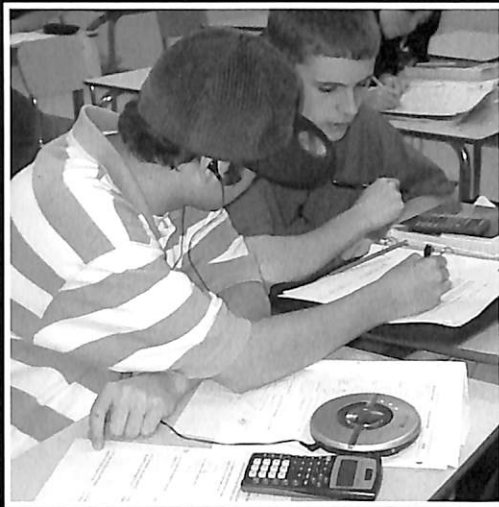
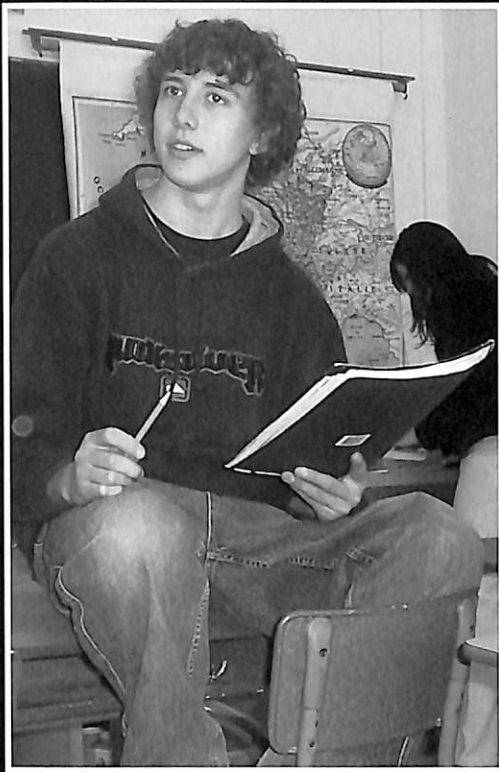
J. Vriesinga
E. Ward
P. Warner
D. Warren
R. Wellington
D. Williams
K. Williams
V. Willick

M. Young



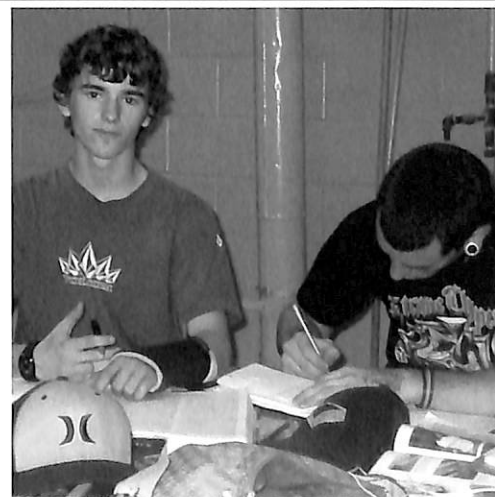
When Mrs. Prescator is happy, she kart-wheels
What Mr. Martin learned this year - to keep
plants alive you must provide them with water.
Mrs. DeCarolis laughs because Mr. Jackson and Hamp-
ton are getting along.
Mr. Jackson poses with his favourite "chicken"
Hampton.
Mr. Murree has decided that it's about time to
clean that mess of an office he's working in.
Mrs. Blenkhorn takes a break from assisting stu-
dents to pose for the yearbook.





Academics At NLSS

...HAMPTON CAPTURES OUR FELLOW EAGLES HARD AT WORK



Numb3rs

MATH

$2+2=\text{fun!}$



Mrs. Sanders shows Maggie Richter what to do!



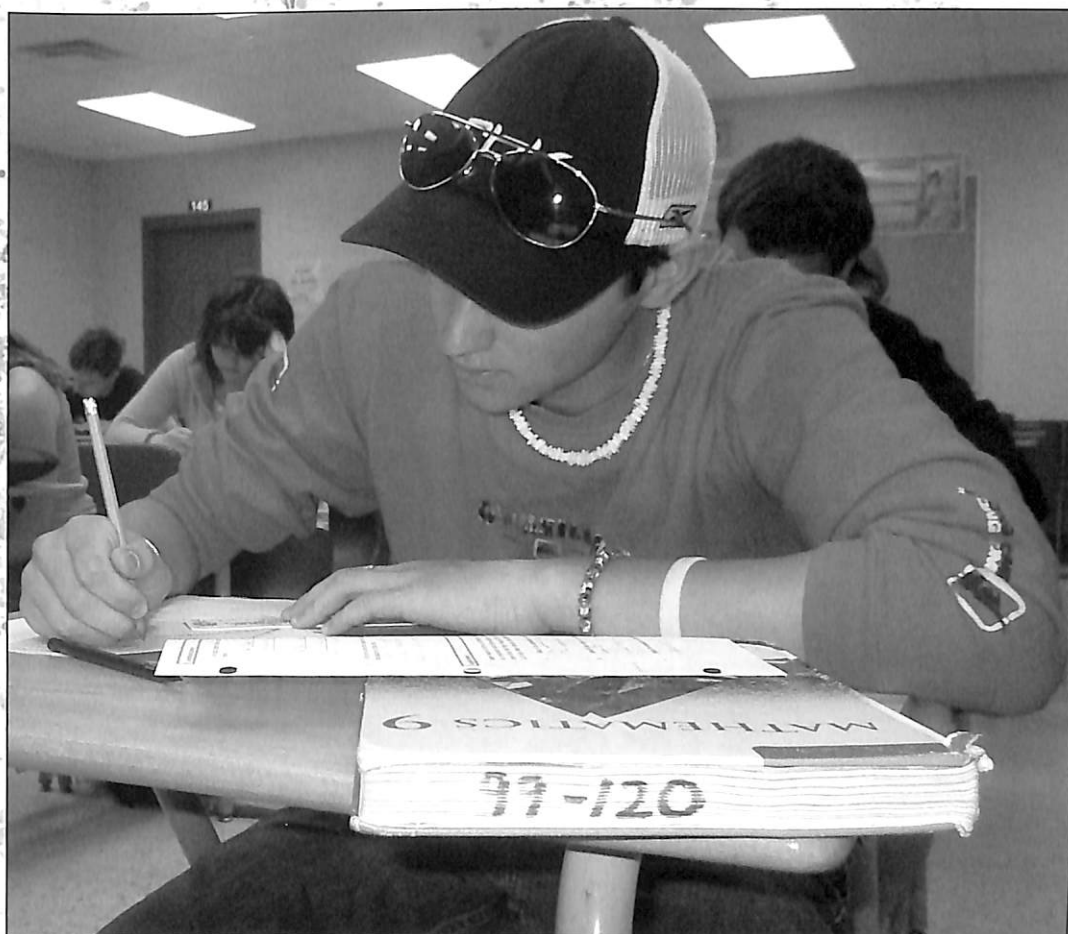
Mrs. Mancini helps out Brooke Wellington.



Allison Vandenhovel and Mr. Young figure it out.



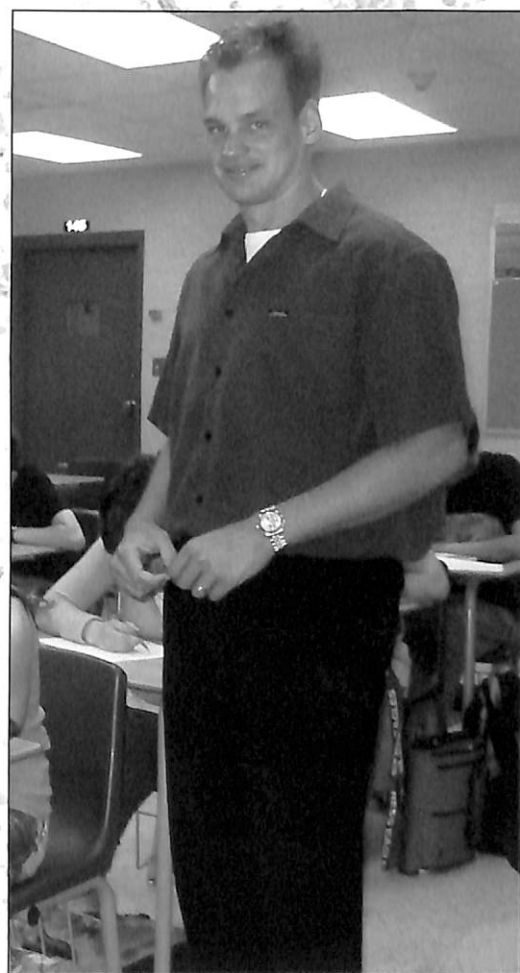
Mrs. DeJonge teaches via overhead projector.



Christian Reinelt hard at work.



Jason Soetemans enthusiastically poses with Mrs. Osterman



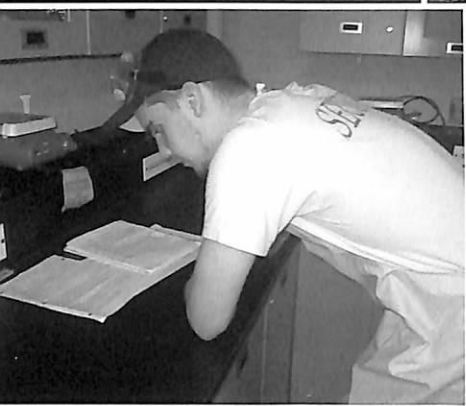
Mr. Vandenberg stands in front of his class.



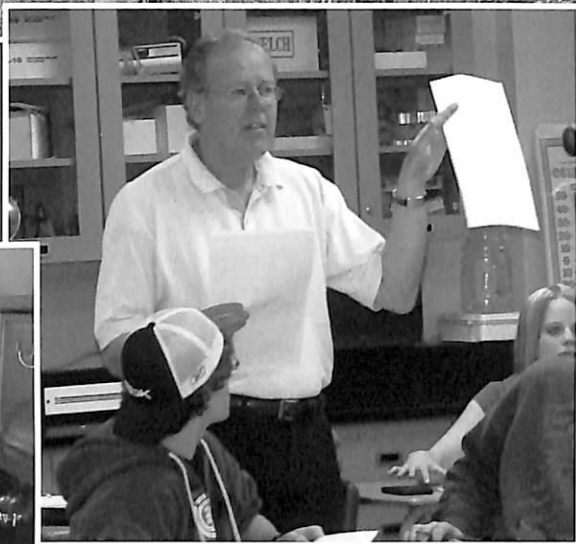
Above: Mrs. Sivell leads the class through a note.



Above: Jessica Stubbs & Linda VerBerk pose for a picture in Chemistry.

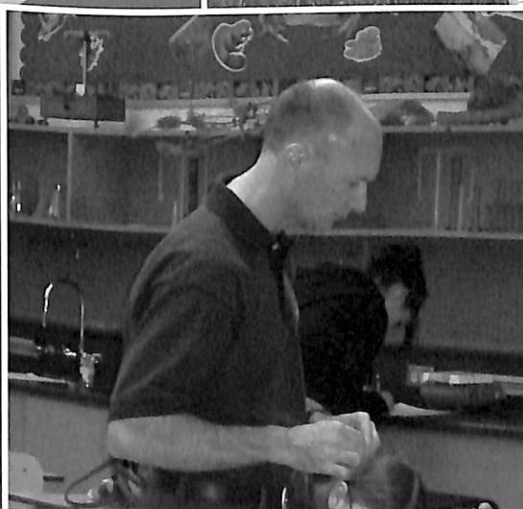


Above: Jeff Soetemans checks over the procedure of the lab he is working on in Chemistry.





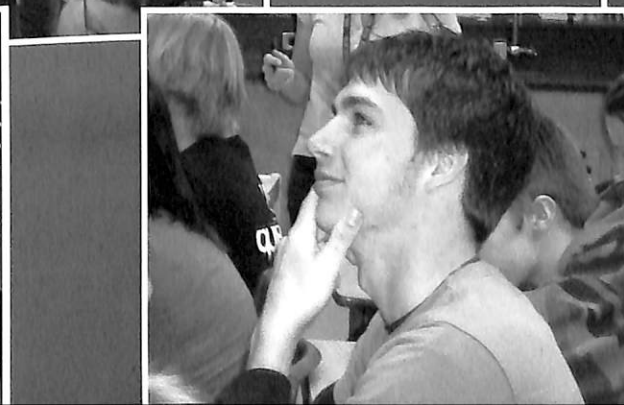
Below: Mrs. Martin waters some plants in the science room for an experiment.

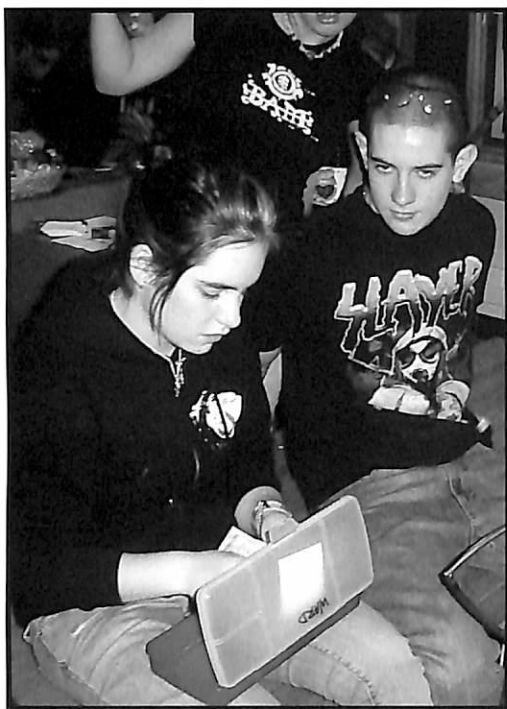


Above: Amanda Blyd sweeps through the long grasses with her net trying to catch some bugs for science class.

Left: Mr. Morgeli answers a student's question.

Below: Eric Thorne thinks hard in his biology class.





Brooke Wellington and Scott Kingston

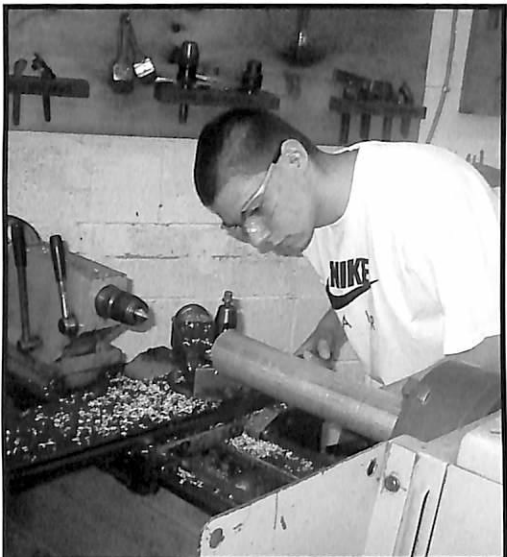


Mr. Gordon shows Ryan Macko how to it



Maghan Gilfyde checks out the Manufacturing Sale

Tech



Jordan Bressette hard at work



Aaron Dortmans polishes up his new ring
44



Trista Arnhold shows her class that she knows how to fix it

Technology: Automotive
Construction/
Manufacturing/
Tech Design

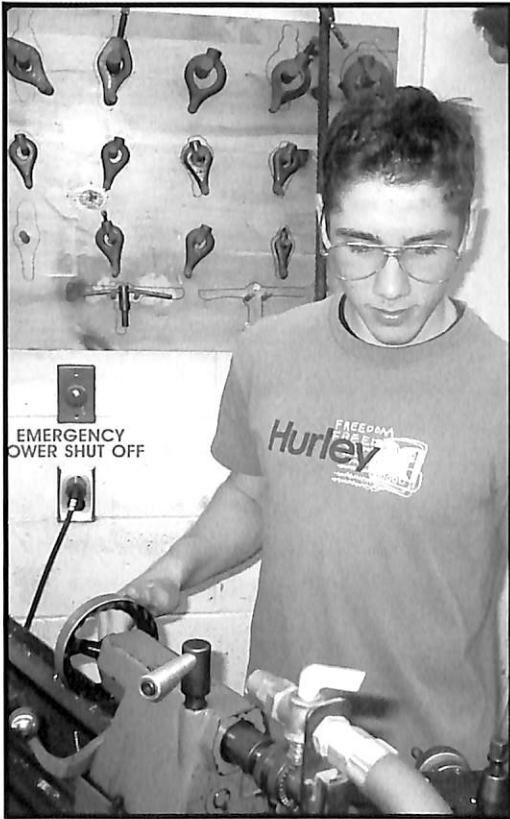


Kyle Hodgins sits back and relaxes

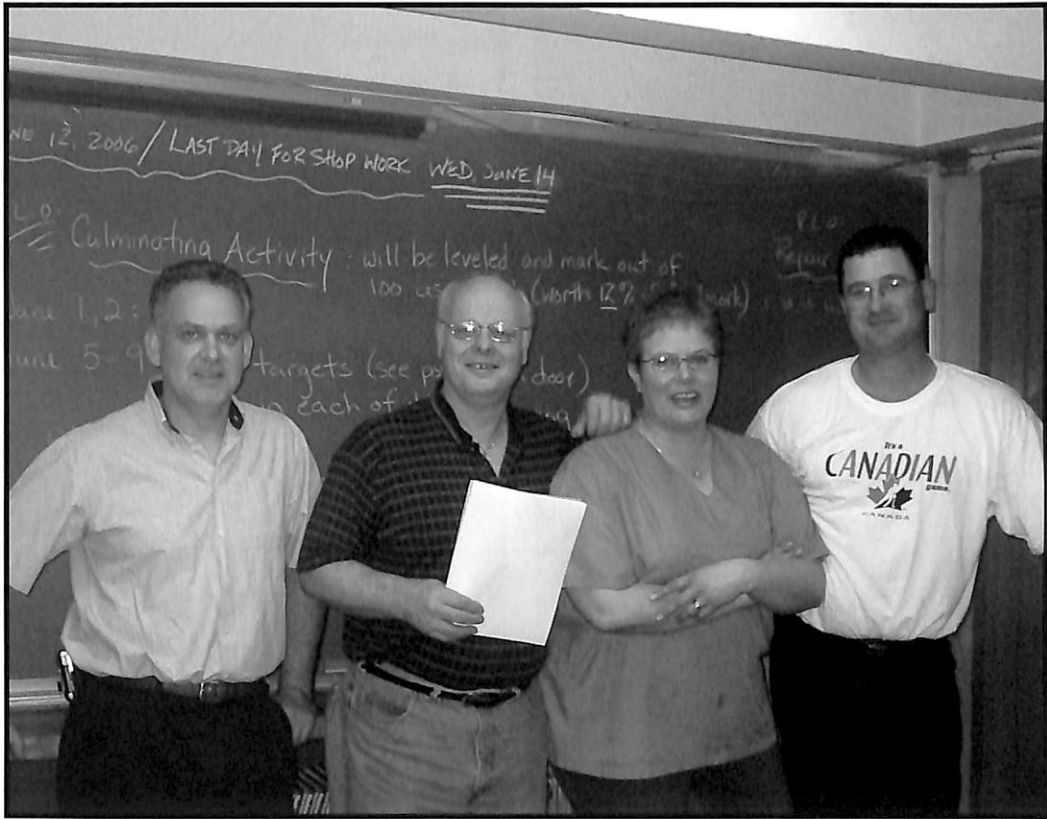


Eric Soepboer, Kevin Downie, Doug Ripley are dressed and ready to weld

BUILDING THEIR WAY TO THE TOP



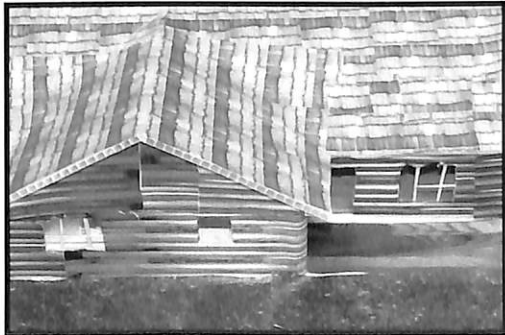
Kyle Bent makes himself a new ring



Mr. Gordon, Mr. Vandervelden, Mrs. Ward, Mr. Schalk/ Tech teachers



Brianne Hughes and Maggie Albert



Samantha Smith



Andrew Rawlings and Matt Brower

Eagles Work it Out



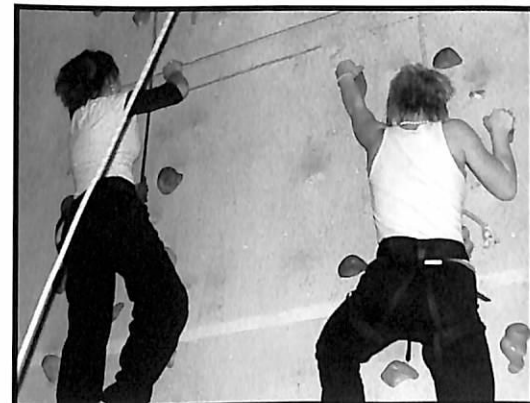
Greg Sullivan and Mike Cassidy try to look tough holding laser guns while on a fitness trip to Lazer Tag.



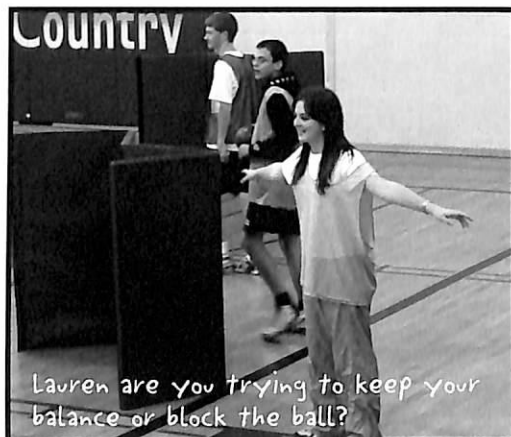
Mike Cassidy, Dan Martelle and Dustin Catt look like they are protecting themselves from something...



Gym and Fitness classes were a little different this year at NLSS. The fitness class did their usual getting fit and tough for the 8km run in from Hubbard Line in Forest. The class also got lucky and had the chance to take a day off from their workouts. They were caught having fun rock climbing in Sarnia and also hitting up Lazer Tag. It looks like the class had a lot of fun as smiles are



Matt Crawford doesn't look like he is enjoying that harness of his.



Lauren are you trying to keep your balance or block the ball?

shining through in every picture. The gym classes also got lucky with a snowy winter that allowed them to venture outside. If you were brave enough to head out you could spot little eagles from the gym classes tobogganing, skiing and making snowmen/women! Mrs. Johnson was a good sport to allow these mighty eagles to participate in such fun and exciting events. Looks like you all had a bunch of fun this year.



Greg Sullivan hides himself behind a mat in an intense dodgeball game.



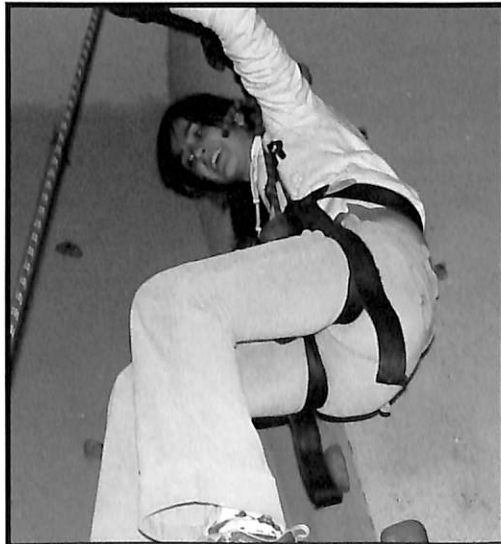
Gym & Fitness Classes



This group of girls from Mrs. Johnson's phys-ed class look to be having a riot as they attempt to toboggan down the mountain of a hill behind NLSS. Hopefully they made it down successfully. Top of toboggan L-R: Taylor Carrothers, Danika Teeple, Riley Gillatly. Bottom L-R: Kirsty Boyd, Janie VandenBerk, Shelby Watson and Candice Worsfold. Hampton gives out a mighty three cheers for good ole toboggan rides.

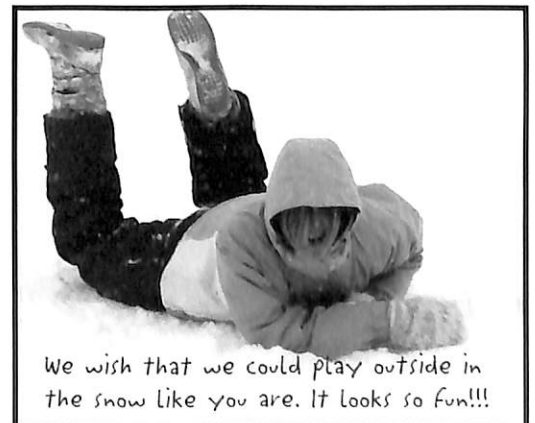


Allison Sweeney and Shelby Watson try to make it across an invisible river in gym class by travelling on only paper.



Bruna DeMello, exchange student Brazil looks like she is having a blast rock climbing on a school Fitness trip.

**NORTH LAMBTON SECONDARY SCHOOL
LIBRARY**



Around the Hampton &



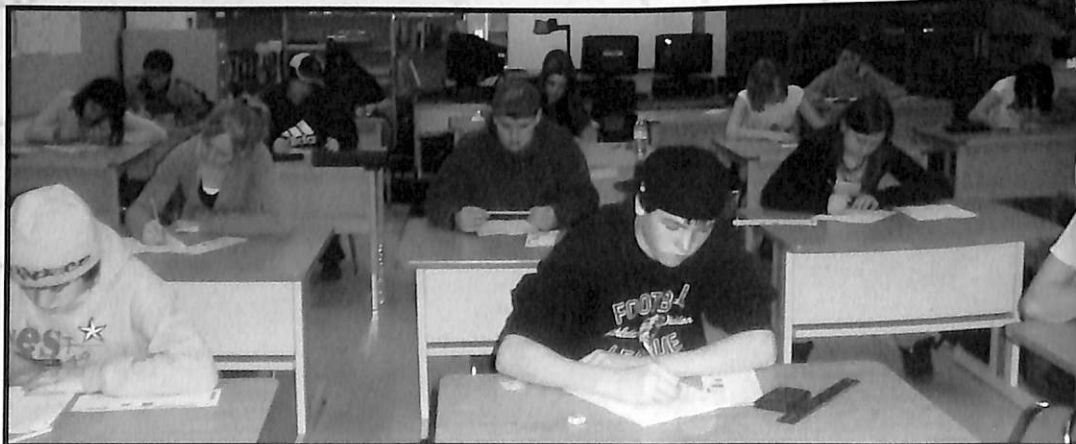
Top Left: Mrs. Dreskovich's grade 9 class shows off their gifts for Operation Christmas Child.

Top Right: Haley Sterling and Ryan Frederick pay attention in class.

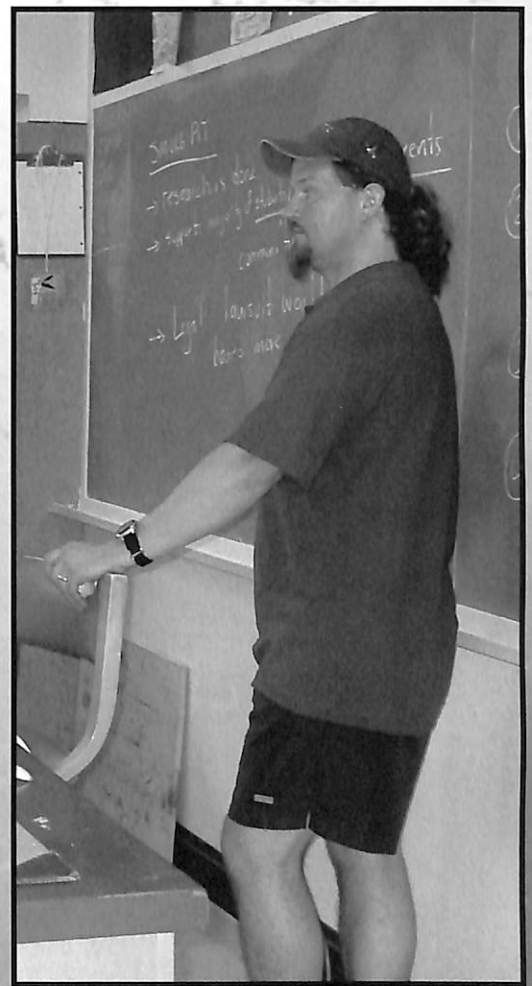
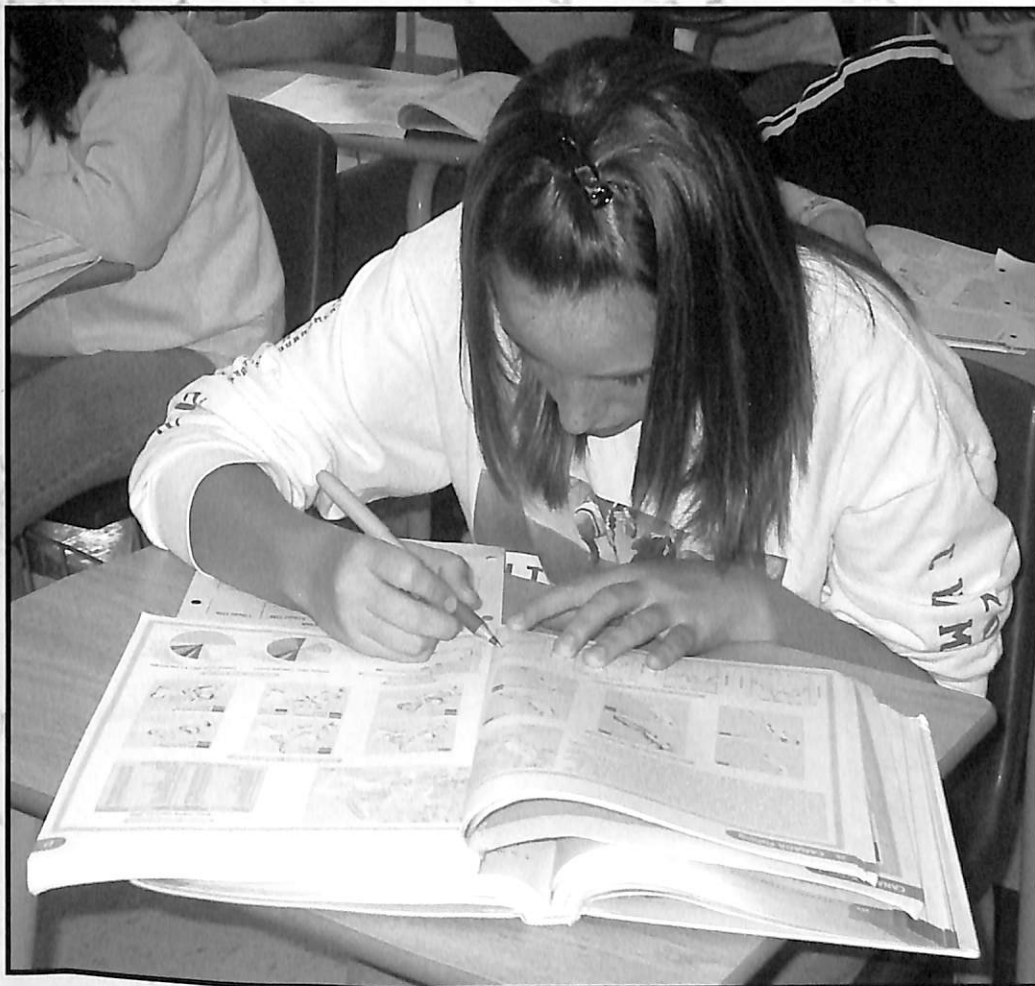
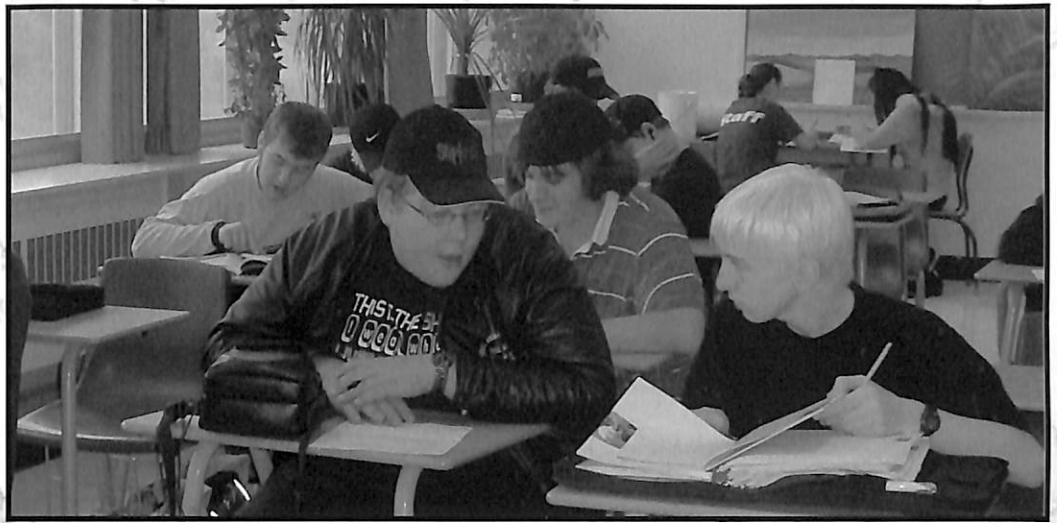
Above: Tyler Bryan participating in a debate for Geography class.

Above Right: Karley Charrette does her class work.

Right: A grade 9 Geography class works on an assignment.



World with the Eagles.



Top Left: Jessica Dorman and Jaime Moore with their gifts for Operation Christmas Child.

Top Right: Kurt Kronenburg and Wilko Ploeg take a break from work to talk.

Above Left: Jaime VanRiel works on an assignment.

Above: Mr. Tichenoff standing in front of his grade 9 class.

Left: Mr. Tichenoff's grade 9 Geography class watches a presentation.

LAYING DOWN THE LAW

Off to court ...on a class trip, that is

This year Mr. McLean's grade 11 law class, along with a handful of students from Mrs. Lowe's grade 12 class, traveled to London to visit the court house and police station.

At the courthouse the classes saw trial segments, plea court, and other legal proceedings. They also spoke with the judge who explained the workings of the Canadian legal system, as well as giving advice regarding what the students could do to succeed in legal careers.

Another stop on the trip was the police station. Here they toured the "drunk tank," shooting range, 9-1-1 call centre, squad car garage, and even forensics.

Student teacher Nicky Maxfield traveled along with the first semester class as a chaperone. Josh Catt, a visiting university student interested in pursuing teaching, chaperoned for the second semester. Librarian Mrs. Fenner chaperoned for both trips.

LAW CLASS



Semester 1
law trip



Semester 2
law trip



Don't worry: Nobody's being arrested.



Doin' time.



The shooting range.

THE TEACHERS



Mr. McLean



Richard Delitala eats his pen while Jodi Vanheron discusses law with another.



Mrs. Lowe



Marissa VanEngland, Kelly Hackney, Larissa Emmons, and Kaley Sisler do some intense group work.



Little did they know that every move they made in the "drunk tank" was caught on a closed-circuit camera!

Kaley Sisler and Marissa VanEngland get a little help from Mrs. Lowe.

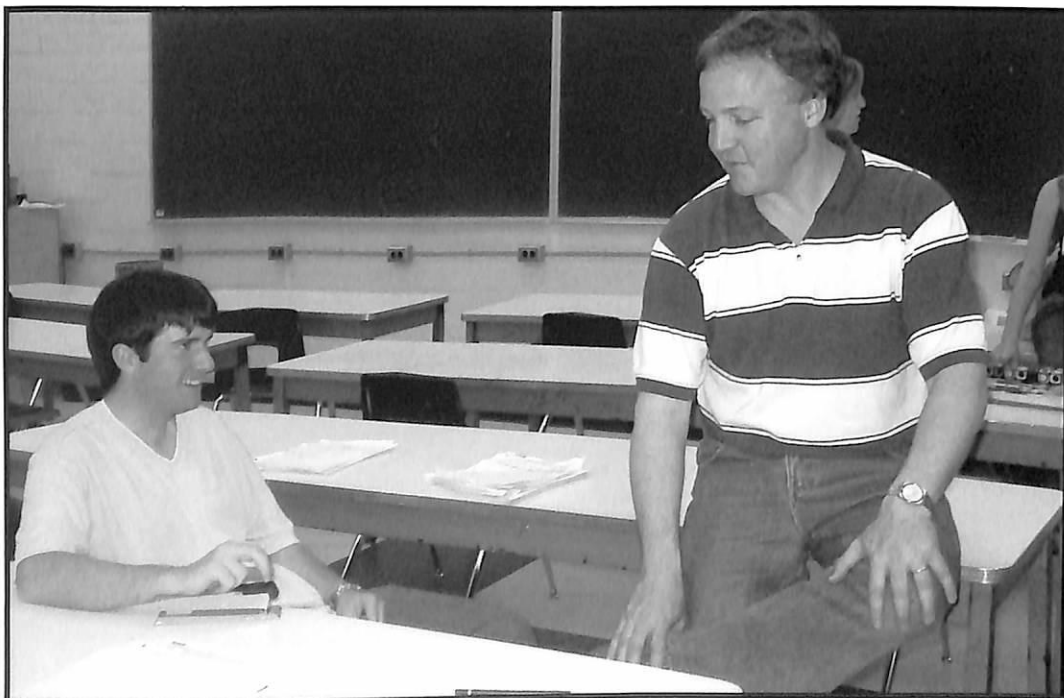
History

A LOOK BACK WITH HAMPTON

This years history class took a trip to Toronto. In Toronto they went to the Art Gallery of Ontario and the Royal Ontario Museum.



History Class stands outside the Royal Ontario Museum in Toronto



Mr. McLean discusses history with a student volunteer from university, Josh Catt



Mackenzie and Devon Sanger take a break

CO-OP

Hampton's Hard Workers



Mr. Warren does his job by finding co-op's for each of his students.



Krista Dewsberry has a little fun with some of her friends in co-op.



Kyle Gilliard works to finish a deck.

The Co-Op program offers many different job placements for students to get a grasp of working in the real world and getting their feet into the field of work they want to get into.



Dani Cadieux loves taking care of the animals at her veterinarian co-op.



Lori Maxfield tells fellow students about her co-op at kinwood public school.



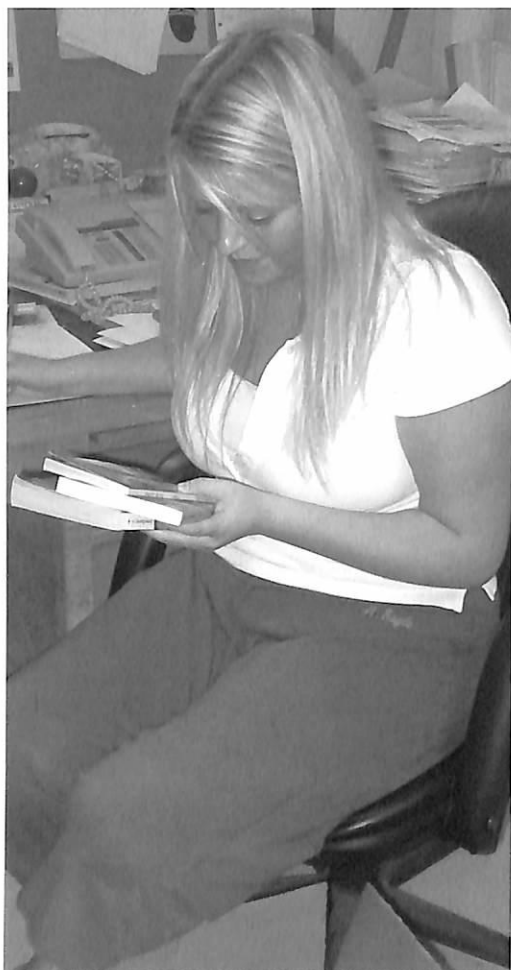
To share his experience David Lacey attended the co-op fair.

Criss Ketalsin takes a look at the co-op fair booths.

Tutoring it up!

This year many students gained a credit by peer tutoring. In doing so, they were able to not only pass on their knowledge and experience, but also learn valuable communication skills.

PEER TUTORING



Jake Campbell enthusiastically motions for Mrs. Johnson's Gr. 11 Fitness class to begin.

Josh Breset protects Keith Smith in the weight room.

Morgan Hutten (back right) is right in the action of Mrs. Johnson's Gr. 10 gym class.

Lindsay Kelly, Kaley Sisler, Brittany Broderick, Sarah Rutten, Hilary Lean, and Greg Sullivan. (left to right, back to front)

Stephen Swift enseigne le français à la classe de gr. 9 de mme. DeCarlis.

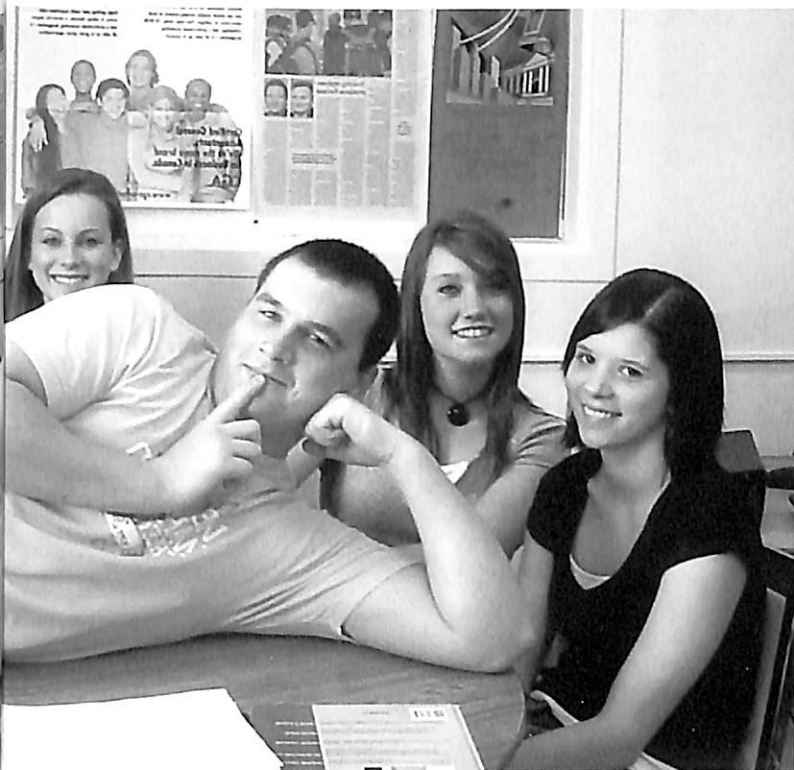
Dayna Vandenboer is hard at work sorting Mr. Fitch's english novels.



BIG money

THINK BUSINESS

Highlights of the year include The Entrepreneurs Fair, Paper Dolls Incorporated, a memorable Gr. 12 accounting class, and the Amazing Accounting Race participants in Gr. 11 accounting.



Brittany Curtis and Kayla Avery realize the obvious and create "candy pizza."

Michael Cassidy, Shaina Vanos, Steve Soetemans, and Kyle Williams show off their paper dolls.

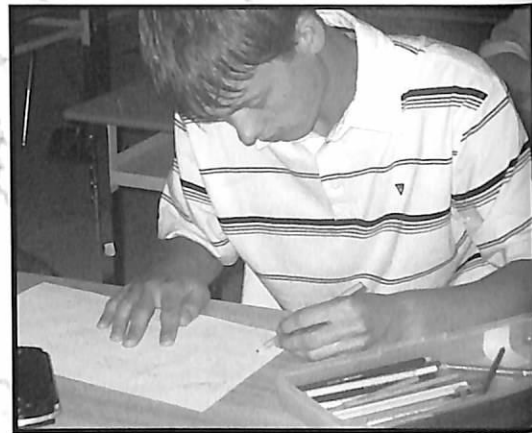
What a pity that the major networks didn't pick up on this unique reality show idea. Actually, this was an activity Mrs. Lowe's Gr. 11 accounting class did.

Gwen Williamson, Rachel Burr, Meghan Flett, and Becky Brissette make a name for themselves selling a variety of items.





Hampton's Technology: Computers at NLSS



Top Left: A grade 9 Business class.
Top Right: Mitch Dudman colouring in a layout.

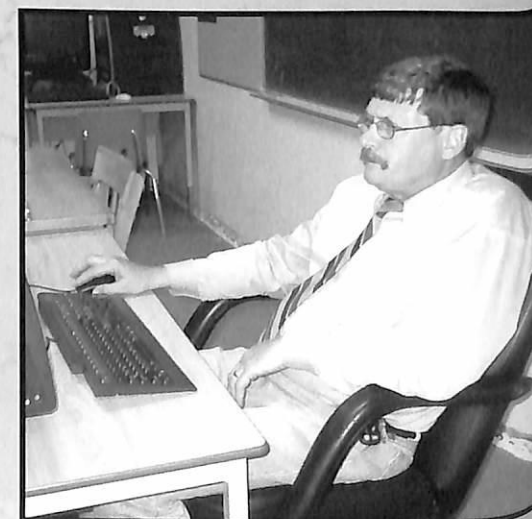
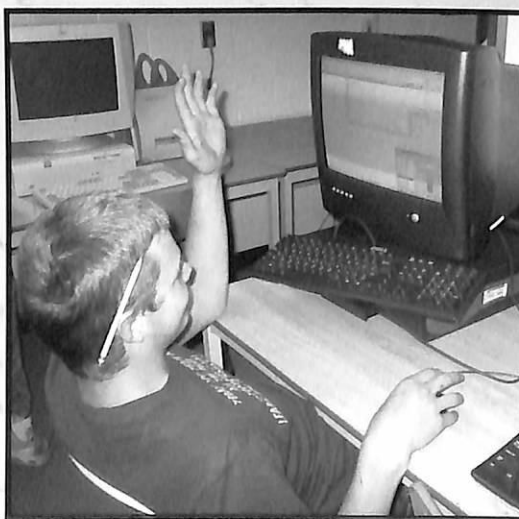
Above: Dave Klumpkins and Jacob Burr building model houses.

Right Top: Nathan Melchers measuring materials for his model house.

Middle Right: Jason Parsons at a computer.

Bottom Right: Mr. Hoornweg hard at work on his computer lessons.

Right: Chad Verbern has a question.



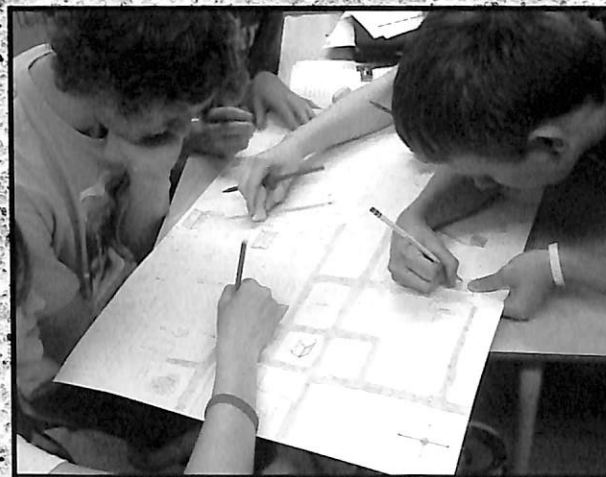
Civics and Careers



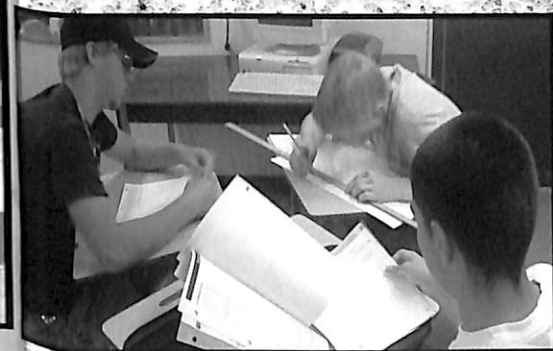
Amber Dellow and Jodi Burns have a blast practising for real life job interviews.



Christine Parsons working very well independently.



Vewita Campbell, Daniel Reckman and Eric Soeboer working hard on their culminating activity.



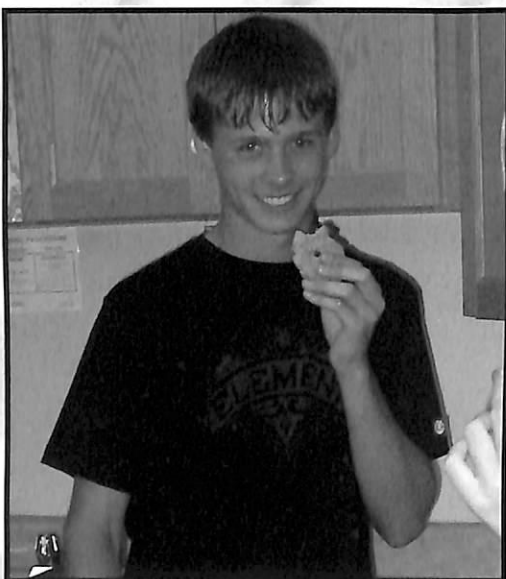
Justin Rigby, Dirk VerMeer and Jordan Bressette are very focused on their work.



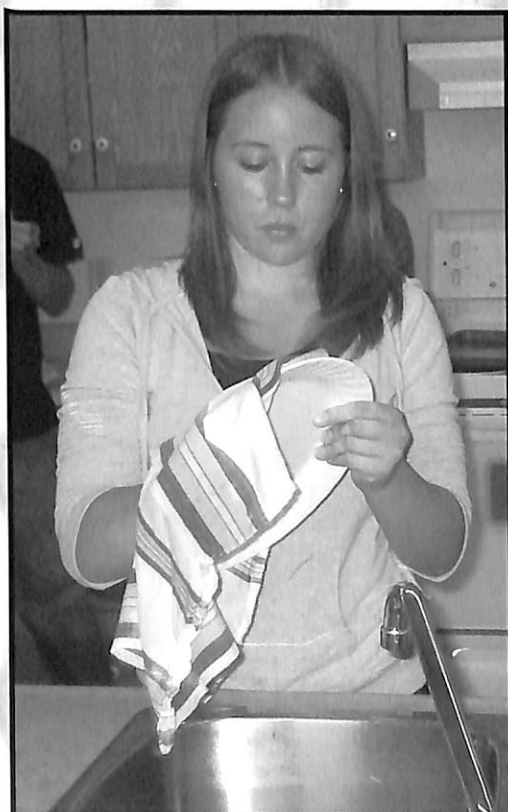
Candace Farr And Jarret VanKessel working hard.



Hamptons Feeling Hungry!



Top: Bruna DeMello bags her cookies.
 Top Right: Randi Greenbird in Foods class.
 Middle Right: Jessica Lucier tries some dessert.
 Middle Far Right: Alyssa Hoskin washes dishes
 Above: Mitch Dudman thinks his cookies are great.
 Left: Ashley Courtney takes her cookies off of the pan.
 Right: Kate Burman in Foods class.



Top Right: Kate Burman shows off her cookies.

Above Left: Meagan McGregor and Kayla Brennan clean up.

Above: Meagan McGregor eat their cookies.

Far Left: Angela Faulds dries dishes.

Above Left: Ashley Courtney and Kate Burman in Foods class.

Left: Kaitlyn Thuss tries her dessert.

Every Eagle Must Leave the Nest

Parenting class at North Lambton is anything but easy. Taking home baby that will cry for the hole night is only for the committed future parent. Our young eagles, however, handled the challenge with enthusiasm. Thanks to Ms. Pardo who has the stamina to teach this class, the next generation of egals are in good hands.



Cheyenne Slegers meets her new baby.



Shane Lockery, Melane Gooding, Julie Cole and Stacey But pose during class.



Mallary Zavitz as happy as can be.



Jessica Moloy, Katelyn Mackenzie, and Candace Cane, third times a charm.

The mother in Stacey Vanreal breaks through as she nurses her young child.

Playing With the Future



Living and Working with children is a course that has proved a learning experience for those who wish to take an indepth look into working with children and learning how to interact with them. Part of this course includes a play day were hamptons finest bring in young vistors. The future is bright as our egals in traing vist The school.

Lauren McLean spent the day with Lirua McDougall



Lindsey Wilson takes a walk in the hall.

Morgan Weeks brought in her young nabour to school for some fun times.

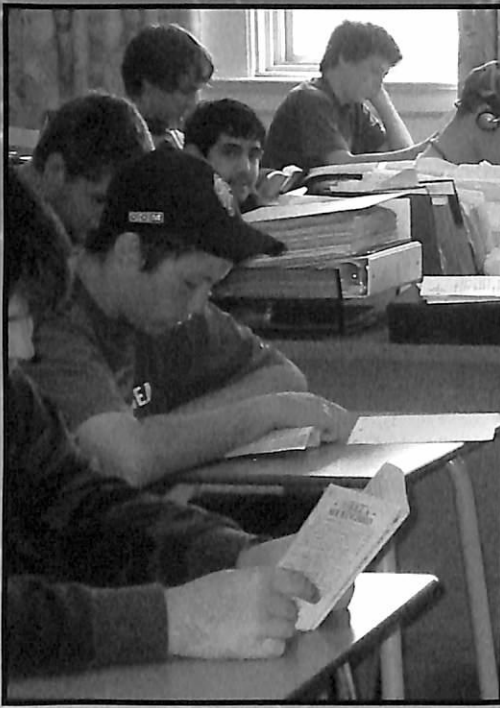


Darin Tomis plays with one of the kids.

Tyler Rawlings and Anthony Boyers talk to one of the young visitors.

Ashley Andriash and Alex Pearson are haveing fun with craft time.





Above: Mrs. Pardo's grade 10 class reads 'To Kill A Mockingbird'.

Right: Emma Delitala and Tyan Bailey
Above Right: Mrs. Simon's Ojibwe class.
get ready for Mardi Gras.

Far Right: Mrs. Matthews watches a
Native dancer.

Below: Visiting Native drummers.

Below Right: Ms. DeCarolis and student
at their French class' Mardi Gras.



LANGUAGES



Above: Mr. Perry grades papers.



Above Far Right: Michael Vanheaval and Travis Brown prepare for Mardi Gras.

Above Right: Ms. Simon's Ojibwe class.

Right: Kelly VandenBoer, Dayna

Rawlings and Mr. Fitch take a break.

Far Right: Ms. Prezcatior

Right: Ms. Kingdon

Below: Ryan Stevens his homework.

Below Left: Jessica Baillargeon shows off her Mardi Gras mask.

Below Middle: Students reading 'To Kill A Mockingbird' in English class.

Below Right: Ms. Park reading at her desk.



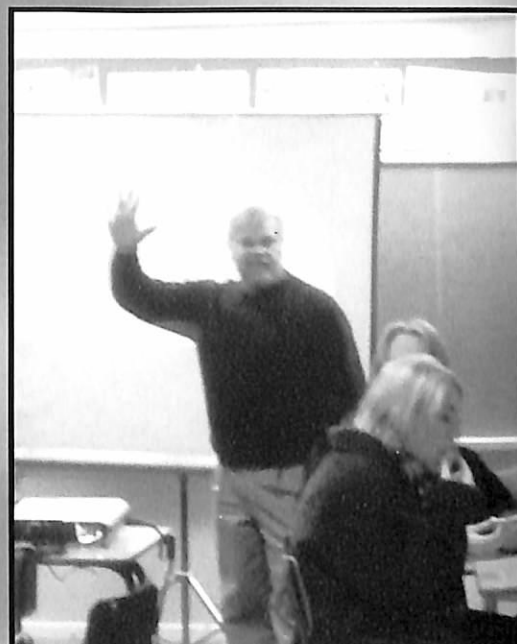
English



Philosophy



The grade 12 philosophy class.



Get back to presenting, Mr. Perry!

A new addition

The first year of philosophy class at NLSS

People wonder: Where did I come from? Why am I here? Where am I going? What is beauty? What is knowledge? What should I do? Not do? What lasts? What doesn't? Life's big questions. Wonder — the foundation of knowledge.

Everyone who asks these questions is doing philosophy. This year the first-ever philosophy class came to North Lambton and students began to cut their intellectual teeth on these and other big questions.



Anna Nevstater doesn't quite seem to like this item from the Philosophy Café.



Zack Moore doin' some notetaking.



Krista Dewsbury takes a break from her studies.



A group of philosophers deep in thought.

Horticulture

making Hampton's home beautiful



Mrs. Leystra smells the roses.



The Horticulture class works hard to make our school look good.



Lora Vail & Sasha Ross trim and rake.



Horticulture is not all sun and roses.



Sari Vossen works in the greenhouse.



Mel Burr waters the flowers.



Chanelle Stephens pulling nasty weeds.

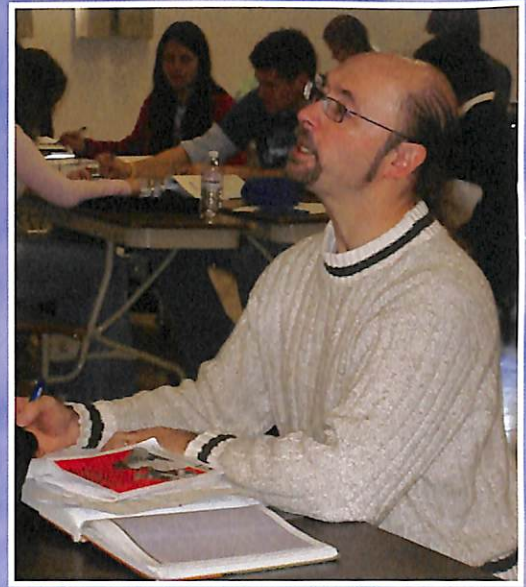
A woman with blonde hair, wearing a black short-sleeved shirt, blue capri pants, and black sandals, stands in a classroom. She is pointing her right index finger at a large world map on the wall. The map shows the Americas. Below the map, there are several papers pinned to the wall, including one titled 'CASA' and another with a '1' in a box. To the right of the woman, there is a white storage bin and a blue object. The wall has a green horizontal stripe.

A large group of students and two adults are posing in a classroom. In the center, a boy holds a red and green box. To his right, another boy holds a book titled "GOD". In the foreground, a black book with an orange cover lies on a wooden table. The background features a green chalkboard with the word "BIBRARY" visible.

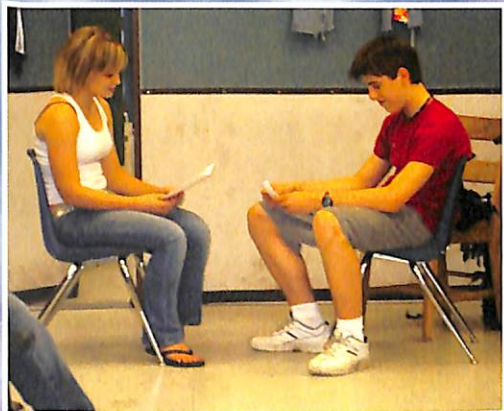
LIGHTS! CAMERA! ACTION!



Mr. Dumais' First semester Senior (11-12) drama class gathers intently for their performance in this years murder mystery, "Eighteen Nervous Gumshoes".



Mr. Dumais watches his class on stage from a comfortable seat in the caf.



Chantel Masfrankc and Micheal VanHevel concentrate hard on practising their lines.



Some enthused actors/actresses pose for a goofy photo.



An intense scene in "Eighteen Nervous Gumshoes" where they find the murder victim.



Rachel Burr, Dayna VandenBoer, Christina Greenwood, Sam Billings, Becky Healy, Kelly Forbes and Carla-Ann Harrison have some laughs while preforming "Some Bunny Loves You".



Kaitlyn Pettigrew and Cody Street are performing a scene for "Some Bunny Loves You".

The Beat



Top Left: Grade 9 Vocals perform at Bonaventure.

Above: Joey Vansteenkiste plays bari sax in one of Jazz Band's foyer concerts.

Below: Shilo Shawnoo and Amanda Anderson play at Commencement.



Senior Band



Above: Senior Band

Above Right: Vocal Connections

Right: Brennan Boris plays tuba in the grade 9 band.

Far Right: Janelle Melo and Courtney Smith play flute in the grade 9 band.



Grade Nine



Goes On

Far Right: Cameron Mennen plays the saxophone in the grade 9 band.

Right: Mrs. Williams conducts at Music Night

Below: Derek Campbell plays bass guitar at Commencement.

Below Left: Vocal Connections perform at Bonaventure.



Vocal Connections



Far Right: Joey Burnley plays the tuba.

Right: Lindsay Kelly plays the keyboard

Below: Garret Ritchie and Zach Moore play the trumpet at a foyer concert.

Jazz Band





Front Row L-R: Danika Teeple, Tania George and Justine Sheppard
Back Row L-R: Jaylyn Harrower, Ashley Courtney, Christine Parsons and Cassie VanEngelen



Tyler Rawlings shows off his stepping stone of a devil he made in art class.

Eagle Art Students



Katelyn McKenzie is just starting what looks to be a beautiful landscape.



Danika Teeple is hard at work painting.



Zack Fleming is working on his water colour landscape painting.



These young ladies are concentrating hard on their conté masterpieces.



Dawn Redskye sure has a lot of talent. The portrait she is painting is amazing!



Shawana Redskye is working on a sculpture in her grade ten art class.

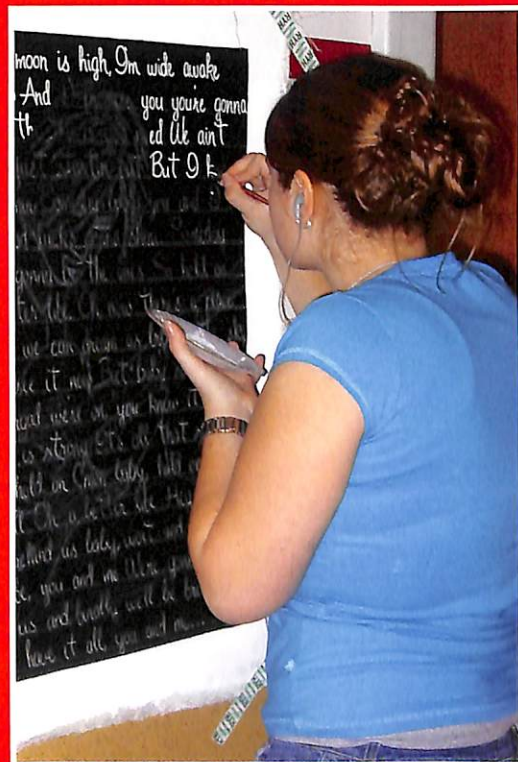


JayLyn Harrower works on a lovely painting in her grade ten art class.

Inside Their Creative Minds



This group of art students are displaying prize winning artwork from the Forest Fall fair. In back row L-R: Allan Augustine, David Campbell, Cassy Thuss, Julie Stewardson, Dawn Redskye and Christine VandenBerk. In front Row L-R: Brittany Maxwell, Danielle Cadieux and Perry Douglas.



Julie Stewardson is hard at work painting a picture of Keith Urban with his lyrics in the background. Good work!

Learning the Ropes

-Rock Climbing



Left: Hanging by a thread Mrs. Johnson joins the rock climbing activities.

Above: Mallory Core embraces her high altitude with enthusiasm and style.



Above Left: Kayla Hurkmans peaces out from the ceiling.



Above Middle: One of the rock climbing instructors holds in his frustration while Tom Adams poses for the camera.

Above Right: Alycia Allan, Amanda Anderson and Kim Moniz.



Right: Ashley Gibson and Kayla Hurkmans grin as they prepare to scale new heights.



MEDIA ARTS

...It's A Digital
World...



This year's Media Art class was successful in making new masterpieces on the computer

Alannah Fanset's twelve panel project looks so good it'll make you want some fruit.

Cassy Thuss created a "new kid in town" for the media art class.

Cassie Van Engelen works independently on her twelve panel project.

Perrie Douglas shows us where to find the wild things with this new bag for Chapters.

This advertisement by Katie Rivers is going to be the next big thing.

Kori Garside sets Esther Campbell straight on her project.

Hampton's Haute-Couture

FASHION design at North Lambton



In fashion class, these young ladies have learned how to use the sewing machines and are now putting their knowledge to work.



Fashion Show



Jenna Hill, Morgan Hutton, Sarah Downie and Joey Burnley stride with pride.



Mr. Tichenoff and his sons in formal wear.



Greg Vandenberg shows off his suit



Mr. Singh, Mr Murree, and Phil Matsie



Amy Wygergangs struts her stuff



Carla-ann Harrison lounges before the show



Tieha-Jean Saulnier walks the runway



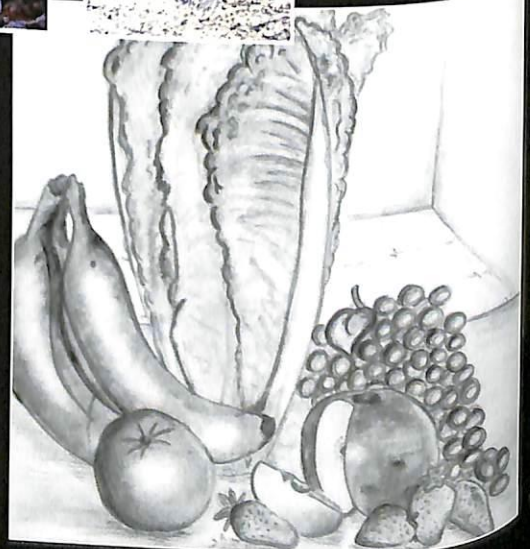
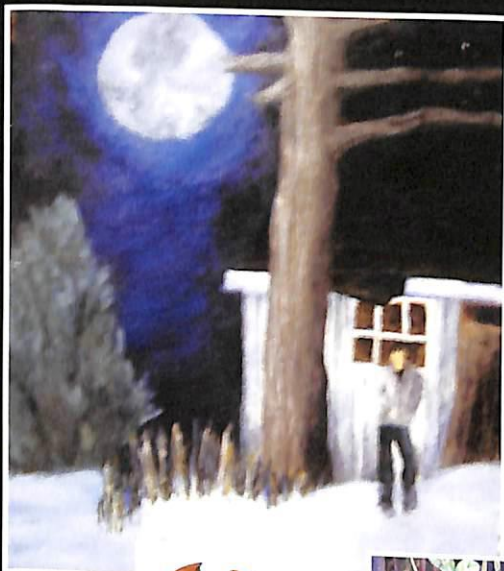
Becky Healy and Sydney Dobroski

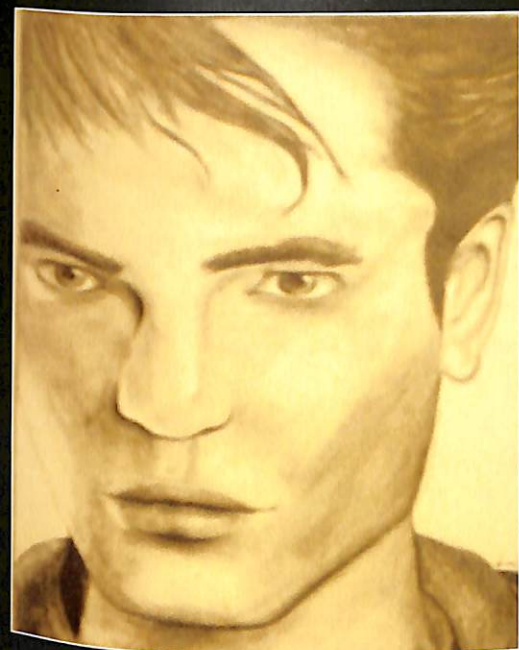


Sarah Downie shows off a summer dress.

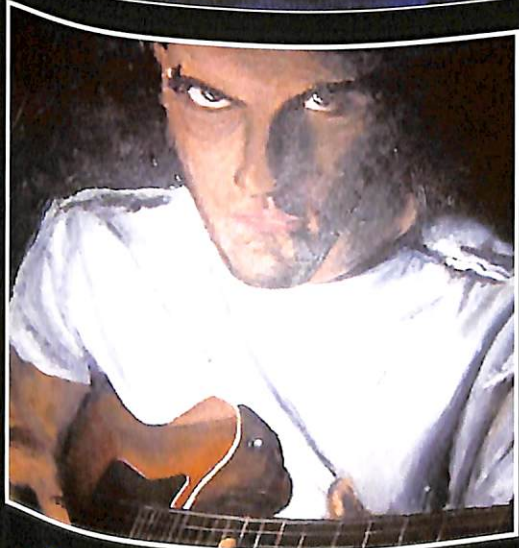
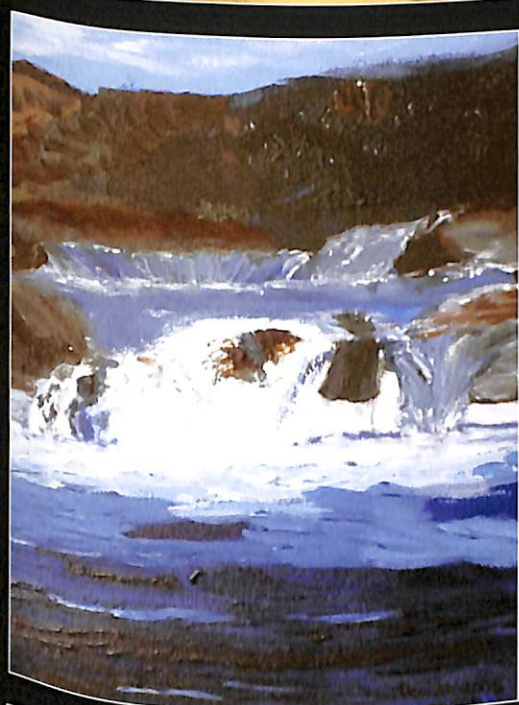
ARTWORK

"True Canadian North" - Anita Verberk
 "Fire in the Woods" Christine Vandenberg
 "Gargoyle" Tyler Rawlings
 "Kyle Outside" Perrie Douglas
 "Scratch" Dawn Redskye
 "The Tango" - Julie Stewardson
 "Still Life" - Bryanne Wouters
 "Rosie" - Danielle Cadieux
 "Fork in the Road" - Maggie Albert
 "Emily Haines" - Cassy Thuss
 "Fruits and Veggies" - Kayla Clark





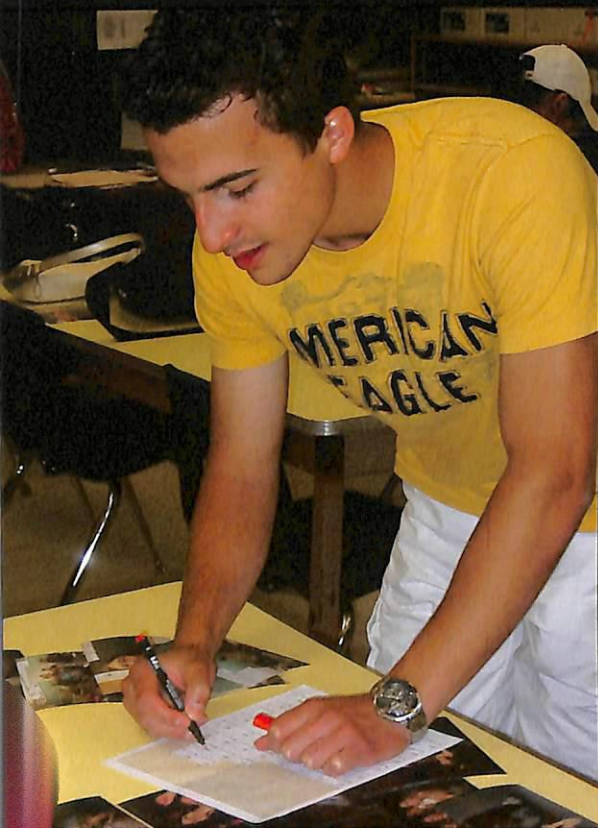
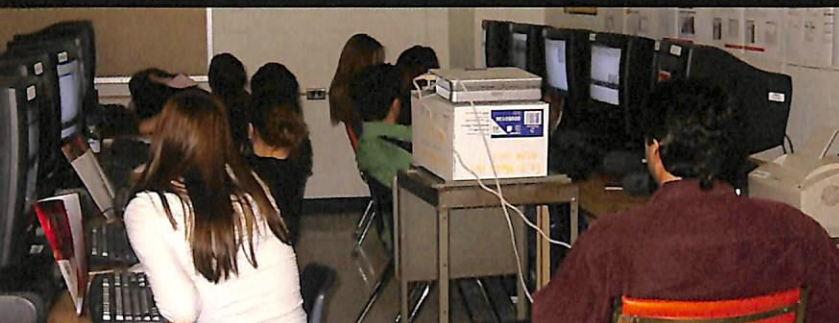
"Cedric" - Jessie Moore
 "The Falls" Brent MacLachlan
 "Elephant" - Bryanne Wouters
 "Ryan" - Danielle Cadieux
 Grade Nine Medicine Pouches
 "Clay Sculpture" Malorie Zavitz



"The true work of art is but a shadow of the divine perfection"
 - Michelangelo

Meet the Makers

A Closer look at the 05/06 Yearbook Class



Jodi Gale, Shaina VAnos, Becky Willsie, Meghan Watson, Jessica Morris, Jessica Kingdon, Jamie Sterling, Mary Houle, Julie Stewardson, Albert Delitala, Jessie Moore

So here they are... your 2005/2006 yearbook creators - another group of Hampton's Heroes. They deserve a huge round of applause! All 11 members worked extremely hard this semester completing 144 pages of fabulous memories under the guidance of Mrs. Buechler as yearbook editor

and Friesens Advisor, Brad Efford.. The creation of a yearbook is not an easy job. It takes a lot of dedication, organization enthusiasm and creativity; the traits present in many of the student who produced this book. We would like to thank all the staff and students who contributed

to these pages - we truly appreciated your input. We are pleased, and proud, to present to you our best efforts and your heroes. May you look through these pages and be happily reminded of the totally rockin times you've had at North Lambton over the past year! Peace Out!

The 05/06 Yearbook Class

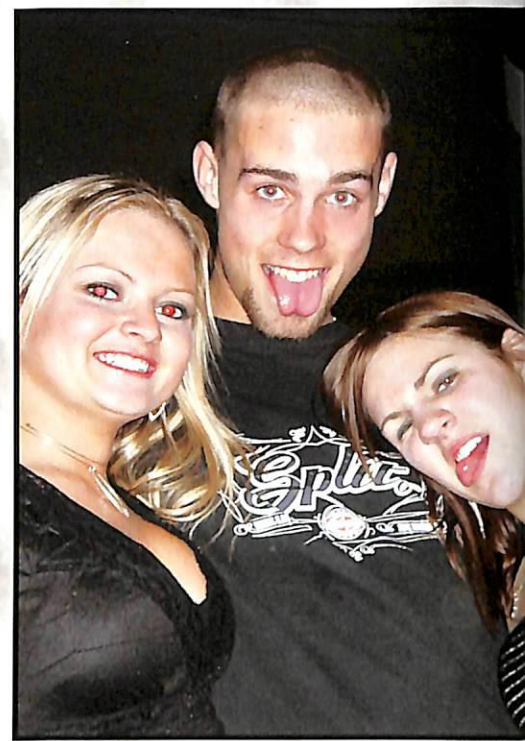
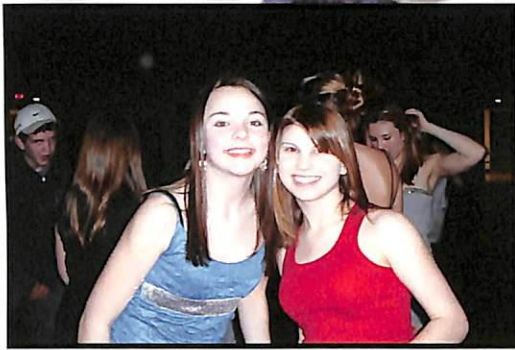


Student Life

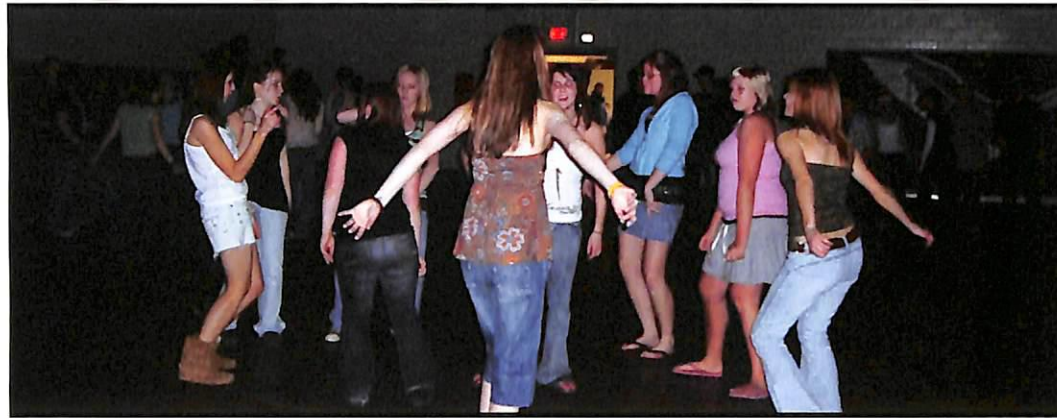
...Hampton's singers, dancers, challengers, and loungers



Video Dance



Becky Healy, Kyle Vanmoorsel and Kelly Forbes show that this year's Video Dance was a blast!



Some grade 10 girls strut their stuff in the middle of the dance floor.



Riley Gilattly, Gary Vandershoor and Mallory Core dance up a storm on the speaker.



Hampton's Visitors

From A Far Away Land



This year we were lucky enough to have seven exchange students come visit North Lambton.

Abel Sanchez, Judith Bouchier-Vegis, Antoine Chaussinand, Bruna Justa deMello, Michal Liptak, Christina Olivotto, and Hanna Widmer graced us with their presence throughout the year.

Jarret Vankessel, Abel Sanchez, Antoine Chaussinand, Michal Liptak, Lauren Gilfoyle, Christina Olivotto, and Judith Bouchier-Vegis all participated in Extreme Challenge with the name "The Internationals."

Shelby Watson and Abel Sanchez strike a pose for the camera.

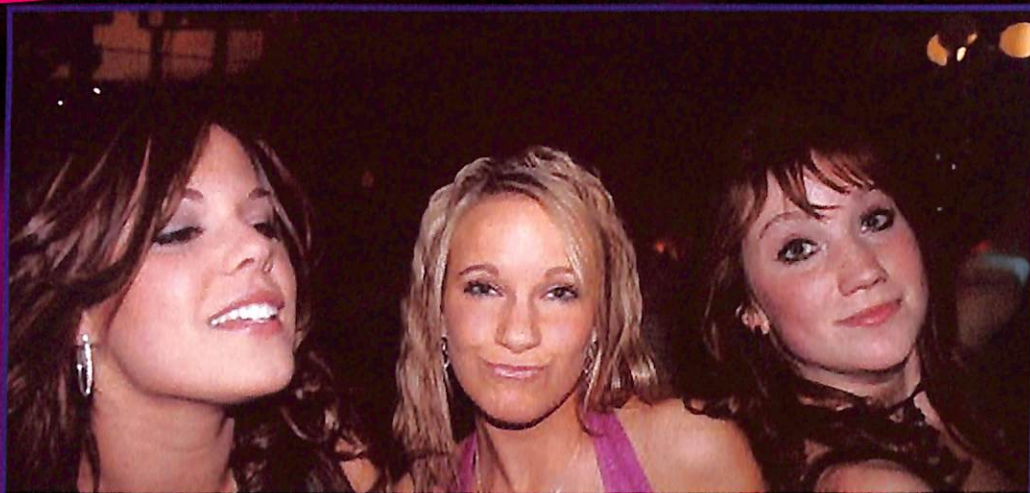
Bruna and Michal became friends at North Lambton this year.

Lauren Gilfoyle prepares to leave for France by dancing around in an Eagles jersey.

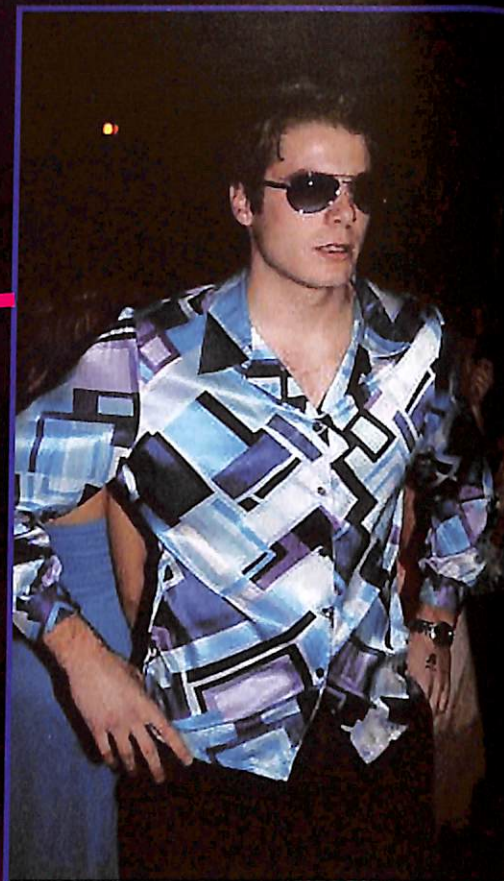
Antoine and Candace Farr shared a great time together outdoors.



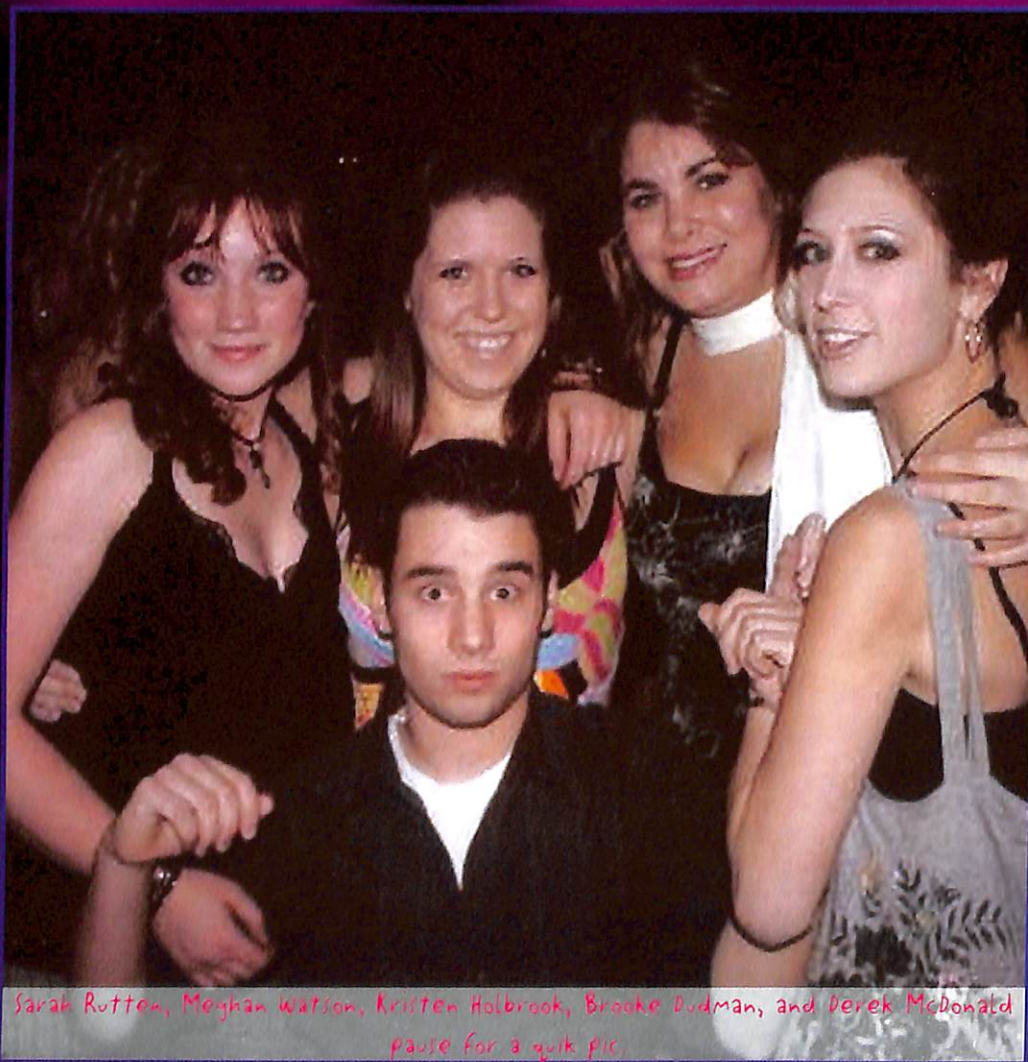
A Night at the semi- formal Roxbury



Jamie Sterling, Sarah Downie, and Sarah Rutten dance away!



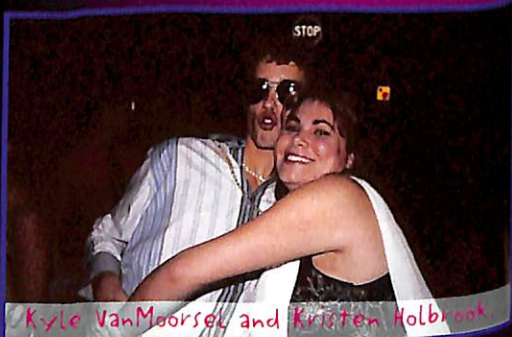
Kyle Holbrook showin' off his stuff.



Sarah Rutten, Meghan Watson, Kristen Holbrook, Brooke Dudman, and Derek McDonald pause for a quick pic.



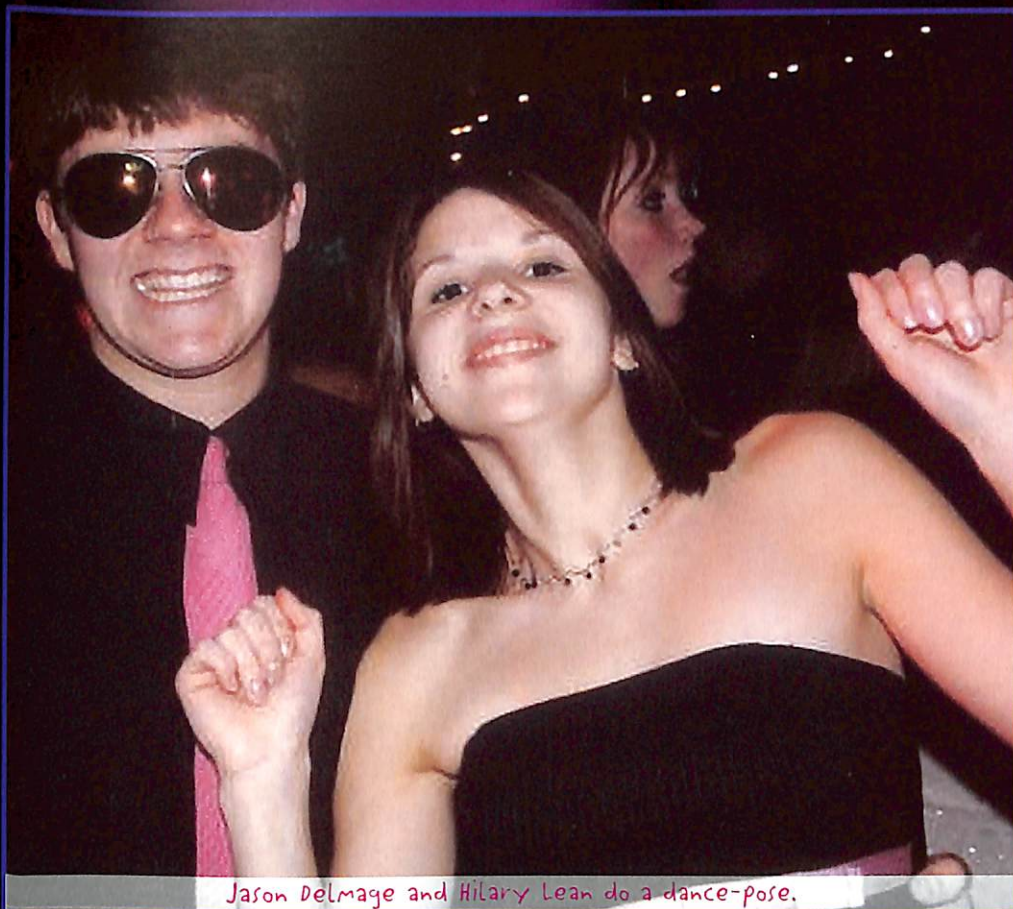
Hilary lean gulps it down.



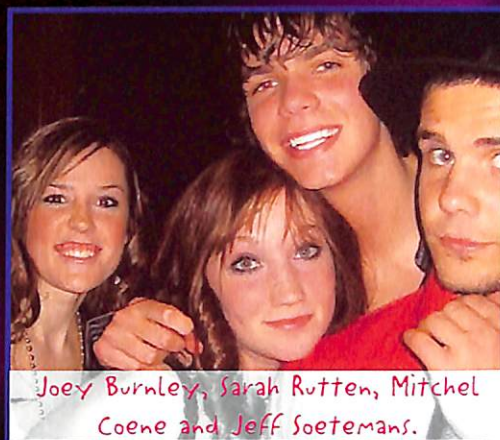
Kyle VanMoorsel and Kristen Holbrook



Ashley Courtney (centre) and friends.



Jason Delmage and Hilary Lean do a dance-pose.



Joey Burnley, Sarah Rutten, Mitchel Coene and Jeff Soetemans.



Jolene Comley and Hilary Lean.



Josee Wilson pulls a move.



Jamie Sterling, Meghan Watson, and Janelle VanKessel.

Hampton's Servants

Each year the Grade nines get to boss around the Grade twelves for ONE day. They can make them wear and do whatever they want. They get to rule the school for just that one day
Servant Day!
Enjoy it while it lasts youngins'!

Larissa Emmons, Kelly Forbes and Joey Burnley show no embarrassment hula-hooping in front of the school.

Niel VanEnglelen shows the school that not even a dress can stop him!



NLSS Top Model

This year Leona Morris put on a NLSS Top Model search in our Cafeteria. The school nominated five contestants from the fashion show. Tana Rawlings, Christine Vandenberg, Allan Augustine, Esther Campbell, and Becky Healy were the ones chosen and had to perform several tasks in front of the Caf audience. They each had to dress in black and white to walk the runway and were then asked questions that Leona had prepared. From there they had one minute to get dressed into a cowboy outfit and do a talent. The school voted and Christine Vandenberg turned out to be NLSS Top Model with Tana Rawlings as runner-up. Way to go contestants!



Christine Vandenberg

Grade: 12

Favourite subject: Drama

Favourite thing to do: Hang with friends

Future plans: Professional Bingo Caller



Tana Rawlings

Grade: 10

Favourite subject: Phys. Ed

Favourite thing to do: Hang with friends

Future plans: Famous fashion designer



Allan Augustine

Grade: 11

Favourite subject: Geography

Favourite thing to do: Swimming

Future plans: Take a trip to the moon



Esther Campbell

Grade: 11

Favourite subject: Vocal Connection

Favourite thing to do: Sing

Future plans: Duck Master



Becky Healy

Grade: 12

Favourite subject: Math

Favourite thing to do: Shopping, partying

Future plans: Live in Hollywood

Somethin's Happenin' Here...

What do we want? Flower Power! When do we want it? Now! And that's what the drama department delivered. During the flu season these actors brought to stage and pay tribute to the 60's musical flower power. The students in the play took on their high school with full force by starting a battle of the bands to save a tree. The students Big Mommas big pants Grandpa, Mary K. and the British clients and the teachers of the school. The power students manage off their music talent. The hippest songs of the Beatles and Garfunkel and Buffy. Field mail standing up for the. Only North London eagles are such strong troopers.

Jake Campbell and Mary Houle sing of their never ending love.

Singing is second nature to Josee Wilson, Charelene Ferwerda and Jordan Johnstone.





The Cast of Flower Power sings California dreaming to the audience.

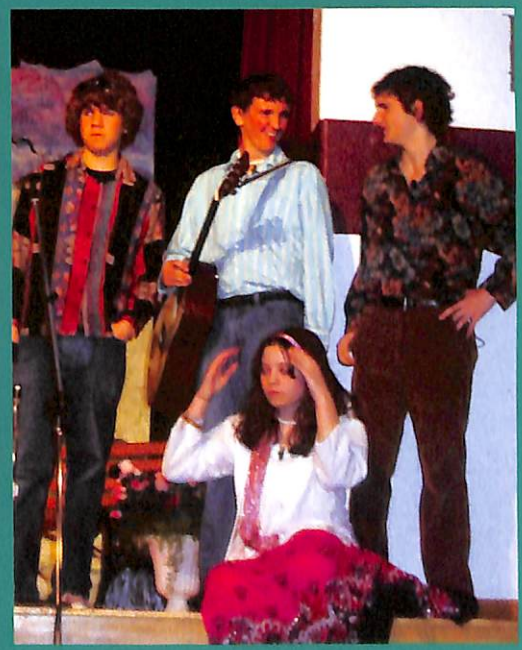
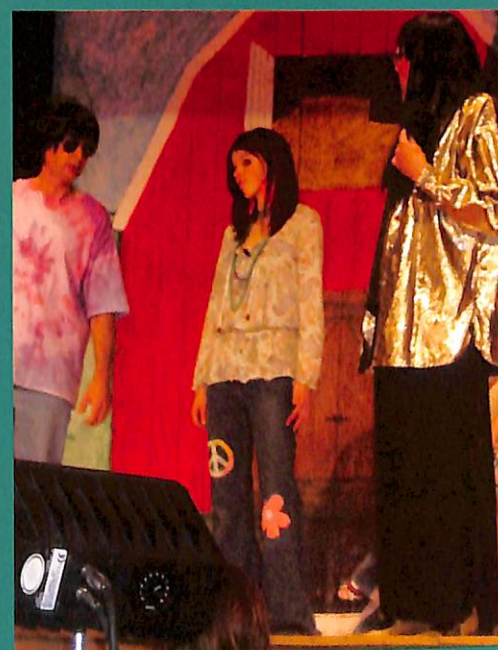
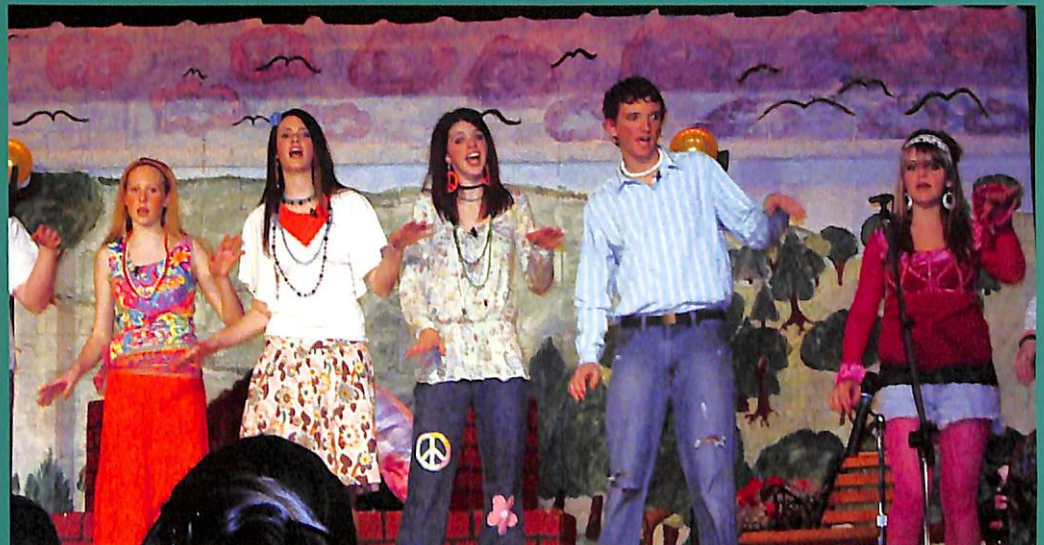
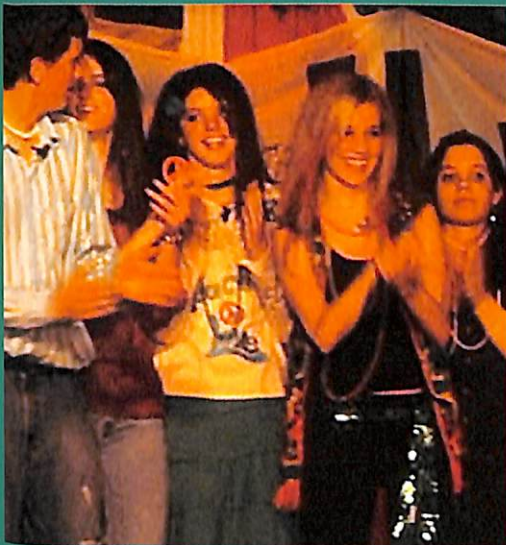
Esther Campbell, Christine Vandenberg and Mary Houle clap for a job well done.

Shannon Kelly, Nonita Campbell, Esther Campbell, Jake Campbell and Christina Greenwood stand up on stage and sing for their rights.

Chris Kattleson and April Beer were born to be wild.

Esther Campbell stands between a rock and a hard place...Mr. Reid and Mr. Morigeli.

Dalton Pettit, Jake Campbell, Jim Gilliard and Mary Houle know their boy band is going to be big.



Coffee House



April Beer read multiple poems written by herself. Poems read: Fairy Tales, When Forever Ends, and All That Was Hope.



Jake Cambell passionately sang 'Here I go Again'.



Jamie Cloud showed off his musical talents rapping some original songs which he wrote.



Christine Vandenberg, Alaina Frayne and Ester Cambell joined together to sign a three part harmony of 'Can't Hurry Love'. Each of these girls also preformed beautiful solos at this years coffee house. Christine sang 'Ironie', Alaina sang the cover of 'Nothing Else Matters' and Ester sang 'Someone's Watching Over Me'.



Dawn Redskye used her talents as a singer and a guitar player as she sang and played an original song she wrote herself.



2005



Erien Eddy Ward, Marcell Chantharath and Frank Kirky join together to form the band Ember. They played an original song which they wrote.



Ester Cambell in her solo performance singing 'Someone's Watching Over Me'.



Kendall Stellingwerff read three poems which she wrote herself.



Mitch Humphries had a tear jerking performance as he read a very mellow and dramatic poem.



Kim Moniz gave a gracing performance while singing 'Breakaway'.



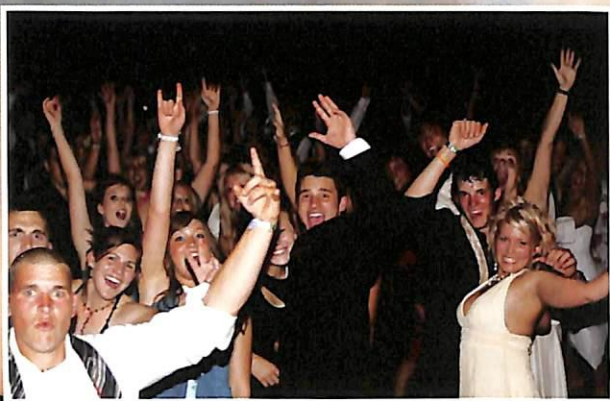
Melissa Zavitz read a poem called 'Summertime'.



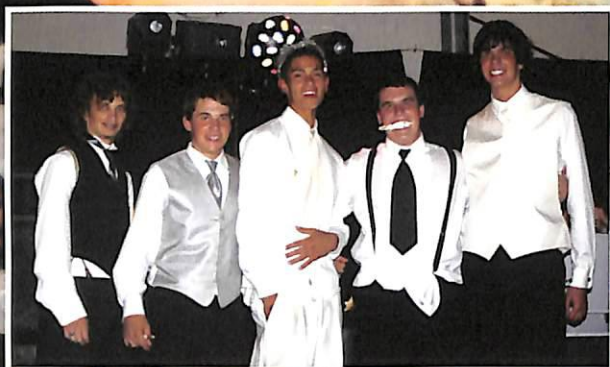
Ryan Downie performed two songs which he wrote. He was accompanied by Dylan Stewardson on bass guitar.



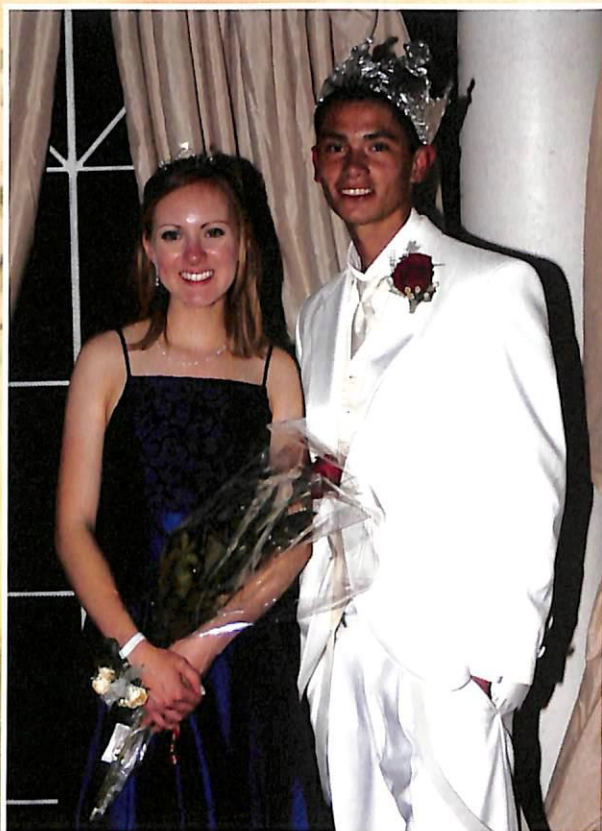
Shannon Kelly sang the country hit 'I Hope You Dance'.



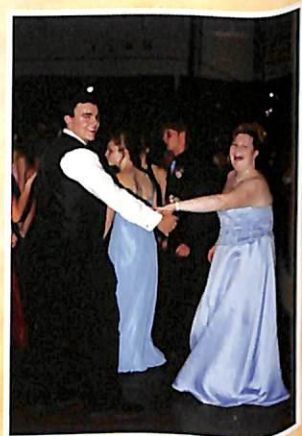
Minuit à Paris



Prom Princes Neil VanEngelen, Jesh Bressel, Jordan George, Greg Sullivan and Mitch Coene.
Prom Princesses Brianna Hughes, Marissa VanEngelen, Leona Morris, Janelle VanKessel and Jesse Wilson.

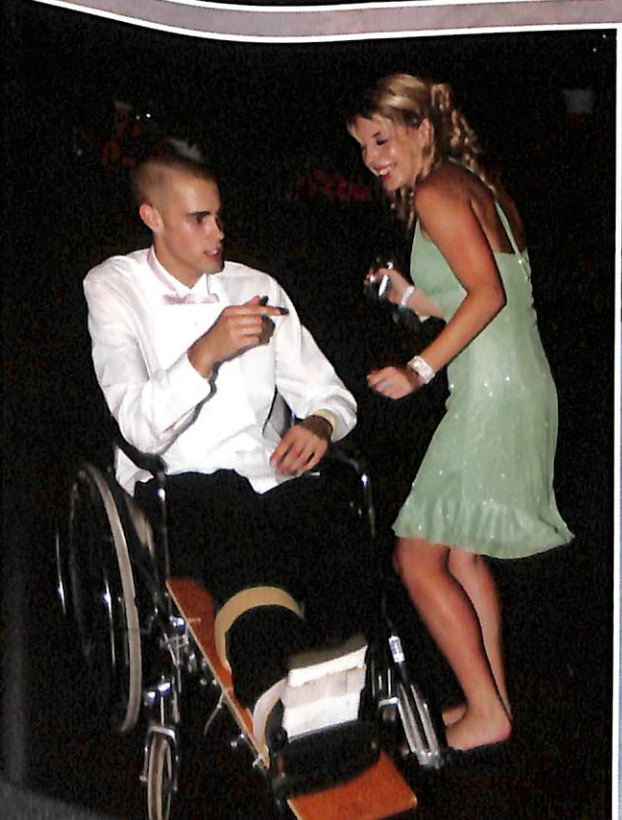


Prom Queen and King
Leona Morris and Jordan George





It was a night to behold, Saturday, June 3, 2006, when the North Lambton gymnasium and corridor were transformed into a wonderful Parisian setting complete with the Eiffel Tower and a sidewalk cafe. Guests danced the night away, resplendent in their gorgeous gowns and sophisticated tuxes.



Dawn Redshye and Phil Matsi look fantastic in white as they sit at the cafe table.

THE CARDBOARD BOAT REGATTA

In December, a team of four creative enrichment students; Caitlin Stevens, Lauren Gilfoyle, Joey Vansteenkiste, and Matt Stewardson participated in the 3rd Annual Cardboard Boat Regatta at SCITS. Students from various schools attended the fun-filled event and were given the whole morning and into the afternoon to construct a boat. However, there was only one catch; it had to be made entirely out of



cardboard and a roll of duct tape. The Eagle's elite dubbed their boat the "Jolacama", a combination of the first two letters of each of their names. After construction was completed each school took their protégé to the pool for a race, and approximately halfway through the pool the Jolacama began to sink but thankfully made it to the finish line in one piece. Although they did not fair so well in the race, all the students agreed to having fun, being challenged and are looking forward to participating again in the coming years.



Culturas Del Mondo

Holidays of the World



The Culturas Del Mondo group, which means 'Cultures of the World', is a collection of NLSS' finest enrichment students spreading multi-cultural awareness to our future Eagles. This year the annual workshop focused on holidays similar to our traditional Christmas, these included; Hanukkah, Kwanzaa, Ojibwe festivities and of course Christmas. The grade seven and eight students who attended

participated in a variety of activities such as; tribal drumming, wreath making, and a celebration dance. The day was a smashing success and both elementary and secondary students alike not only enjoyed themselves, but learned something in the process. Special thanks go out to all members: Ms. Rogan, Leona Morris, Lauren Gilfoyle, Jamie Sterling, Chris Kettleson, Caitlin Stevens, Meghan Letourneau, Joey Vansteenkiste, Matt Stewardson and Eileen Watson.

GRADUATING



Wherever you go,

CLASS OF 2006



go with all your heart.

~Confucius



Wilko Pluge and Allan Augastine get into the groove on Halloween.



Stacey VanRiel and Kelli VandenBoer



Jamie Sterling - Crazy Hair girl!



Looking crazy for hair day!

THEME DAYS

This year we had a lot of fun on our theme days. We had people dress up for Halloween, SuperHero Day, Sports Day, Crazy Hair Day and Inside-out: Backward Day



Where did that hair come from?



Mlle Kingdon, Mrs. Mancini, and Mlle DeCarlis dress as Smurfs for Halloween



Stacey VanRiel tries to save the Coffee Bean as Captain Underpants



Kymber-Lei Evens and Ashleigh Maxwell



Allison, Steph, and Leah scream for spirit

WE HAVE SPIRIT!



Kelsey gets ready to fight like a super hero



Kelly Emery, Melanie Gooding and Caitlin Ballard

EAGLE PER



Above: Ben Stasiuk plays the saxophone.
 Above Right: Gr. 9 Vocals at Music Night
 Above Far Right: Darren McKellar, Garret Ritchie, Chad Maw and Zach Moore are Jazz Band's trumpet section.
 Right: Lindsay Kelly, and Lauren McLean play the clarinet at Music Night.
 Below: Grade 9 Vocals sing for the students at Bonaventure.
 Below Right: The grade 10 trumpet section at Bonaventure.
 Below Far Right: Vocal Connections perform at Bonaventure School.



PERFORMANCES



Above: Mr. Williams conducts NLSS' Jazz Band at his last Music Night.

Above Left: Dave Klumpkins plays the drums at Commencement.

Above Far Left: Hanna Widmer and Sarah Cullen play Flute at one of Jazz Band's foyer concerts.

Left: The grade 10 band performing at Bonaventure.



Left: Alaina Frayne and Joey Burnley play at a foyer concert.

Far Left: Elaine Snider and Tegan Fisher play the trombone at Commencement.



Below: Shilo Shawnoo and Laura Gordon play the saxophone in NLSS' Jazz Band.

Below Left: Sari Vossen, Sara Cullen, Leona Morris, Laura Gordon and Alaina Frayne perform with Vocal Connections.

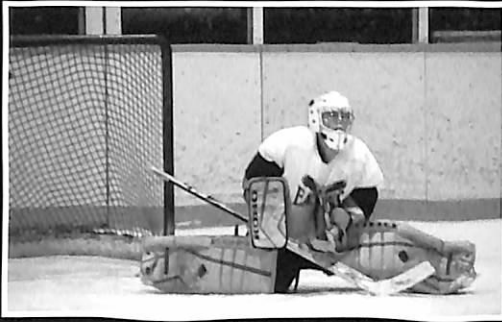


Below Far Left: Candice Cain, Meghan Letourneau sing at Bonaventure.



Mighty Eagles vs. The OPP

Once again our "Mighty Eagle" hockey team members showed up at the local arena to take on the Ontario Provincial Police. This annual event was held in March and raised money for the Sick Kids Hospital in memory of Caroline Mustard. Her family made an appearance to accept



a donation and also enjoyed the exciting game. The Eagle hockey team members came out strong and challenged the OPP. Hampton made an arrival and could be seen encouraging the fans to get up and cheer on the players with the "wave". Everyone seemed to be having a blast. Mrs. Johnson and Mrs. Ward also had fun up in the announcing box as they kept us laughing with their witty comments. The eagles ended up taking the victory this time but it was not an easy win. The OPP kept their speed and did not let up. Many thanks to both the staff and students who gave generous donations and showed their support at this annual event.

Blood.

It's In You To Give.



Every year, March is known as "Red Cross Month." This past year has left us with many large scale disasters around the world. The generosity of Canadians, including those who donated blood at North Lambton, have ensured the lives of others. Over 50 students/teachers donated blood this year in order to help others in times of need.

Mr. Warner gives blood like a pro. Jamie Sterling and Scott Miner relax because it's almost over. It's really not that scary Jill Hamilton! Hilary Lean and Mr. Warren donate blood. Jamie Prong doesn't like seeing the needles. Sarah Downie smiles for a nice picture at an awkward time.. Dustin Cuff is a first time blood donor. Good job eagles!



STAR SEARCH

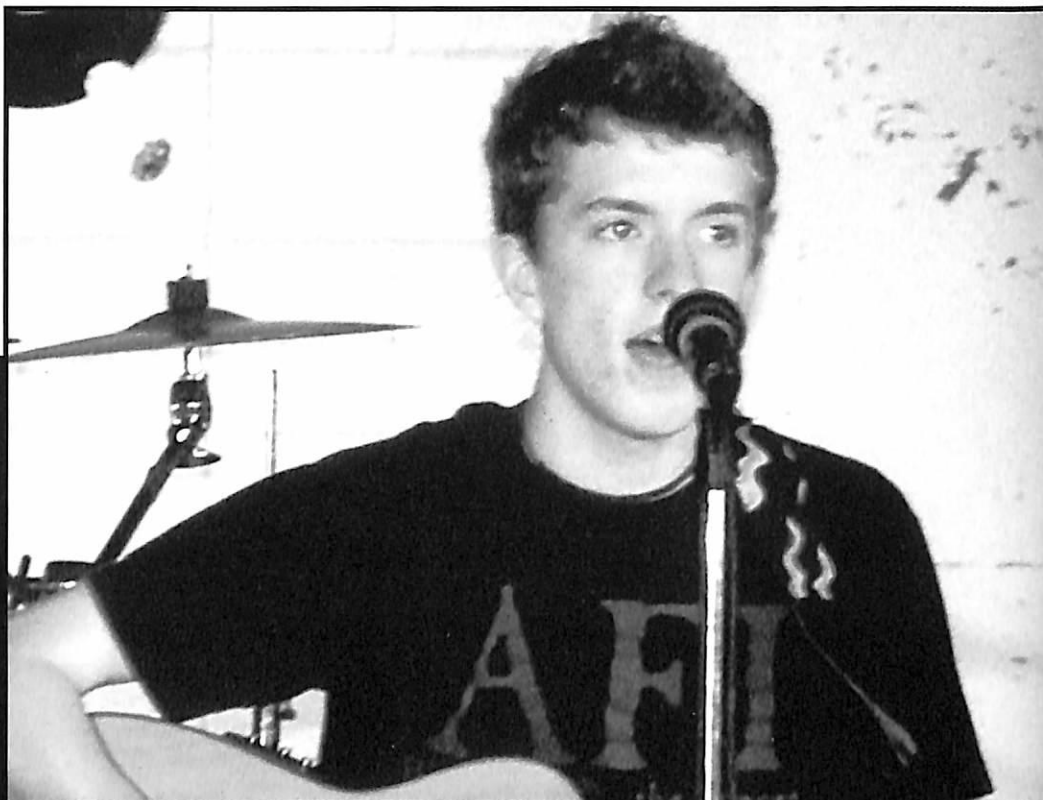
The annual NLSS talent show was held on May 4th in the gymnasium and proved to be, as always, one of the highlights of the school year. Mr. Dumais' grade 11 and 12 drama class ran the event and emcee's Josée Wilson, Kelly Forbes, Stacey VanRiel and Jesse Mason sure kept the crowd interested and entertained. How-

ever, it was the wondrous, hidden talents that reside deep within our Eagles that made Star Search 2006 so memorable. This year judging was divided into 3 categories; band, dance and solo. "Emergency Entrance" won for the band category after the guitarist wowed the crowd by playing



Above - Esther and Kelsey Campell belt out the tunes, thier style!!

Below - a dance with some interesting "vibrations".



Tap dancing sensation Jaylyn Harrower takes it away!

ANNUAL TALENT SHOW

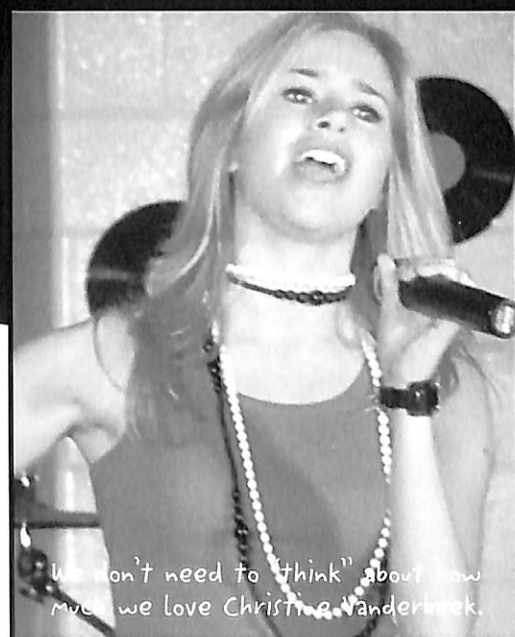
behind his head. Cindy Bork grooved to the music of Chris Brown's "Run It" in a self-choreographed hip-hop number that scored her first place in the dance category. Yet I'm sure everyone would agree that it was Ryan Downie's "October", a song he wrote himself, that not only stole the show but sent

shivers down our spine. There was no doubting his dominance in the solo category. Other amazing performances included the bagpipes, tap-dancing and numerous band and dance routines. All in all, Star Search 2006 was a fun filled way to start the day. Way to go -Hamp-ton's Eagles are mighty talented!



Above, Emergency Entrance wows the crowd with their stunning techniques while to the left, Cindy Bork "runs it" on the dance floor.

Below, Emcee's J-Money, K-Dizzle, J-Rock and S-Dogg demonstrate their crazy antics.



We don't need to "think" about how much we love Christine Vanderbrook.



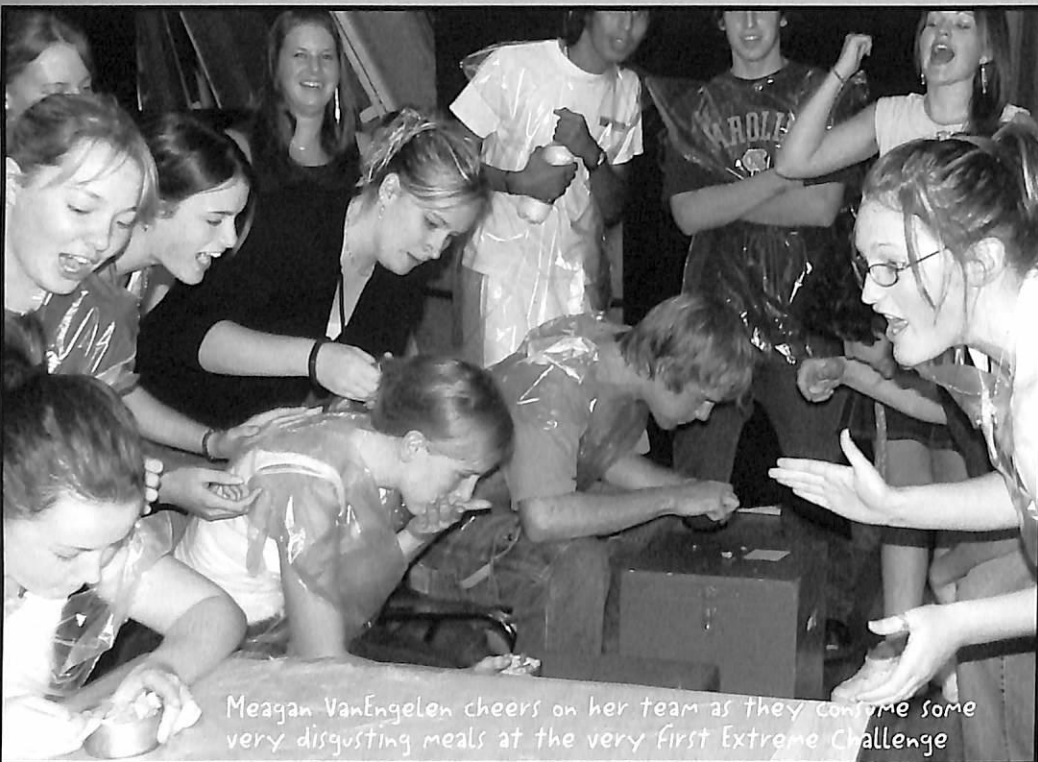
Test Your Tolerance...



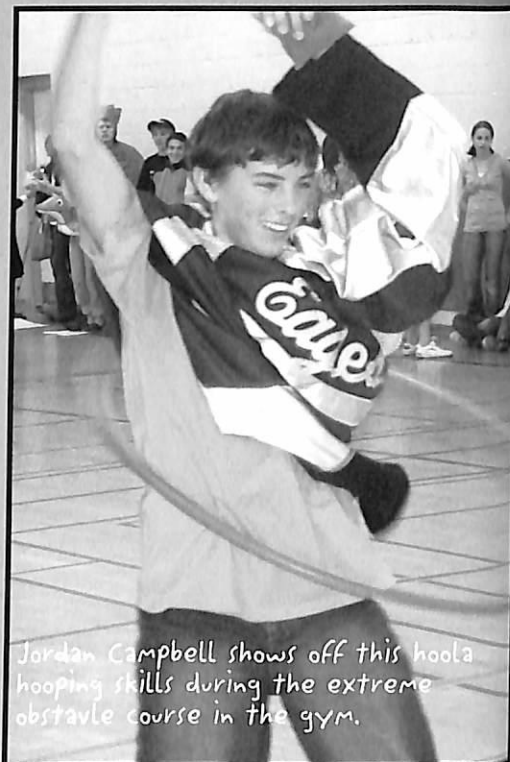
YUMMM... That peanut butter and salsa sandwich looks delicious!



Candice Flater enjoys a bowl of mushroom soup at an extreme challenge.

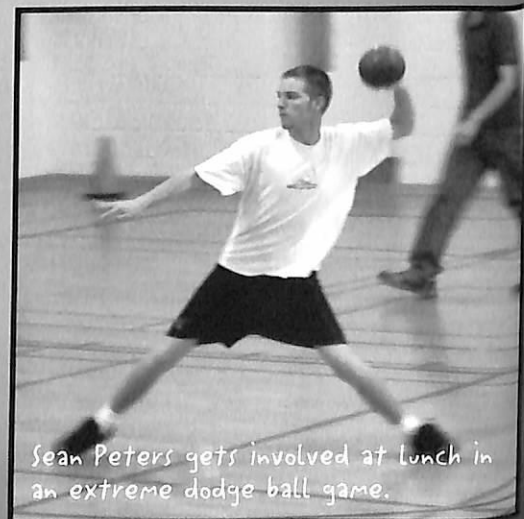


Meagan VanEngelen cheers on her team as they consume some very disgusting meals at the very first Extreme Challenge



Jordan Campbell shows off this hoola hooping skills during the extreme obstacle course in the gym.

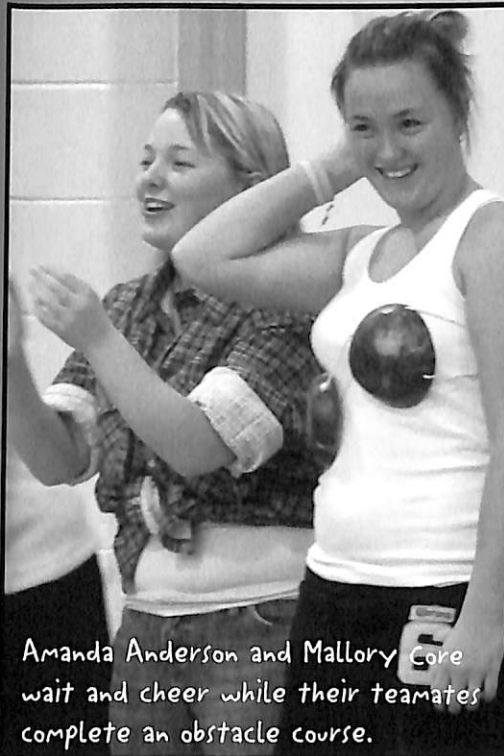
New at NLSS this year is the Extreme Challenge. There are numerous teams that compete with eachother in some crazy and intense challenges. Teams consist of approximately 7-10 people who challenge eachother once a month for a victory. This lunch time activity started in October and ends in June. Teams carry on their points from month to month in hopes of being the Extreme Challenge winners at the end of the year. This activity is held by the Athletic Association who had hopes in this event bringing together different groups of people and promoting school spirit. The Extreme Challenge has definitely been very successful at NLSS and along with that has brought many laughs.



Sean Peters gets involved at lunch in an extreme dodge ball game.

The Extreme Challenge

Shelby Watson gives her team some strategy talk as Ainsley Davis holds in her anxiety while "rooting" for their team at the second extreme challenge.



Amanda Anderson and Mallory Core wait and cheer while their teammates complete an obstacle course.

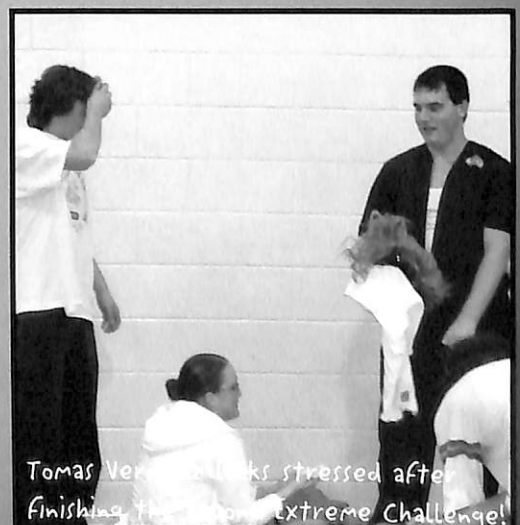


Dave Huyben, Mallory Core, Kelly Hackney and Amanda Anderson show off their Halloween costumes as the extreme obstacle race took place on October 31.

The Extreme Challenge team winners were "The Wieners". This team was awarded a pizza party on June 20th in the girls change room. The pizza party was held by the Athletic Association in appreciation to the "Wieners" for their school spirit and positive attitudes. Congratulations!



Spinning around a baseball bat is really not as easy as it looks. Way to go Judith



Tomas Veron looks stressed after finishing the Extreme Challenge!

FRIENDS COMRADES



MATES Partners

Pals Buddies



Chums Companions

Unique Styles

@ NLSS



Tattoos @ NLSS



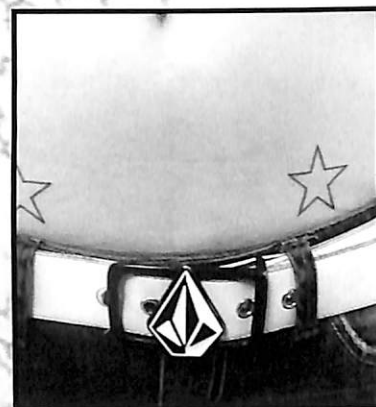
Mallory Core got her tattoo to represent her last name.



Crystal Gooding shows that she's proud to be Canadian.



Brooke Wellington shows her love for music with music notes on the back of her neck. She also has stars on her hips.



Brianne Lockery's tattoo on the bottom left of the picture means "Individual". Above is a tattoo on her back.



Lindsay Gilkes' tattoo means "Party Animal".



Ryan McFarlane has a spider web tattoo.



Mitch Stutt got his tattoo in memory of his good friend Caroline Mustard.



Mr. Murree's tattoo shows his Canadian and Scottish background.



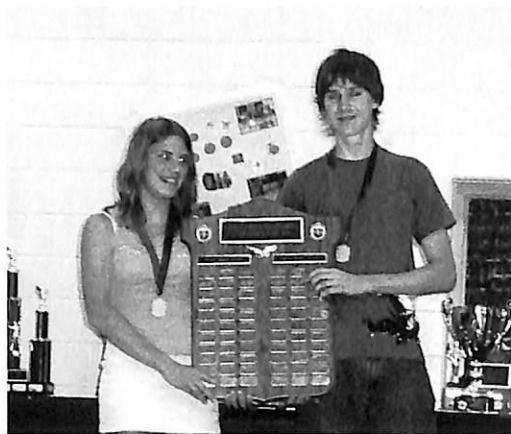
Presley Wellington has her tattoo on her shoulder.

H a m p t o n

Athletic Awards



Above: Kelly Hackney and Dustin Walker showed their love for sports and were our senior athletes of the year.



Above: Jayden Morrison and Ben Stubbs started their highschool athletics and were our junior athletes of the year.



Above: Thomas Vermeer, Mr. Hales, and Josee Wilson were ofssaa award winners who showed involvement in everything.



Athletic Letter Awards

June 1, 2006

Honours Letter:

Josee Wilson

Sr. Letter:

Mallory Core
Kelly Hackney
Kelly Forbes
Callie Armitage
Jeff Soetemans

Jr. Letter:

Jayden Morrison
Alex Pearson
Jim Gilliard
Dustin Walker
Meghan Watson
Alicya Allen
Jamie Prong

Mike Cassidy
Justin Smith
Richard Delitala
Ainsley Davis
Janelle VanKessel
Josh Bresett
Thomas Vermeer
Shelby Watson
Sean Little
Danielle Vanos
Justine Goulet
David Campbell
Nonita Campbell
Kaley Sisler
Marissa VanEngelen

Spirit of Sport:

Jr. Boys Volleyball
Josh Weaver
Sr. Boys Volleyball
Jake Campbell

Jr. Girls Basketball

Katie Kemp

Sr. Girls Basketball

Kelly Forbes and Kelly Hackney

Jr. Girls Soccer

Kirstie Boyd

Jr. Boys Soccer

Dirk Vermeer

Tennis

Dustin Walker and Jayden Morrison

Cross Country

Riley Gillatly

Boys Hockey

Justin Smith

Girls Hockey -

Kaley Sisler

Jr. Boys Hockey -

Darcy Vandenboer

Girls Farm Team Hockey

Amanda Anderson and Larissa Emmons

Curling -

Jim Gilliard & Lindsay Kelly

Midget Girls Volleyball

Meghan Gilfoyle

Jr. Girls Volleyball

Katie Kemp

Sr. Girls Volleyball

Stacey VanRiel

Sr. Boys Basketball

Chad Maw

Jr. Boys Basketball

Nick Slegers

Sr. Badminton -

Richard Delitala

Jr. Badminton

Meghan Gilfoyle and Jenna Armitage

Golf -

Tad Hamilton

Sr. Girls Soccer -

Linda Verberk

Sr. Boys Soccer

Thomas Vermeer

Track and Field

Danielle Vanos and Jayden Morrison

Rugby

Meghan Watson

Academic Awards

June 2, 2006

Kaley	Sisler	Most Improved Library Skills
Kelly	Hackney	Most Improved Library Skills
Niel	VanEngelen	Key Club
Julie	Stewardson	Key Club
Aaron	Tweedy	Manufacturing
Ryan	Macko	Manufacturing
Charlene	Ferwerda	Vocals
Brianne	Hughes	Class of 2006
Leona	Morris	Youth Alive
Marissa	VanEngelen	Student Council
Kaley	Sisler	Principal's Award

Top in Class Awards

Erika	Acton	Careers, Media Art, Mathematics, Science
Kyle	Alexanders	Mathematics, Science
Alicya	Allen	Manufacturing, Phys. Ed
Brittany	Anderson	Civics
Callie	Armitage	Physics
Kayla	Avery	Fashion, Manufacturing
Elizabeth	Boekhorst	French
Brennan	Boris	French
Matthew	Brouwer	Transportation
Jessica	Brownlee	English, Living and Working with
Rachel	Children	
	Burn	Horticulture

S A W a r d s

Academic Awards



Cassidy Krista
Carmen Lindsey
Alannah Katie
Candace Kelly

Holly Kori
Tommy Lauren

Meghan Steve
Kyle Susannah
Christina Kelly
Ashley Jaylyn
Jessica

Jewel Mary
Kiley Hurkmans
Careers Travis

Jordan Johnstone
Justin Jones
Kaitlyn Kelly
Karla Kerrigan
Hilary Lean
Natasha Lenting
Sean Little
Jessica Lucier
Christina MacDougall
Chantel Masfrank
Jesse Mason
Joanna McCandless
Meagan McGregor

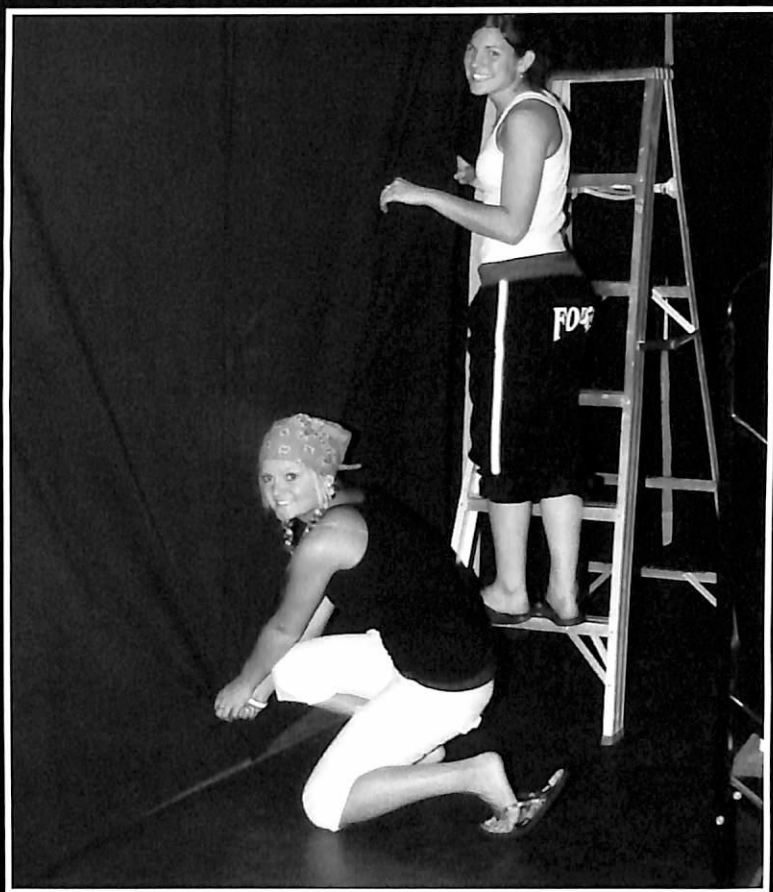


Billy	McKee	General Learning Strategies	Jodi	Stutt	Mathematics
Douglas	McLean	Mathematics	Greg	Sullivan	Physics
Eva-Marie	Melville	Civics, Biology, English	Josh	Taylor	Transportation
Scott	Miner	Tech. Design, Construction, Manufacturing	Nathan	Taylor	Geography, Mathematics, Science
Jessica	Moloy	Mathematics	Danica	Teeple	Civics, English, Science, History, Mathematics
Kim	Moniz	English	Luke	Teeple	English
Jessie	Moore	Visual Art, World History	Cassandra	Thuss	Manufacturing
Zach	Moore	World History, English	Kaitlyn	Thuss	Canadian History
Leona	Morris	Environmental Resource Management	Karlee	Timmermans	Introduction to Information Technology
Jayden	Morrison	Phys. Ed.	Jennifer	VanBree	Information Technology
Allan	Murray	Horticulture	Jenny	VanBree	Technology
Scott	Odorizzi	World History, Biology	Kelli	VandenBoer	Geography
Christine	Parsons	Canadian History, Civics	Alison	VandenHeuvel	English
Tyler	Parsons	History, Careers	Charlie	Vandenhoek	Phys. Ed.
Donna	Pawson	Mathematics, Phys. Ed., Science	Greg	Vanderberg	Phys. Ed.
Alexandra	Pearson	Geography	Alyssa	VanEngelen	Mathematics
Julia	Perry	Philosophy, World History, Writers Craft	Marissa	VanEngelen	Food and Nutrition, Calculus, Chemistry
Adina	Potter	Food and Nutrition, Introduction to Business	Meaghan	VanEngelen	Drama
Dan	Reckman	Construction	Niel	VanEngelen	Canadian and International Law, Chemistry
Tim	Reckman	French	Colin	VanKessel	Transportation
Cody	Reeve	Phys. Ed.	Jarret	VanKessel	Mathematics, English
Maggie	Richter	Mathematics, Science, French	Kelsey	VanKessel	Mathematics, Phys. Ed.
Dan	Romphf	Biology, Finance	Mark	VanMoorsel	Science
Heather	Ross	Mathematics, Careers	Danielle	Vanos	Geography, Art, English, Music - Instrumental
Andrea	Rumford	English	Joey	Vansteenkiste	Computer & Information Science
Megan	Rumford	Ojibwe	Jenna	Veens	Introduction to Information Technology
Nick	Shipley	Horticulture	Kyle	Veens	Financial Accounting
Jordan	Sisler	Construction	Devin	Venema	English
Kaley	Sisler	Data Management, Financial Accounting, English, Science	Anita	Verberk	Physics, Tech. Design, Fashion
Stephanie	SkowGeertsen	English	Linda	Verberk	Co-op
Bryan	Smits	Integrated	Thomas	Vermeer	Mathematics
Derek	Soetemans	Music - Instrumental	Eileen	Watson	Civics
Krystin	Soetemans	Phys. Ed.	Meghan	Watson	Yearbook
Joel	Spitse	English	Shelby	Watson	Careers, Mathematics, Phys. Ed.
Tienma	Stempowicz	Mathematics	Brooke	Wellington	Manufacturing
Jeremy	Stephenson	Horticulture	Daniel	Westendorp	Manufacturing
Jamie	Sterling	English	Hanna	Widmer	Phys. Ed.
Caitlin	Steven	Canadian Law, Chemistry, Media Art	Mark	Wight	English, Science
Julie	Stewardson	Construction, Marketing, Visual Art	Gwen	Williamson	Entrepreneurship, English, Horticulture
Jill	Struyf	Functions, Phys. Ed.	Candice	Worsfold	Civics, Phys. Ed.
			Bryanne	Wouters	Geography, Mathematics
			Amy	Wygergangs	Chemistry, Mathematics, English



Eagle CLUBS



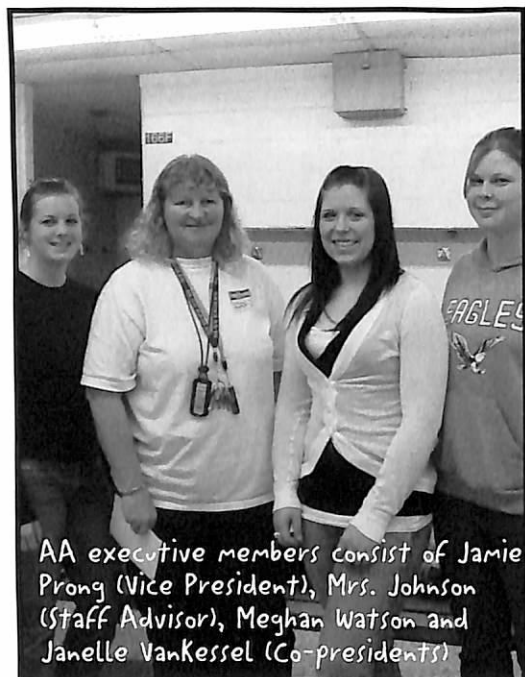


You've seen them around the school. Maybe they're in some of your classes or maybe they're running an intramural or decorating for a school dance. In any case, these are the people that keep NLSS interesting and entertaining the whole year through. Thanks for all your hard work!



Athletic Association

Members: Mrs. Johnson (Staff Advisor), Jamie Prong (Vice-President), Meghan Watson and Janelle Van Kessel (Co-Presidents), Josée Wilson (Past-President), Mike Liptuk, Kelly Hackney, Shelby Watson, Candice Worsfold, Katie Wilson, Alex Pearson, Mike Cassidy, Meghan Gilfoyle, Lauren Gilfoyle, Julie Stewardson, Joey Burnley, Jessica Morris, Lauren McLean, Ashley Andreash, Jamie Steling, Nick Shipley, and Brianna Nixon



AA executive members consist of Jamie Prong (Vice President), Mrs. Johnson (Staff Advisor), Meghan Watson and Janelle Vankessel (Co-presidents)



Work it ...Mike Cassidy is sporting a fantastic outfit during the AA Auction. He is wearing a skirt and holding a bag donated from Bum Bum in Gread Bend.



Mike Liptuk Alex Pearson at the auction.



Greg Sullivan and Kelly Hackney take a break from the athletic auction in Mrs. Johnson's office. Don't work too hard.



Jamie Steling informs Kandis Hodge all about Athletic Association.



AA Auction 2005



Local members of the community arrived at NLSS to show their support for the 2005 Athletic Auction. The cafeteria was filled with competitive bidders and lots of excitement. Many items were being bid on quickly and people had their favourite items eyed up in hopes that they would be taking them home.



As the night of the auction comes to an end, it becomes time for people to pay for their items they bid on. Lauren Gilfoyle and Julie Stewardson tally up Mr. Hales' items he bid on at the auction. His support is greatly appreciated.



Top: Meghan Watson and Janelle Van Kessel (AA Co-presidents) gather with Mrs. Johnson after another successful auction.

Above: AA members, Shelby Watson and Candice Worsford look very enthused to be selling fifty-fifty tickets for a door prize raffle.



Hotdog sales were going over well at the AA Auction. Samantha Sullivan, Katie Kemp and Brittany Anderson volunteered to sell BBQ hotdogs and pop for guests who came out and showed their support to this annual event.

YOUTH ALIVE

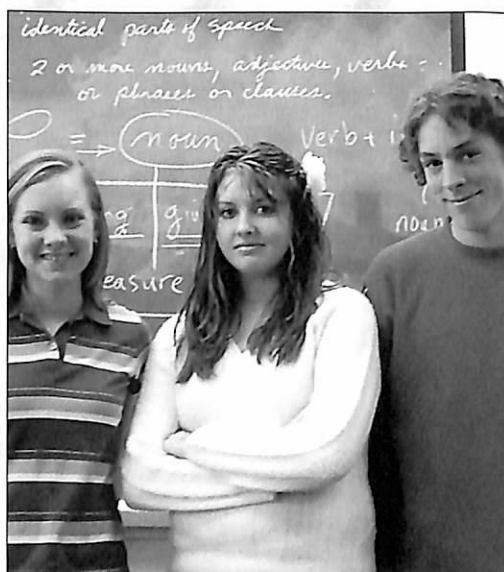
Youth Alive, a less well known club in our eagle nest, encourages all to come out once a week to fellowship, and pray for concerns within our school. This caring group is participating in many different activities this year from the Egg Cup Road hockey tournament, game day's during the week and attending a "lost con concert" later this spring. This group is most definitely alive.



Mr. Perry enjoys spending lunch with the youth.

The winners of the egg cup tournament stop to pose after a challenging game.

Leonna Morris, Eva Marie Melville, and Daniel Reckman are the core members of this group.



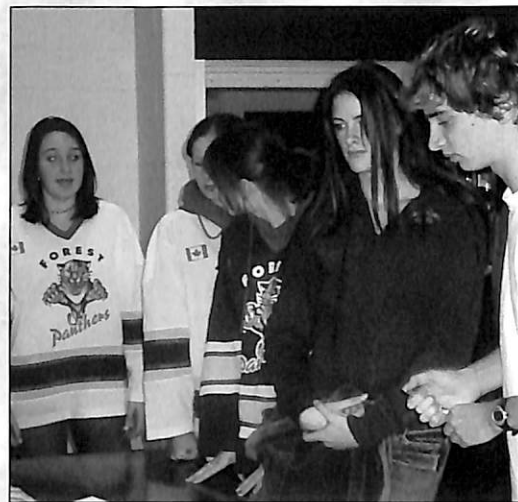
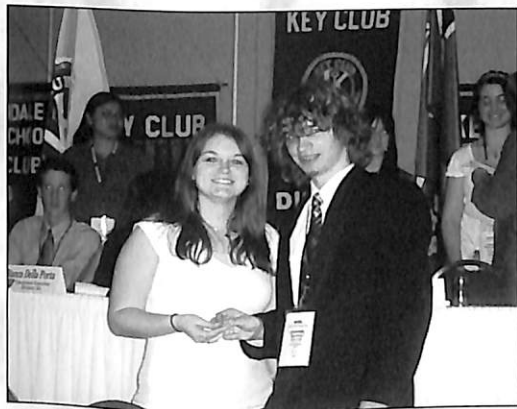
Sarah Cullun, Charlene Ferwerda and Larva Gorden are honored to hold the egg cup Trophy.

Daniel Reckman and a local youth leader spend some down time before the lunch bell.

The Youth alive encouraged others to join them at the school flag pole to pray for our country.



KEY CLUB



The Key Club at NLSS had an eventful year. They participated in several community service projects such as tree planting, Penny Power for Easter Seals, a Toy Drive for the Children's Hospital of Western Ontario, and the Pancake Festival.

This year, Key Club said goodbye to the Lieutenant Governor of the Eastern Canada District Division One - Niel Van Engelen, and hello to the new Lieutenant Governor - Julie Stewardson.

At the District Convention in Ottawa, North Lambton increased their award winnings by 500% when they received a total of five awards.

Niel Van Engelen and Julie Stewardson at the Lieutenant Governor induction ceremony.

Ms. Kingdon's class won the first ever Penny Power drive for Easter seals raising over \$200.00!

Niel Van Engelen assisted at

commencement by handing out programs.

Many Key Club members participated in the Kiwanis Trivia night.

Key Club planted trees with the Horticulture class for the Governor's Service Project.



HAMPTON'S TEAMMATES

...HAMPTON CLOSELY CAPTURES OUR FELLOW EAGLES IN ACTION

There are always sports activities going on at North Lambton Secondary School. From winter to summer, all sports and sports teams create unforgettable memories that will be carried on from season to season. 2005-2006 sports teams include:

FALL: Cross Country, Jr. Boys and Jr. Girls Soccer, Jr. Boys Volleyball, Sr. Boys Volleyball, Tennis, Jr. Girls

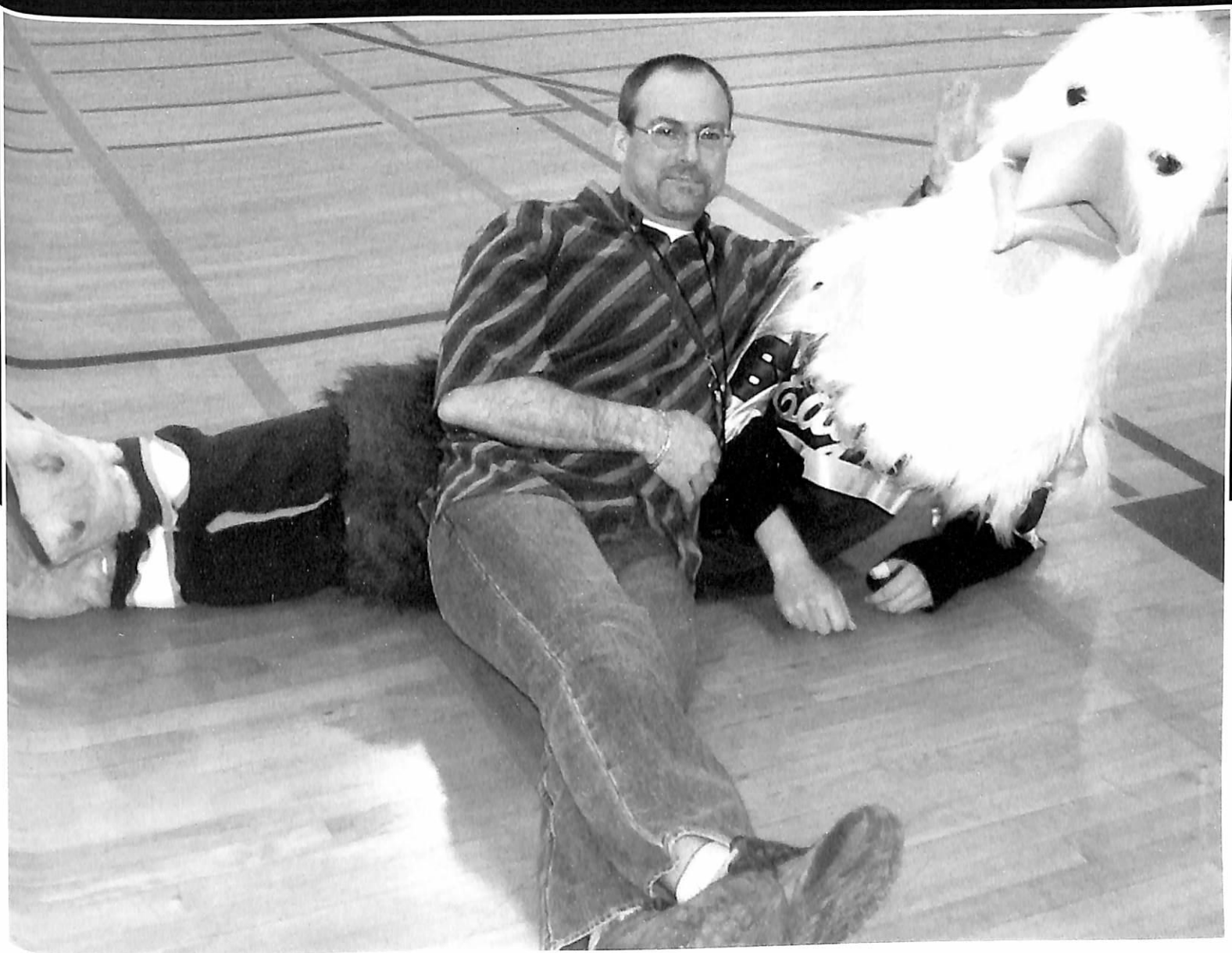
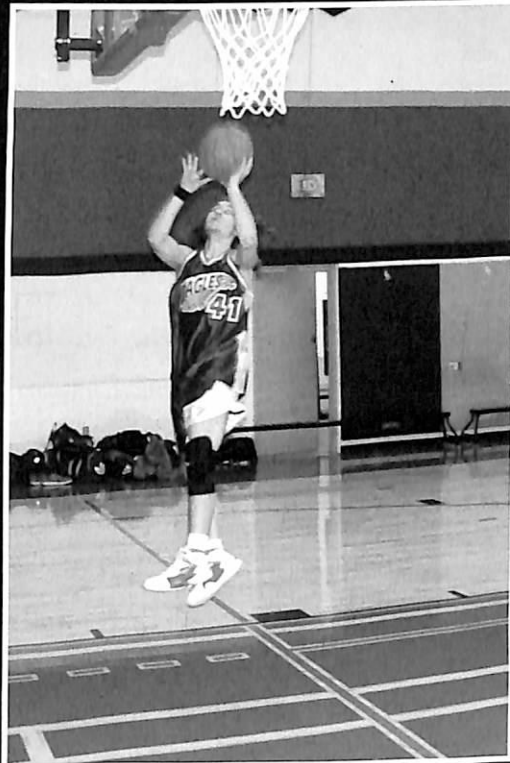
Basketball and Sr. Girls Basketball.

WINTER: Sr. Boys Hockey, Jr. Boys Hockey, Girls Varsity Hockey, Girls Farm Team Hockey, Curling, Midget Girls Volleyball, Jr. Girls Volleyball, Sr. Girls Volleyball, Jr. Boys Basketball, and Sr. Boys Basketball

SPRING: Badminton, Track and Field,

Girls Rugby, Sr. Boys Soccer, Sr. Girls Soccer, Girls Two Pitch and Golf

All teams had a very competitive season and represented NLSS with pride. A big thanks goes out to the teachers and volunteers who took on coaching roles in order to have teams this year. Without the help from those people, we would not have accomplished the success we did.



SLAM DUNK IT!!!



Top Left Photo: Jr. Boys Back Row: Hampton, Alex Shone, Ryan Marsh (Captain), Dirk Vermeer, Tyler Parsons (Captain), Ben Stubbs, Mike Veens, Nathan Wolfe, Mr. Hales (Coach), Front Row: Winston Tidball, Nick Slegers, Hector Ketash, Absent: Tom Genovy, Stefon Tobias (Captain)

Top Right Photo: Sr. Boys Jordon McGregor, Chad Maw, Jordon George, Jon Shone, Mr. Hales (Teacher Advisor), Absent: Sean Rumford (Coach), Mike Cassidy, Brad Ingold, Thomas Vermeer (Captain), Tad Hamilton, Adam Henry, Brad George & Derek George



BELOW PHOTO: JR. GIRLS Top Row: Nikki McKay (Captian), Brittany Anderson, Katie Kemp (Captian), Kaleigh Forbes, Misty Shawnoo, Thomas Vermeer (Coach), Middle Row: Candace Flater, Jennifer Gordon, Shelby Watson (Captian), Julia Struyf, Kaitlyn Hynd, Shannon Kelly, Front Row: Danielle Vanos, Brittnee Garrett



ABOVE PHOTO: SR. GIRLS Back Row: Josee Wilson, Alex Pearson, Kelly Forbes (Captian), Jillian Hamilton, Kelly Emery, Front Row: Brittany Curts, Kelly Hackney (Captian), Stacey VanRiel, Mallory Core, Absent: Mr.Murree (Coach), Tab Bressette, Tania George, & Tahneesha George



SPiKE iT &



Top Left: Mr. Young & Mrs. Allen giving the Sr. Girls a game pep talk
Top Middle: Mrs. Sivell running the score board, she looks like she's into it
Top Right: Ms. De Carolis getting the attendance as the midget girls board the bus

Right Middle Photo: Midget GIRLS Back Row: Sean Little (Asst. Coach), Jennifer Gordon, Emma Delitala, Karla Kerrigan, Cassandra Dare, Melanie Deschutter, Chantel Masfrankc, Front Row: Meghan Gilfoyle (Captain), Danielle Vanos, Jaime VanRiel, Julia Struyf, Jenna Armitage (Captain), Absent: Brittnee Garrett, Ms. De Carolis & Ms. Kingdon (Coaches)



Bottom Left Photo: Jr. GIRLS Back Row: Pamela Allen (Coach), Candice Worsfold, Katie Kemp (Captain), Ainsley Davis, Nikki McKay, Brittany Anderson, Kirstie Boyd, Jacob Campbell (Asst. Coach), Mrs. Sivell (Assit. Coach), Middle Row: Karlene Campbell, Taylor Carrothers, Alannah Fanset, Shelby Watson, Front Row: Kaitlyn Hynd, & Katelyn Wilson (Captain)

Bottom Right Photo: Sr. GIRLS Back Row: Stacey VanRiel, Brittany Curts, Alicya Allen, Alex Pearson, Danielle Cadieux, Front Row: Mr. Young (Asst. Coach), Callie Armitage, Leah Porter, Jessica Morris (Captain), Jillian Hamilton, Brian Maxfield (Coach) Absent: Mallory Core, Becky Healy, Josee Wilson & Sarah Walker Hill

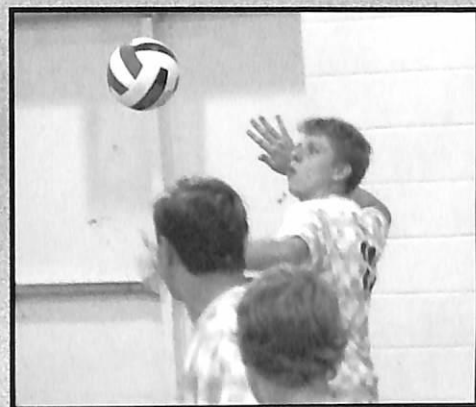
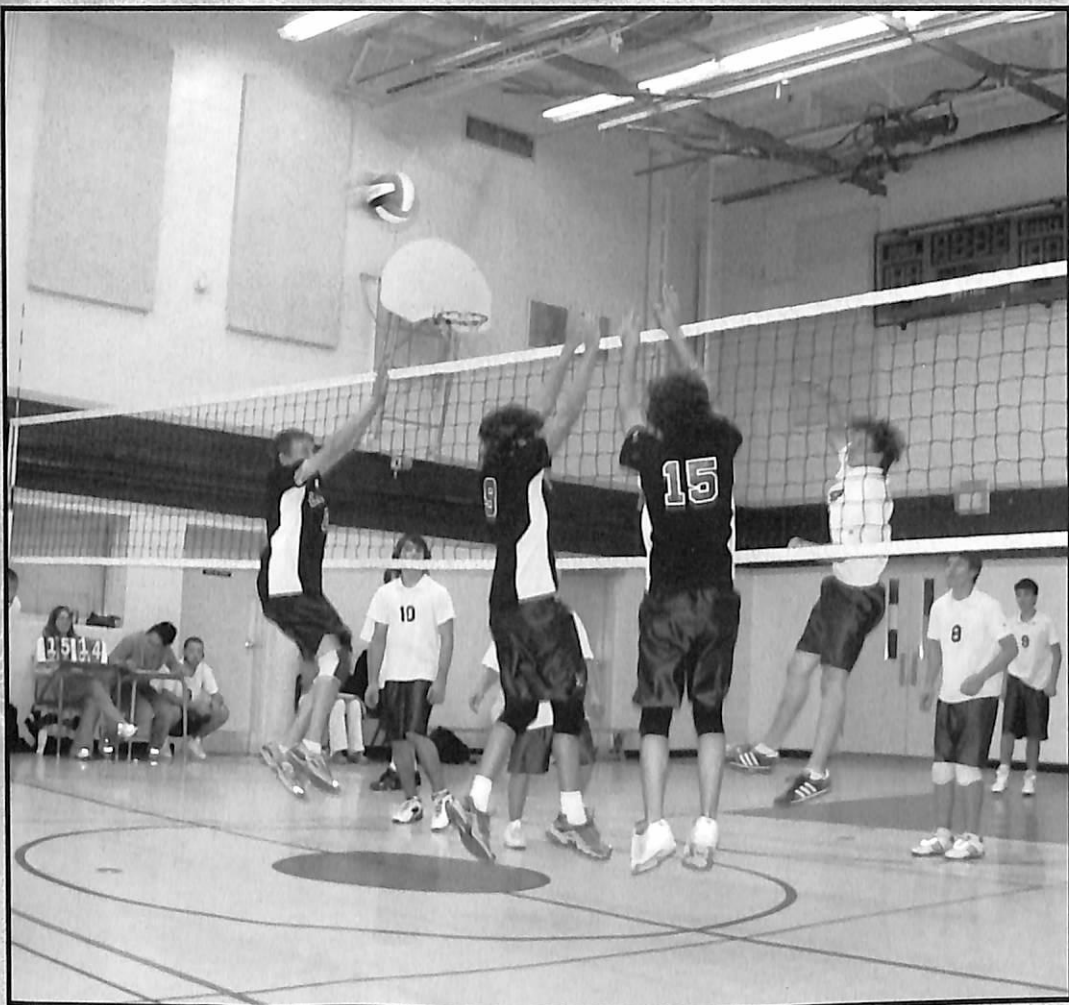


SMASH IT

EAGLES VOLLEYBALL

Bottom Left Photo: Jr. Boys Back Row: Chris Wilson, Brent Andriash, Derek Soetemans, Ben Stubbs, Dylan Stewardson, Front Row: Luke Teeple, Matt Humphrey, Eric Soepboer, Jordan Campbell, Mark VanMoorsel, Mitch Dobroski (Captain), Josh Weaver, Owen Rogers (Captain), Mrs. Johnson (Coach), Absent: Coulton Williams (Injured/Reserved), George Larmond (Manager), & Kelly Hackney (Asst. Coach)

Bottom Right Photo: Sr. Boys Back Row: Mike Liptak, Jake Campbell (Captain), Sean Little (Captain), Scott Ddorizzi, Front Row: Scott DeGroot, Greg Vandenberg, Taylor Forrester, Steve Rutten, Josh Bresett, Greg DeGroot, Mr. Hales (Coach)



The Junior girls soccer team was coached by Lauren Gilfoyle, Callie Armitage and a very dedicated soccer enthusiast Simon VanRiel. Since the majority of the team were grade 9's they developed a taste of the competition and had a heck of a good time doing it, maybe even winning a game or two in the process. Congrats!! The 22 Senior Lady Eagles were an enthusiastic, somewhat optimistic and rarely dedicated bunch. With nearly half the team being first-timers, the season was as challenging as always and the

LADY EAGLES SOCCER

girls were quite prepared for their obvious fate. Without former coach Mr. Moloy, it was up to Ms. Preszcator and Mrs. Johnson to guide the team to as much victory as was possible, and although the first game showed a 200% improvement the girls walked away from the season with a total of 3 goals; a slight decline from last years' 4. Great Effort!!



JUST FOR



You block that ball Kelly Vandenberg!!



Way to keep up the enthusiasm Meghan Gilfoyle!!



Jamie Sterling smiles with her younger sister, and future eagle star Mariah.



Mrs. Preszcator practices her cheerleading technique.



Kelsey Cook and Callie Armitage sure are working hard!!

KICKS



The Junior boys strike a pose!



Lars Ungerer takes a water break before wowing us on the field



Check out Scottie Degroots sweet dribbling!

The Junior boys soccer team was coached by Mr. Vandenberg and Jason Soetemans, and they too had a tough season. The boys played hard, had fun and gave it their all with true Eagle honor. Fantastic job boys!!!



The Senior boys soccer team, coached by Mr. Arthur was NLSS' most successful this year. The season was extremely competitive, with each game only a few goals apart and always as intense as the last. With tremendous determination and perseverance our boys made it all the way to semi-finals but, although they tried their best, were defeated by a score of 5-3 against St. Pats. Well done anyways boys, you've made us proud!!

MALE EAGLES SOCCER



Hey Dave Campell and Matt Crawford, is that game intense or what?



These boys know what Eagle Spirit is all about; TEAMWORK!!

NLSS GIRL'S HOCKEY



Chelsea Fraser gets ready to save a close shot from the opposing team.



Laura MacLachlan gets prepared for a shot from the hash marks.



Mrs. Johnson has an intense talk with the A-team inbetween periods.



Sarah Rutten and Taylor Thompson cover the opposing team as Amanda Anderson makes a save.



The B-team listens carefully as Mrs. Ward and her assistants unfold the game plan.

In the last game of the day in a Sarnia Tournament the girls were down 9-0 with 1:33 left on the clock. Larissa Emmons scored the only goal for the B-team with :52 seconds left on the clock in the third period bringing the score to 9-1.



L-R front: Chelsea Fraser, Kelcy VanKessel, Kayley Sisler, Kelly Hackney, Kelli VandenBoer, Courtney Smith L-R back: Morgan Hutton, Syd Dobroski, Tana Rawlings, Allie Mason, Alyssa VanEnglan, Kaleigh Forbes, Jessica Molloy, Laura MacLachlan, Sam Sullivan. Coaches: Mrs. Johnson, Justin Smith, Mike Pearson, Brian Davidson Absent: Justine Goulet



Allison Sweeney, Cheyna McKenzie, Amanda Anderson, Taylor Thompson, Sarah Rutten, Becky Willsie, Natasha Vassen, Janna Rutten, Janelle VanKessel, Larissa Emmons, Bruna DeMelo, Carmen Dirven Coaches: Mrs. Ward, Greg Sullivan, Chris Wilson, Brad Biggers Absent: Dayna Rawlings



NLSS BOY'S HOCKEY



L-R Front: Chris Wilson, Christian Reneilt, Mike Fraser, Aaron Dortmans, Mike Pearson, Josh Bressette, Tyler Rawlings. L-R Middle: Colin Vankessel, Gary Vandenshoot, Justin Smith, Mark Wilson, Tyler Brennen, Dustin Walker. L-R Back: Scott deGroot, Greg Vandenberg, Kyle Hulbrook, Brad Biggers, Jay Burch, Devin Venema, Rusty Ulrich. Coaches: Mr. Vandenberg. Absent: Brad Jones, McKenzie Sanger.



L-R Front: Dale Miner, Shane VandenBoer, Mitch Dobroski, Ryan Dekker. L-R back: Christian Reinelt, Kevin Smith, Brent Andriash, Ryan Stevens, Dylan Pearson, Mark VanMorsel, Cody Hill, Kyle Bent. Coaches: Mr. Schalk, Justin Smith, Brad Biggers. Absent: Jarriid Balcom, Kyle Hodgins.

Micheal Huben gathers with some other Eagle fans to watch the game.



The referee gets set to drop the puck as NLSS players stand ready.



Mike Pearson makes an intense save with his blocker.



Justin Smith takes a rough face-off against his opponent.



John Vanlieshout is our star ref!

Three of our Eagles made it into the top ten scorers of the league. Justin Smith was number one with 15 goals and 14 assists, Greg Vandenberg was number two with 10 goals and 6 assists and Josh Bresett was number eight with 6 goals and 6 assists.

Five of our Eagles also made it to the All-Star game: Rusty Ulrich, Justin Smith, Josh Bresett, Greg Vandenberg and Jay Burch. Congratulations boys!

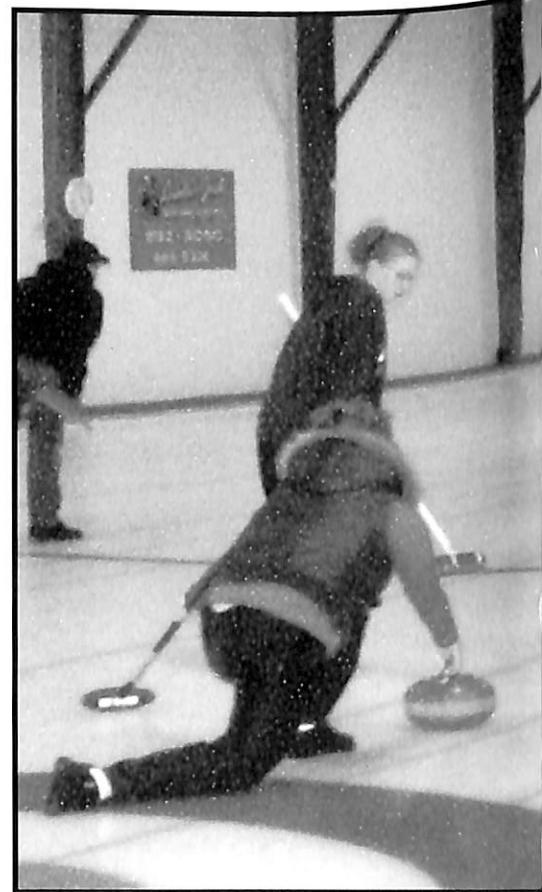
Our Junior Eagle boys prepare to storm the ice.



Hampton's Hou



Above Team Photo: Lindsey Kelly, Kaitlyn Kelly, Alaina Frayne & Kelli McKay
Absent: Mrs. Martin (coach)



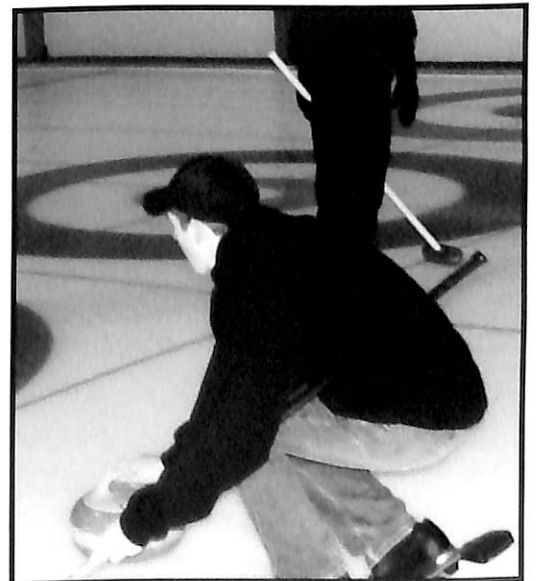
Alaina thinks hard about where to place the rock.



se Of Curling



Above Team Photo: George Larmond, Ian Armstrong, Travis MacDonald, & Jim Gilliard
Absent: Rob Scherer & Mrs. Martin (Coach)



Ian gets prepared to throw the rock hoping to get it in the right spot.

Hampton's Runner's Cross Country



Scott DeGroot runs full speed to the finish line



After a hard day of running the cross country team stops for a team picture.



Jacob Campbell



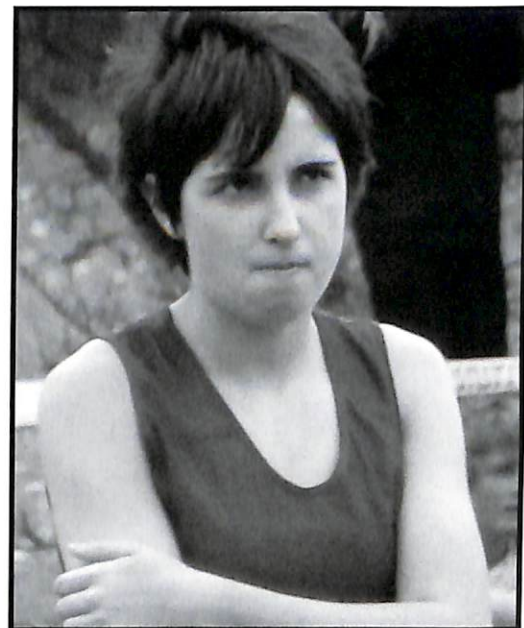
Alicia Allen



Katelyn Wilson



Derek George and Bruna DeMello



Ryan Dekker gets ready to show his stuff

All play and no run

Callie Armitage takes a rest from running



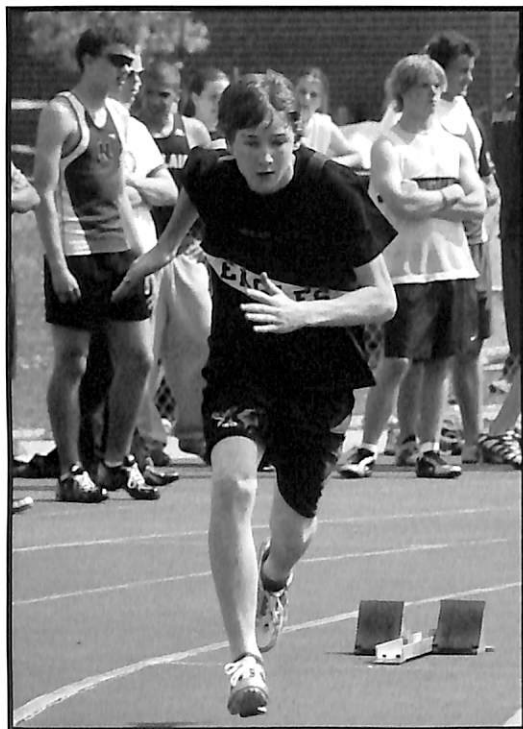
Riley Gillatly



Dave Campbell flies high over the bar after running two races!



Alaina Frayne gets ready to throw the javelin. She placed 2nd!



Ben Stubbs starts the race.



On your mark, get set, GO! Ryan Dekker gets ready to run one of three races.



Sean Little gives it his all.



Wow, look at that jump!



NLSS' relay race team placed fifth.



Riley Gillantly runs for it.

LSSAA Track and Field



Mrs. Wellington and Mrs. Martin sit in the shade and watch the track and field participants.



Carmen Dirven gave all of her effort as she ran the 800m, 1500m and relay.



Ryan Dekker ran the 400m, 800m and 1500m Kaitlyn Wilson ran 800m, 1500m and threw javelin. Alaina Frayne also participated in javelin placing second.



Ashley Harburn (far right) gave her all as she ran the 400m.



Jamie Vanriel ran the 800m placing third, and ran the 1500m placing third again. Jamie also participated in the relay race with Carmen Dirven, Jayden Morrison and Danielle Vanos, they placed fifth. Jayden Morrison also placed second in the 200m, 300m and triple jump.



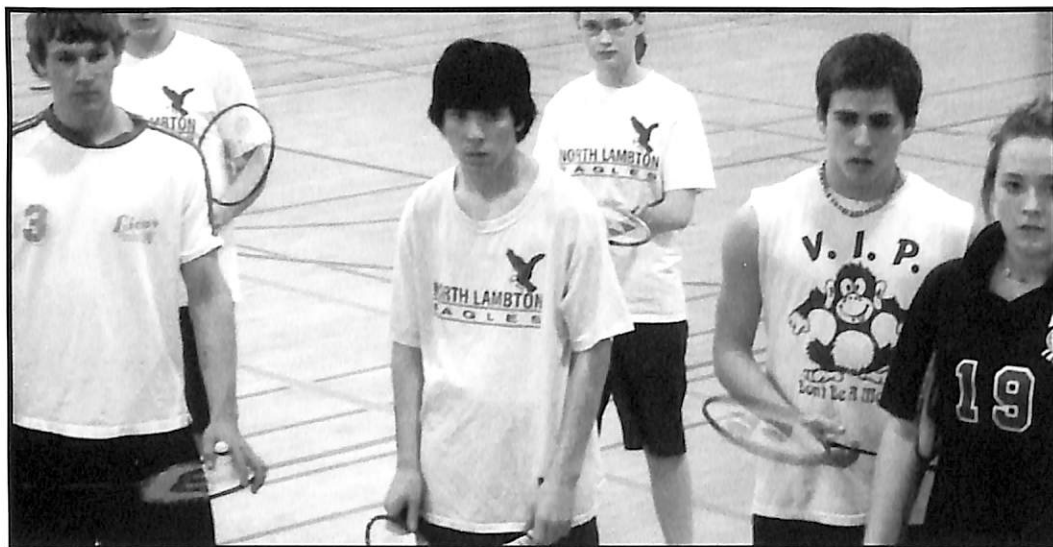
Dave Cambell stretches it out before running the 1500m and 3000m.



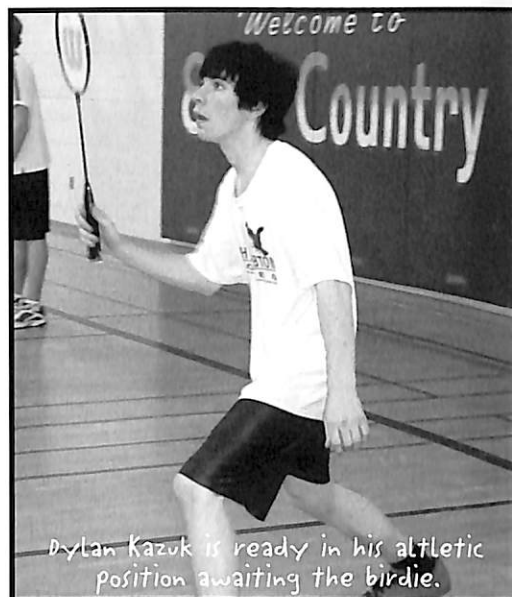
Kaitlyn Wilson tries her best as she runs the 800m. Danielle Vanos ran the 300m hurdles and the 300m and placed first in both, she also jumped in high jump.

Where's The "Birdie"?

- Eagle's Badminton



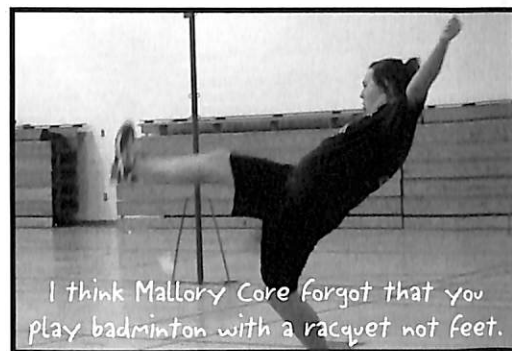
Sean Little, Alex Pearson, Dylan Kazuk, Jessica Stubbs, Jason Soetemans and Mallory Core listen attentively to Mr. Moergeli as he teaches the basics of badminton.



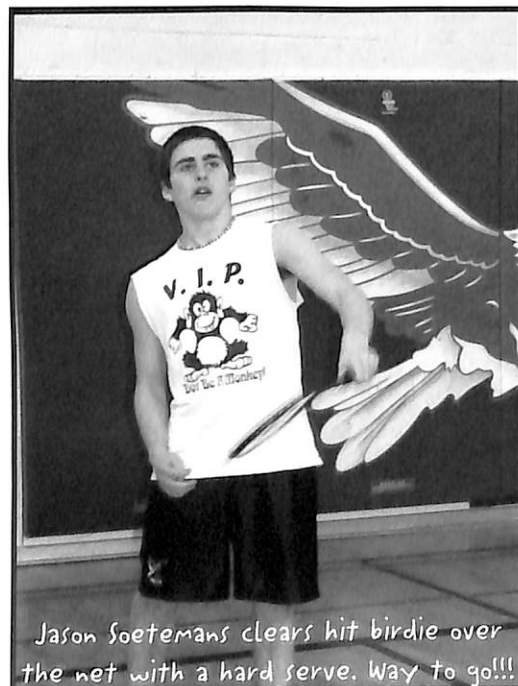
Dylan Kazuk is ready in his athletic position awaiting the birdie.



Amanda Blyde is staring into space awaiting the birdie to come.



I think Mallory Core forgot that you play badminton with a racquet not feet.



Jason Soetemans clears hit birdie over the net with a hard serve. Way to go!!!



Meghan Gilfoyle and Casandra Dare give doubles badminton a try.



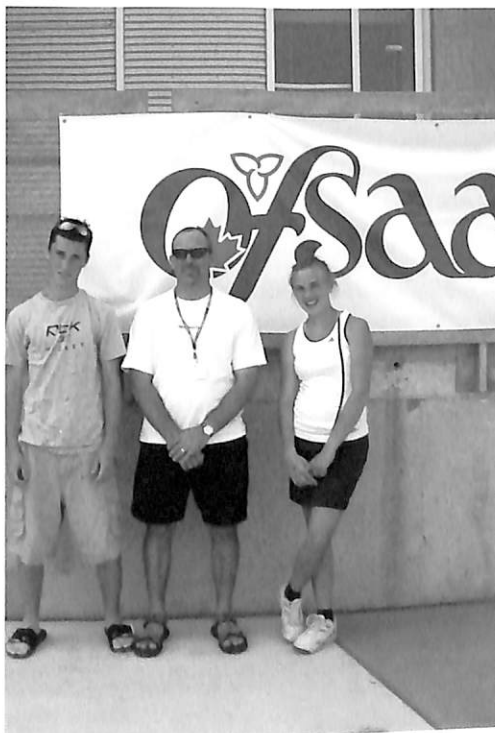
Albert Delitala is ready to start off the match with a serve.



Rack-IT

Eagle Tennis

Jayden Morrison and Dustin Walker



North Lambton's



A grade ten girls team consisted of: Katelyn Wilson, Sam Sullivan, Nicole Setwardson and Ainsley Davis



The male winners of the 2006 Triathlon goes to a team consisting of: Kyle Holbrook, Greg Vandenberg, Jeff Soetmans and Jason Delmage.



Owen Rogers shows off his bike



The last component of race is biking and by this point the athletes are exhausted.

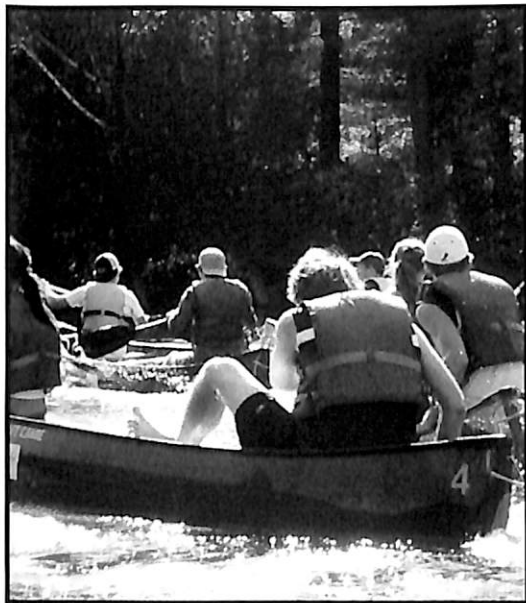


The female winners of the 2006 triathlon go to the international team.

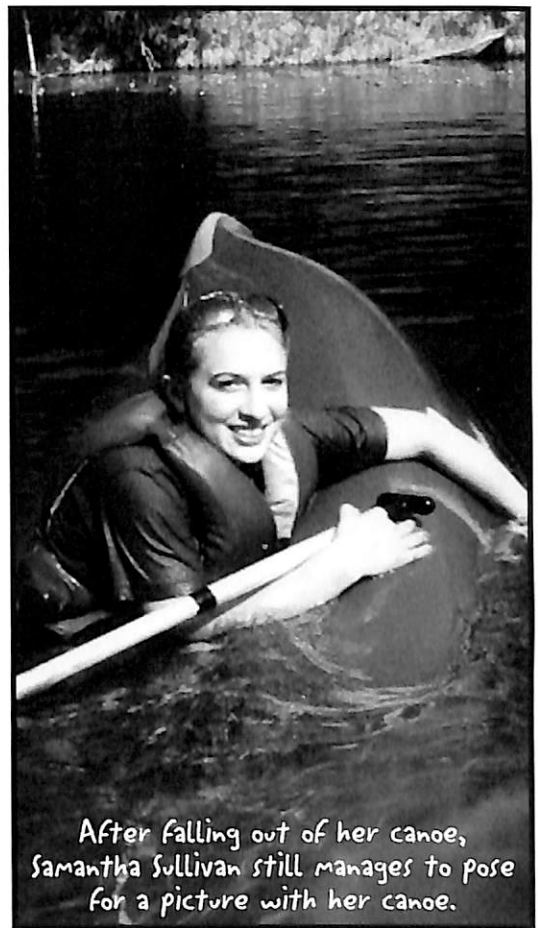


endurance, pain, spirit, excitement, commitment, fun,

Annual Triathlon



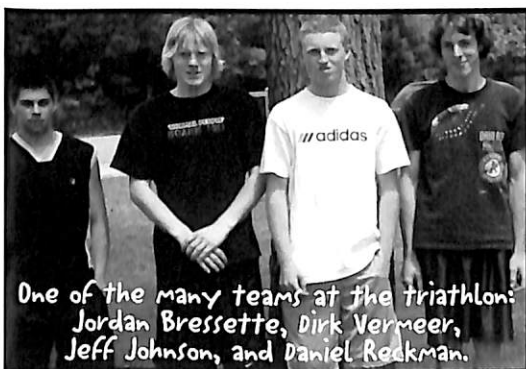
A few exchange students gather for a group shot. Hannah Widmer, Bruna DeMello and Michal Liptak



After falling out of her canoe, Samantha Sullivan still manages to pose for a picture with her canoe.



Karl Soetemans & Cody Hill paddle into Albert Delitala's canoe as he tries to get in.



One of the many teams at the triathlon: Jordan Bressette, Dirk Vermeer, Jeff Johnson, and Daniel Reckman.



These NLSS athletes line up to start the running component of the triathlon. After a long canoe race, this run will be an interesting task.



thrill, pace, adrenaline, sweat, fear, pressure, joy...

PRE-PCGA

eagle golf at north lambton



Jim Gilliard makes his way to the tee-off. (Meanwhile, a group-shot of the team is being taken!)

Most of the 2006 Eagles golf team: Justine Goulet, Tad Hamilton, Brett Core, Cameron Mennen, Steve Soetemans, Alicya Allen, and Kayla Avery (left to right).

Alicya Allen and Kayla Avery rest their legs in anticipation for the big game.

Brett Core digs himself out of the sand trap.





An Amazing Year

Tad Hamilton qualifies for SWOSSA

Justine Goulet powers the ball down the fairway.

Tad Hamilton practises his putting.



LSSAA was at Sawmill Creek in May. The team "lucked out" weather wise: It was a sunny day, no wind. Tad Hamilton — playing his usual steady game with a low score of 76 — went on to compete at SWOSSAA.

SWOSSAA was at Deer Run in Blenheim, and on the day of the tournament it rained and rained. Golfers Tad Hamilton, Steve Soetemans, Cameron Mennen, Brett Core, Jim Gilliard, Kayla Avery, Justine Goulet and Alicya Allen are to be commended on their excellent sportsmanship.

Cameron Mennen and Steve Soetemans observe their competition.



Cameron Mennen drives it away.



The group waits for their turn.



Steve Soetemans deep in thought.

Eagles Fly Away With a Home Run

Jenna Armitage and Cassandra Dare try to keep warm while staying loyal to the team.



Larissa Emons helps cook for the hungry players.

Britney Kerr stands in wait for the team's next move.



Tinessha Shawnoo is up at bat for Hampton's girls team.



The Hampton girls team had a good season this year. Many practices at our school gave them the chance to play. The game took place at the Arkona diamond where the opposing team and later held a barbeque. Hampton's Eagles won one out of two games. The nostalgia of the game and a sense of peanuts and crackerjacks in the air.





Shania Mackenze drops her bat and runs towards first base.

Taking position Kelly Hacney gets ready to swing at what ever comes her way.

Mrs. Sanders is proud of her Eagle team.



Cassy VanEngelen is not afraid to catch the ball for the team.

Ashley Gibson, Mike Liptuk, Ashley Andriash and Megan Gilfoyle help out preparing food for the hungry Team Eagles.

Cassy VanEngelen uses p... this one.



HAMPTON'S HARD HITTERS

Lady Eagles Rugby



Kaitlyn Hynd exemplifies what happens when you get the ball - you get tackled.

The Lady Eagles Rugby team

poses for a group shot in Stratford. The girls have a very intense warm-up procedure.

Front rows Julie Stewardson,



Kelly Forbes, and Meghan Watson are about to win us the ball in this scrum. The team on their way to the banquet at OFSAA.

Another perfect scrum.

Josee Wilson, Kelly Forbes, and Meghan Watson fight LCCVI for the ball. Group picture at OFSAA.

The fierce Becky Healy is ready to take on some opposition.

Brianne Hughes gets nursed back to health by Ms. DeJonge.

PILLAR # 1 - SUPPORT
PILLAR # 2 - PRESSURE
PILLAR # 3 - KEEP THE BALL
PILLAR # 4 - GO FORWARD
PILLAR # 5 - RUCK OVER

The lady eagles rugby team had an eventful year. It all started when there almost wasn't a team because there was no coach. However, they found Ms. DeJonge and Craig Greaves-Lord and the team was ready to play. They were very successful this year competing in games and tournaments. They participated in LSSAA and OFSAA.



as very strong competitors. Their final standings were 7-11-1.

Team members consist of: Maggie Albert, Kirstie Boyd, Kelcy Campbell, Nonita Campbell, Mallory Core, Ainsley Davis, Candice Farr, Kelly Forbes, Chelsea Fraser, Riley Gillatly, Susannah Gordon, Justine Goulet, Becky Healy, Brianne Hughes, Kaitlyn Hynd, Kaite Kemp, Meagan McGregor, Jamie Prong, Julie Stewardson, Marissa VanEngelen, Janelle Vankessel, Meghan Watson, Shelby Watson, Becky Willisie, and Josee Wilson.

We're looking forward to another great team next year!

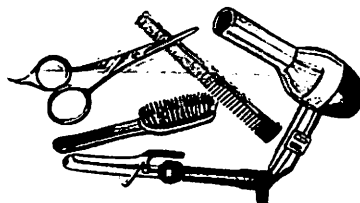
HAVE A ☺ HAPPY DAY!

Michael Baker B.Sc., D.C.

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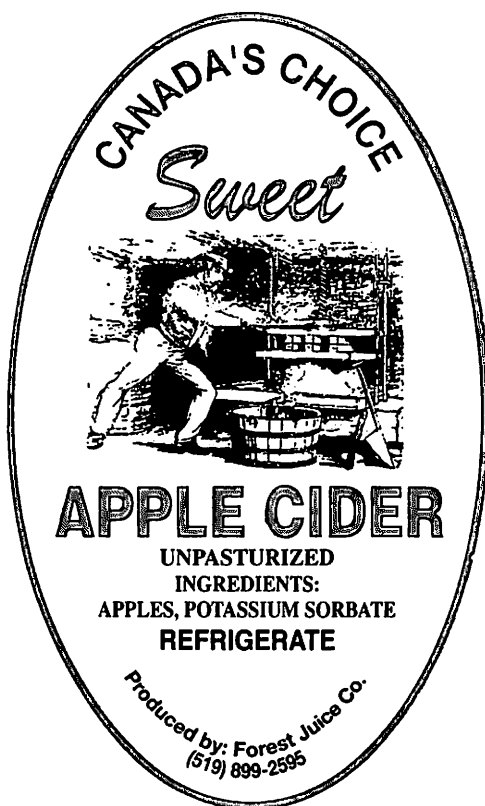


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